



SILVERCARE

News And Insight For Elderly And Post Discharge Care

UP TO **RM6,000**
TAX RELIEF

Cost of basic supporting equipment for disabled self, spouse, child or parent.

7 THINGS You Should Know Before *Discharge* From Hospital

Bedsore

How to prevent and
take care?
Page005

Poor Appetite

How to encourage more
food intake?
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Wheelchair

7 tips to take note before
buying a wheelchair!
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Exclusive Deals!
for Recovery Nutrition Package
& Home Physio Service

Page074-075 / Page056-057

Studies have found that up to 75% of all hospital readmission can be prevented by proper pre-discharge assessment and patient education.



The Malaysian Society
Of Rehabilitation

sugO365™
where the gaps connect

alprophysio

amco
HEALTH CARE

Mimitakara®

BES+MADE
Modernism with great comfort and fitness

In partnership with

Allianz

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One stop solution for elderly care & post-discharge care from the aspects of medicines, nutritions, physiotherapy, rehabilitation equipments and many innovative services.

11 Be Our Silvercare Member

• How to join?

55
Years Old
And Above



Exclusive Benefits For Silvercare Member

Join & Engage With Us

- Silvercare Facebook Groups
- Silvercare Family Gathering
- Special Promotion Only For Silvercare Member



Extended 12 Months Warranty

- Only for Moven Wheelchair
- For Mobility Aids Exchanges
- For Reli-able grab bar

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Service

Repair Wheelchair

Let's Make Your Wheelchair Safe & Comfortable To Use Again!

Trade-In Wheelchair

Dah Lama Atau Rosak? Trade In Jer! Dapat Yang Baru!

Trade-In Blood Pressure Meter

Your Meter Is Old? Spoilt? Not Accurate?

Home Physio

If Doctor Save Lives The A Physiotherapist Makes It Worth Living

myHomeCare 365

Nurse Home Visit & Home Physiotherapist

Rental

- Manual / Electric Bed
- Ripple Mattress
- Oxygen Therapy
- Wheelchair
- Suction Pump
- Hearing Aids

Alpro Foundation

Do You Know If There's Anyone Who Needs Help? We Can Sponsor!

Products

Wheelchair

Mobility Aids, Commode & Shower Chair

Breathe Easy Only In Alpro

Bedridden Related Support

Diaper & Underpad

Hospital Bed, Ripple Mattress & Mattress

Home Monitoring

- Thermometer
- Blood Pressure Meter
- Glucometer

Recovery Support

Ugoku Knee Support

Heal Fast Wound Care

Bathroom Safety Set-Up Grab Bar

Hear Great With Mimitakara

Exclusive Benefits Allianz We Care Community Members

SugO365

Recovery Nutrition Package

Exclusive to Purchase / Rental of Any Medical Equipment.

7 THINGS YOU SHOULD KNOW BEFORE Discharge

From Hospital

Studies have found that up to 75% of all hospital readmission can be prevented by proper pre-discharge assessment and patient education.

Written by :
Mr. Gan Chi Tat,
Rehab Specialist



SCAN HERE

To Watch The Tips In Video Series



Chinese Version



Malay Version

1. Do You Measure Patient's VITAL SIGN?

Dangerous if abnormal readings go undetected, as they may be the sign of infection or medical emergency.

If **NO**, it's important to do home monitoring to make sure patient is well.

1. Blood oxygen saturation monitoring (SPO2) $\geq 95\%$ ⁽¹⁾ : use **oximeter**.

2. Body temperature monitoring ($>38^{\circ}\text{C}$ = Fever⁽²⁾) : use **thermometer**.

3. Blood pressure monitoring (if $>130/80\text{mm Hg}$ ⁽³⁾, seek medical help) and Pulse rate monitoring (Normal 60-100 bpm⁽⁴⁾) : use **blood pressure monitoring machine**.



(1) Cleveland Clinic, 2022

(2) Johns Hopkins Medicine, 2022

(3) The American College of Cardiology/ American Heart Association Guideline, 2017

(4) Mayo Clinic, 2022

2. Is The Patient's BLOOD OXYGEN SATURATION LEVEL (SPO2) < 95% ?



Have signs & symptoms such as difficulty catching your breath, chest pain, skin that looks pale and slightly blue, especially around your mouth and blood oxygen saturation level <95%

If **YES** may lead to hypoxia which caused low blood oxygen level in patient's body which is dangerous.

NOT SURE?

Check with oximeter to ensure blood oxygen saturation level >95%⁽¹⁾



Oxygen Concentrator

- When need long hours and continuous oxygen supply. (Run on electricity)
- Oxygen flow rate based on patient's condition.



Oxygen Tank

- In conjunction with use of oxygen concentrator <15LPM (Emergency during electricity blackout, machine break down, in transit between hospital and home)
- When need intermittent oxygen supply. (Need gas refilling.)



Oximeter

- Monitor blood oxygen saturation level >95%⁽¹⁾

⁽¹⁾ Cleveland Clinic, 2022

3. Does Patient HAVE EXCESSIVE PHLEGM?

Such as wheezing, congestion in the nasal passages and airways and feeling the need to cough.

If **YES**, it can be dangerous with risk of choking and cause shortness of breath.

Suggest to Use:



Phlegm Dissolving Tablet

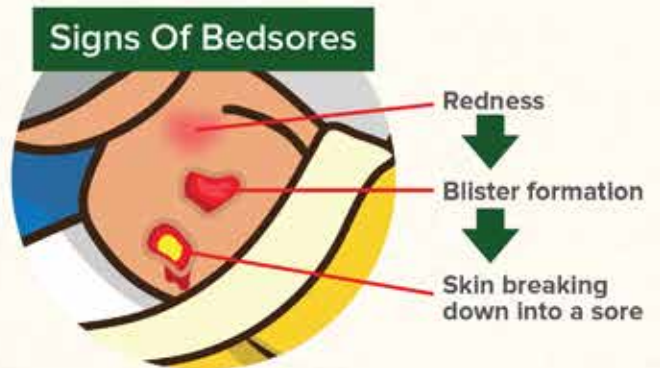


Home Use Suction Pump

4. Is Patient Having PRESSURE ULCER (BEDSORE)?

Pressure ulcer can be life-threatening and happens when damage to an area of the skin caused by constant pressure on the area for a long time, especially for bedridden patient.

Proper care is crucial to prevent serious complication and promote faster recovery.



How To Prevent And Take Care Bedsore?

Use Ripple Mattress



Bubble

- When haven't develop wound.

For patient <100kg only



Tubular

- When wound is developed.

Support up to 140kg

*Make sure it comes with medical grade report for quality assurance and medical effectiveness.

Every 2 Hours



Turning patient's position in bed at minimum every 2 hours helps keep blood flowing.



Ensure proper nutrition and protein intake to speed up wound recovery.

Recommended Protein Intake
~>1.2g/kg
(Varies Based On Wound Size And Medical Condition)

5. Is Patient Having A POOR APPETITE?

Patient might be malnourished and at greater risk for loss of muscle strength, health complications and re-hospitalisation.

How To Encourage More Food Intake?

I. Increase Calories

1. Take nutrition supplement like multivitamin/calcium tablet (based on individual patient's condition) and drink formula.

2. Include more nutritious energy-dense foods.

EXAMPLE 1

- ✗ Oat + "Water"
- ✓ Oat + "Milk"

EXAMPLE 2

- ✗ "Plain" porridge
- ✓ "Fish/Chicken" porridge



3. Eat protein with each meal and snack, such as egg, milk, yoghurt, fish, bean and nuts.

Proper Nutrition Helps For Faster Recovery.

How To Encourage More Food Intake?

II. Experience Nausea & Vomiting

1. Eat smaller, frequent meals and snacks (every 2-3 hours)



Big Meal



Small Meal

2. Avoid hot foods or foods with significant smells/odours (if you are sensitive to the smell of foods.)
3. Avoid gas-forming foods like onion, cabbage, broccoli or dried beans.

III. Problem Finishing Meals

1. Eat energy dense foods like meat first, then follow by lower calorie foods like vegetables.



2. Avoid drinking liquids with meals. Drink it 1 hour before or after meals.



6. Does Patient Need ASSISTANCE IN MOVING?

Can't stand or walk independently.

90% of people were choosing the wrong wheelchair, which could increase risk of dangerous pressure ulcer, injury/falling risk and improper posture (can cause neck/shoulder/back pain)

WHO, 2017

Ask The Expert First Before Buying A Wheelchair.

7 Measurements to Check

1. Seat Width



To avoid Scoliosis (Spine Curves Sideway)

2. Footrest Height



To avoid poor blood circulation, leg numbness & pressure injury.

3. Seat Depth



To avoid muscle and back pain.

4. Armrest Height



To avoid muscle fatigue, pain or numbness in the shoulder.

5. Body Balancing



For those who cannot maintain body balance while sitting still (eg stroke, paralysis, spinal cord injury)

To prevent user's upper body from swinging and safely rest still in position.

6. Body Weight



To avoid wheelchair frame breakage and jeopardise user's safety due to beyond the maximum wheelchair weight capacity.

7. Ease of Transferring



Reduce chances of falling down during transfer between one place to another.



Scan here

to chat with us for your best-fitted wheelchair recommendation in **5 minutes!**

4 Things To Take Note When Using Wheelchair

1. Must **lock the brake** when not moving/ during transfer to prevent falling down when the wheelchair slips.
2. **Fold up the footplates** before transferring to bed.
3. **Adjust the height of the footplate** until the leg is rested $>90^\circ$ to avoid leg numbness due to poor circulation and reduce risk of pressure sore.
4. **Do not** use the wheelchair for shower purpose or it will spoil and grow bacteria easily.

7. Is Patient Facing Difficulty Using The Toilet?



If Patient is **Bedridden**



Can Control Urination

Use urinal for collecting urine.



Can Control Bowel Movement

Use bedpan for collecting faeces.

Cannot Control Urination/ Bowel Movement

Option 1 :



Use diaper.

Option 2 :



OR

Use Urinary Catheter (Foley Catheter) for collecting urine.



Do not forget to prepare diaper cream to protect the skin from urine irritation.

And underpad to protect the bedsheet from wetting due to urine leakage.

3 Features That A Good Diaper Should Have :

1. Wetness Indicator

Let you know it may be time for a diaper change.



2. Leak Guard Protection System

Provide leakage protection even with frequent movement.



3. Good Absorbency

For excellent absorption capacity and fluid retention to maintain the dryness.



If Patient **Not Bedridden**

But Need Support In Moving



Commode Shower Chair
For patient's convenience
in toileting and safety.

5 Question to Ask Before Buying the Commode.

- 1  Is it made of anti-rust Aluminium material ?
- 2  Is it able to support high load weight up to 100kg ?
- 3  Does it has a backrest for support ?
- 4  Does it has armrest for grab support while standing up ?
- 5  Is it height- adjustable to achieve the best position for balancing when standing up ?



2 Correct Methods to Use The Commode.



1. To **lock the castor** when not moving.
2. To **adjust the height** until the leg is rested at angle 90 degree.

Bathroom Safety Grab Bar Is used to support and prevent slipping in the toilet.



For shower area



For toilet seat/sink area



For corridor area



The Story Behind Silvercare

In February 2020, both of my parents had a car crash in Kuantan and were admitted to hospital in coma. When I received the call from hospital, I was totally stunned and don't know what to say, because at that very moment I knew I could have lost the two persons that I loved the most forever at the same time.

Upon reaching the hospital, it teared my heart seeing how traumatized they were. My dad had to live on a respirator, and my mother couldn't even recognize me due to the internal bleeding in her brain. Fortunately, my mum finally remembered who was I after 5 days when her condition got better. But trust me, being forgotten by your mother is really not the kind of experience that you would ever want to go through again.

In my parents' recovery journey, there are many problems that I need to solve in order to ensure their fast recovery, such as their medicines, walking support, hospital bed preparation, oxygen therapy, nutrition, diaper care, and bathing method etc.

This leaves me a question that if you have no medical background, how in the world are you going to know what to prepare, where to get the equipments and how to take care of elderly or bedridden patients?

Hence, I decided to set up Silvercare Division in Alpro Pharmacy all around Malaysia with the aim to help more people like me.

Our vision is to minimize any suffering experienced by elderly or post-discharged patient and maximize their sense of wellness.

Visit our website for more info : www.alpropharmacy.com/rehab-silvercare

What is the specialty of Alpro Silvercare?

One Stop Solution for Elderly Care & Post-Discharge Care from the aspects of medicines, nutritions, physiotherapy, rehabilitation equipments and many innovative services.

Filial Piety™

您养我小，我养您老。

What is Filial Piety?

It is our slogan, which in Confucianism means a virtue of respect, love, support and to be good to one's parents and elders. In general, I hope to empower the idea of taking good care of our parents and elders, just like they take good care of us when we were small.



“ I hope that they can find all the help they need for both elderly care and post-discharge care at one go in the same place. ”

by **Chan Chiew Ying**
- Silvercare Founder
(Certified Pharmacist)





55
Years Old
And Above

BE OUR

SilverCare Member



How to join?

FREE

Register for free
at Alpro Pharmacy.

JOIN

Join our
Facebook Group



Chinese Version

or



Malay Version

DONE

Get your
Silvercare Member
Sticker.



* Silvercare membership applicants must be individuals aged 55 years and above. Free registration only applicable for all Alpro members and it is a lifetime membership.

What you will get?



**Free RM10
CASH VOUCHER**

For Every RM200 Spent.
(For Any Items In The Store With
No Star(*) Labeling In Alpro Outlet.)



**Free Hearing
ASSESSMENT**

Worth RM80.



**Free 12 Months
EXTENDED
WARRANTY**

MOVEN Anzen reliable



**Free 3
REBATE
VOUCHERS**



**MONTHLY
DISCOUNTED**

Every 18th Monthly
Discounted Items.



**Silvercare Family Day
GATHERING**

*Term and conditions apply.



Join & Engage
With Us
NOW!

Silver Care Facebook Groups



Ei, I forgot what's
This medication
Taken for?
HOW AH?

Aiyo~ don't worry,
just snap a photo &
**ask in the
FB Group!**



You Can Ask Whatever You Want
To Know About Health



SCAN & JOIN!

Engage With Our
Professional Medical Team



Chinese Facebook Group



Malay Facebook Group



SilverCare Family Day

Be A Part Of
Our Family
NOW!

Silvercare Family Gatherings

are a member benefit that takes place on the 18th of every month.

We host regular casual face-to-face gatherings that members can join to meet one another, share health information, teach how to take good care of themselves, share best practices and learn from each other's experiences.

With different topics of common interest every session will build the relationships and just have some time together to maintain their independence. Register now and join us!

JAN-MAR 2023

GATHERING!

Join Our Next
Silvercare Family Day



Alpro Physiotherapist
EUGENE SIOW

Basic Caregiver Workshop

Important Tips When
Taking Care Hospital
Discharge Patient.

019-750 0612

CALL US TO REGISTER NOW!

1 DAY ONLY!

Available On
SILVERCARE DAY
EVERY 18TH
Of The Month

Special Promotion Silvercare Member

Only For



**1000mg Vitamin C
With Zinc For Adults**
(Sweetened with Natural Stevia Leaf)



**EFFERMUNE
ZIN-C 3X10S**

[100055276]

SPECIAL PRICE

~~RM62⁹⁰~~
RM 29⁹⁰*

**SAVE
RM33**



**ENSURE GOLD/
GLUCERNA 850G**

SPECIAL DEAL

**Get RM5*
DISCOUNT**

* 1 tin/ Silvercare Member every month.

Available in a Collection of Flavours.



**POWERLIFE GINKGO PLUS
PHOSPHATIDYLSERINE 30S**

[100060300]

SPECIAL PRICE

~~RM163⁹⁰~~
RM88*

**SAVE
RM75⁹⁰**



**OMRON HEM7156
BLOOD PRESSURE METER**

[73763]

SPECIAL DEAL

**RM10*
REBATE**



**ROSSMAX X1
BLOOD PRESSURE METER**

[62840]

SPECIAL DEAL

**RM3*
REBATE**



**CERTAINTY
DRY PANTS**

SPECIAL DEAL

**RM2*
INSTANT**



**MAPLELAND
COLOSTRUM 500MG 60S**

[69121]

SPECIAL PRICE

~~RM70~~
RM 29⁹⁰*

**SAVE
RM40**

(Exclusive For Sarawak Kenyalang Member Only.)

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice.

Special Promotion Only For Silvercare Member.
Available on Silvercare Day every 18th of the month

**1 DAY
ONLY!**



[71949]
SILVERCARE 30"
GOLF UMBRELLA

**SAVE
RM 40**

~~RM59⁹⁰~~
RM19⁹⁰*



**Quick
& Easy**

**15
MINUTES**

Shampoo & dye hair in one go!

**SAVE
RM 40**



FARG HERBAL FOAM
HAIR DYE FOR GRAY HAIR
4X20ML

Natural Black Color [100057041]
Dark Brown Color [100057033]

~~RM69⁹⁰~~
RM29⁹⁰*

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice.



Medical Equipment Rental Service



Exclusive Benefits

Allianz We Care
Community Members

Wheelchair Repair Service



FREE Hearing Assessment



How To Register As An Allianz We Care Community Member?

STEP 1



Scan the QR code.

STEP 2

Registration form fields including Name, Email, Phone, and Address.

Fill in and submit the form.

STEP 3



A welcome email will be sent by Allianz Malaysia to your registered email address.

Show the Promo Code

For Rental Service

RM30
CASH
VOUCHER

(Hospital Bed, Oxygen Therapy,
Tubular Ripple Mattress)

For Repair Service

**SPECIAL
DEAL!**
Silvercare Member
Service Charge

(Wheelchair)

For Hearing Assessment

**5%
OFF**

Purchase Of
Hearing Aids/
Powerlife Magnesium

FREE

Get 1x Free
Hearing Test

*Terms and conditions apply.

In partnership with





Wheelchair Exercise

To Recover Your Mobility!

The correct exercise creates microscopic tears in your muscle tissue and the cells, called fibroblasts, will repair it during rest.

This helps the tissue heal and grow, resulting in stronger muscles and hence better balancing while walking.

“Start as early as possible.”

For the training below, each movement has to be performed 10 times or 15 mins for 3 sets. Repeat each set 3 times per day at morning, noon and evening.

Exercise on Wheelchair

Assisted tools:



Pedal Exerciser

+



Pillow

+



Walking Frame



Pedal Exercise

1. Strengthen lower limbs.
2. Promote joint movement.

X 15 mins



Knee Extension

1. Strengthen quadriceps and inner thigh muscle.

X 10 times



Sit Marching

1. Strengthen hip muscles.

X 10 times



Sit to Stand

1. Strengthen tricep muscles to prepare patient for standing.

X 10 times



SCAN HERE

Watch & Exercise With Alpro Physiotherapist (Exercise on Wheelchair)

Exercise with Walking Frame

Assisted tools:



Walking Frame



Balance Exercise

1. Strengthen balancing and trunk control.

X 15 times



Knee Bending

1. Strengthen hip and knee control.

X 10 times



Toe Raise

1. Strengthen feet muscle.

X 10 sec



Knee Flexion

1. Train hamstring muscle.
2. Train knee control.
3. Train balancing.

X 10 times



SCAN HERE

Watch & Exercise With Alpro Physiotherapist (Exercise with Walking Frame)

Being Able To Walk Again Is Joy!



How To Choose Your Suitable Wheelchair?



Tip 1

Seat Width > 18"



Measure the widest point of the body, usually the hips or the thighs in a sitting position. Seat width should be 2-3cm wider. (0.7"-1.2")



[74527]
Seat width 20 inch



[74066]
Seat width 24 inch

Tip 2

Body Weight > 100kg?

Check user's body weight and select the wheelchair which can accommodate the maximum capacity range.



[71792]
Max. capacity
130kg



[74527]
Max. capacity
125kg



[100041938]
Max. capacity
125kg



[74066]
Max. capacity
149kg

Tip 3

Unable to balance body while sitting straight?

(due to stroke, fracture, paralysis etc)

Unable to maintain body balance and sit up straight without support?

Choose Wheelchair with high backrest & head support.



[70413]
Max. capacity
100kg



[70413]
Max. capacity
100kg



[73060]
Max. capacity
115kg

Tip 4

Any difficulty in transferring the patient into & out of the bed?

Choose wheelchair with Detachable Armrest & Footrest to ease the transferring process and reduce the risk of falling down.

Flip Back Armrest

Elliptical Frame



Detachable Armrest & Footrest Function.



[74528]



[100041938]



[100042050]

Tip 5

Body Height > 165cm?

Adjust the footrest height to ensure user's knee maintain 90 degree & thigh are fully in contact with seats to reduce pressure on hip-bone.

For user body height > 165cm should choose model with frame that can accommodate 22" & 24" rear wheel.



[71792]
Rear Wheels
24 inch



[100041870]
Rear Wheels
22 inch



[100042050]
Rear Wheels
24 inch



Add a seat cushion for wheelchair models with lower height and smaller frame to ensure correct positioning of user's knee.



[100057173]

Tip 6

What is patient's Thigh Length?

Thigh length has to be 1-2" longer than the seat depth
(cannot be shorter or longer than this range)



Seat Depth 14"



[74532]



[69834]



[62222]



Seat Depth 14"



[100041904]



[100041938]



[63985]



[71792]



Seat depth too short increase the pressure and cause back pain.
Seat depth too deep cause user to keep sliding down and hard to sit upright.

Tip 7

Armrest Position

Measure seat to armrest height (in 90 degrees).



Correct

Help to maintain body balance and weight distribution to relief hip pressure.



Too High

Shoulder shrug will lead to muscle fatigue, pain or numbness common for standard wheelchair user.



POST-DISCHARGE CARE BEST SELLING WHEELCHAIR

FUNCTIONAL WHEELCHAIR

>100kg User

Stroke Paralysis Fracture

MCVEN BM659XQ HEAVYDUTY

| Flip up armrest |
| Detachable footrest |
| Max. capacity 125kg |
[74527]

Special Condition
6 MONTHS
Installment
Available
12 MONTHS
Warranty

~~RM 1100~~
RM 850

MDA Reg No: GA1462521-55663

FELCO FMW021 CHROMED 24 INCH EXTRA BARIATRIC WHEELCHAIR

| Flip up armrest | Detachable footrest |
| Max. capacity 149kg |
[74066]

6 MONTHS
Installment
Available

RM 899

MDA Reg No: GA35873477817

PROLIFE RECLINING

| Reclining high backrest |
| Detachable armrest |
| Detachable elevating leg rest |
[70413]

6 MONTHS
Installment
Available

RM 678.50

MDA Reg No: GMD696378618A

RANGE OF WHEELCHAIR

BMATE-CA902 STANDARD CANVAS

| Fixed Backrest/Armrest/
Footrest | Weight 16kg |
| Max. Capacity 100kg |
[69075]

RM 279

MDA Reg No: GA2911519-32159

BMATE-BB001-46 STANDARD PVC

| Fixed Backrest/Armrest/
Footrest | Weight 14kg |
| Max. Capacity 100kg |
[100060276]

RM 279

MDA Reg No: GA2901322-04042

ELCO PLUS-FMW043 STANDARD FABRIC

| Fixed Backrest/Armrest |
| Weight 12.5kg |
| Detachable Footrest |
| Max. Capacity 100kg |
[100126044]

RM 380

MDA Reg No: GA292220-45340

MCVEN BM3979LFH FLEXI PLUS

| Hexagonal pattern seat & backrest |
| Seamless elliptical frame |
| Swing-away & detachable footrest |
[74528]

weight 16-20kg
6 MONTHS
Installment
Available
12 MONTHS
Warranty

RM 950

MDA Reg No: GA6355920-50618

BMATE LIGHTWEIGHT BA1769LFH-A

| Light weight aluminium frame |
| Fixed arm rest | Flip-up legrest |
[69834]

weight 13-15kg
12 MONTHS
Warranty

~~RM 639~~
RM 529

MDA Reg No: GA7200920-40816

HOPKIN WS-HRW-CSJ COMPACT STEEL WHEELCHAIR

| Steel frame |
| Fixed armrest & footrest |
| Flip down backrest |
[100151562]

12 MONTHS
Warranty

RM 419

MDA Reg No: GA4849722-91090

MCVEN BM6689LFH TRAVEL

| Titanium aluminium alloy frame |
| Breathable & comfortable seat
cushion | 12" castor wheel |
[74529]

weight 9-12kg
12 MONTHS
Warranty

~~RM 650~~
RM 570

MDA Reg No: GA6545721-52265

MCVEN BM01LABJ TRANSPORT

| 12" transport wheelchair |
| Swing & detachable footrest |
| Foldable backrest |
[100079383]

12 MONTHS
Warranty

RM 699

MDA Reg No: GA9618422-91032

MCVEN Q05 LIGHTWEIGHT

| Light weight aluminium alloy
frame | 20" rear wheel |
| Flip-up armrest and legrest |
[63985]

6 MONTHS
Installment
Available
12 MONTHS
Warranty

~~RM 899~~
RM 770

*Buy Back Available
Within 18 Months
MDA Reg No: GMD61644091918A

MCVENGO

ELECTRIC WHEELCHAIR

| Capacity 20Ah | Endurance 20km |
[68088]

6 MONTHS
Installment
Available

12 MONTHS
Warranty

~~RM 8,395~~
RM 5,099

MDA Reg No: GMD79630799918A

MCVEN

ACTIVE SPORT WHEELCHAIR

| Detachable armrest & footrest |
| Lightweight & small size |
| Foldable backrest |
| Easy transfers |
[71680]

6 MONTHS
Installment
Available
12 MONTHS
Warranty

~~RM 5,270~~
RM 4,800

MDA Reg No: GA6998720-38644

MCVEN

SUPREME DELUXE WHEELCHAIR

| Extra comfort for 165cm & above |
| Breathable cushion & upholstery |
| Foldable backrest |
[71792]

6 MONTHS
Installment
Available
12 MONTHS
Warranty

~~RM 1,399~~
RM 988

MDA Reg No: GA607920-39659

HOPKIN COMMUNE WHEELCHAIR

| Chrome Steel Frame |
| Fixed Backrest/Armrest/Footrest |
| Comes with Detachable
Plastic Seat Tray
and Pot |
[100156264]

RM 599

MDA Reg No: GA4849722-91090

ONLY FOR

MCVEN
Wheelchair

7 Days

Exchange Return
Guarantee

Up to RM300

Buy Back Value
*Selected Model

12 Months

Warranty
*Frame Only

Extended

12
MONTHS
WARRANTY



Exclusive to
SILVERCARE
MEMBERS



SCAN &
SHOP NOW
Wheelchairs

ZERO

OBSTACLES **Transfer Wheelchair**

MOMVEN

[74528]

FLEXI+ wheelchair



**Hexagonal Design
Seat Cushion &
Upholstery**



Elliptical Frame

Registered under Act 737 | MDA Registration Number : GA8355920-50618



Visit our website

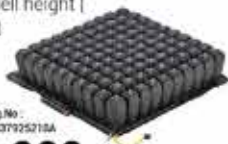
www.bestmade4living.com

USE TOGETHER CUSHION FOR YOUR *comfort*

ROHO® QUADTRO SELECT® HIGH PROFILE® Cushion

- | Made of soft, flexible aircells |
- | Quick and easy adjustments |
- | 4" cell height |

[70999]



MDA Reg No :
GMD33837925218A

RM 1,999⁰⁰

MOSAIC® Cushion with Cover

- | Shape adjustable |
- | Easy to adjust |
- | Cell height 7cm |

[50440]



MDA Reg No :
GMD41951903318A

RM 480⁰⁰

BESTMADE- Coccyx Memory Foam Seat Cushion

- | Pressure relief | Cooling gel pad |
- | Washable outer layer |

[100057173]



**RM 199⁰⁰
RM 168**

PWP

RM 118

With Any Wheelchair
Purchase

BES+MADE ADVANX SLIDING TRANSFER BOARD

- | 2 sided anti-slip pads |
- | High density polyethylene |

[80925]

MDA Reg No :
GMD358021-63044



**RM 354⁹⁰
RM 319**

PWP

RM 225

With Any Wheelchair
Purchase

*Important Notice | T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice. | Price display is Alpro Member Price.
| Installment Available For CIMB & Maybank Credit Card Holder Only. |



PRICE DISPLAY IS
ALPRO MEMBER PRICE

POST-DISCHARGE CARE **PREMIUM** WHEELCHAIR



PRE-ORDER

karma



A Better Wheelchair A Better Fit

***60 MONTHS
Warranty
On Frame
Manufacturing
Defect**



SCAN HERE
TO KNOW MORE

**karma S-ERGO 125
DAF WHEELCHAIR**

- Pressure Relief Seating System
- Flip-Back Armrest
- Detachable Legrest
- Max. User Weight 115kg

[100042050]
~~RM 2,000~~
RM 1,900

MDA Reg No : GA6765919-33209

**karma ERGOLITE KM2501
TRAVEL WHEELCHAIR**

- Compact & Ultralight
- Pressure Relief Seating System
- Max. User Weight 100kg

[100041961]
~~RM 1,789~~
RM 1,699

MDA Reg No : GA6765919-33209

**karma ERGOLITE 2
LIGHTWEIGHT WHEELCHAIR**

- Pressure Relief Seating System
- Detachable Legrest
- Max. User Weight 100kg

[100105014]
~~RM 2,122~~
RM 2,015

MDA Reg No : GA6765919-33209

**karma KM5000
RECLINING WHEELCHAIR**

- Reclining Back Support
- Elevating Legrest
- Max. User Weight 115kg

[54433]
~~RM 3,099~~
RM 2,944

MDA Reg No : GA6765919-33209

**karma VIP515
POSITIONING WHEELCHAIR**

- Tilt-In-Space
- Foldable & Compact
- Max. User Weight 115kg

[100042076]
~~RM 3,299~~
RM 3,134

MDA Reg No : GA6765919-33209

**karma VIP2
POSITIONING WHEELCHAIR**

- 2 in 1 (Tilt & Recline)
- Tension Adjustable Backrest
- Max. User Weight 115kg

[100042076]
~~RM 5,599~~
RM 5,319

MDA Reg No : GA6765919-33209

soma



Powered by Karma

***24 MONTHS
Warranty**

**On Frame
Manufacturing
Defect**

**soma 105
STANDARD ALUMINUM
WHEELCHAIR**

- Standard Lightweight
- Stylish & Durable
- Max. User Weight 100kg

[100041870]
~~RM 749~~
RM 711

MDA Reg No : GA5627119-34201

**soma 215
LIGHTWEIGHT ALUMINUM
WHEELCHAIR**

- Compact & Ultralight
- Swing-away Footrest
- Max. User Weight 100kg

[100041904]
~~RM 839~~
RM 797

MDA Reg No : GA5627119-34201

**soma AGILE
DAF WHEELCHAIR**

- Flip-back Armrest
- Detachable Legrest
- Easy Transfer
- Self-Propelled
- Max. User Weight 125kg

[100041938]
~~RM 1,299~~
RM 1,234

MDA Reg No : GA4132622-09605

KAWAMURA



JAPANESE BRAND WHEELCHAIR

**KAWAMURA
STANDARD BASIC**

- Standard Lightweight
- Aerospace-Grade Alum Alloy Frame
- Max. User Weight 100kg

[100044981]
RM 1,535

MDA Reg No : GA8714420-42791

**KAWAMURA
PORTABLE WHEELCHAIR**

- Compact & Ultralight
- Aerospace-Grade Alum Alloy Frame
- Max. User Weight 100kg

[100045012]
RM 1,950

MDA Reg No : GA8714420-42791

**KAWAMURA
ROLLATOR WHEELCHAIR**

- 3 In 1 Functions
- Rollator Mode
- Max. User Weight 100kg

[100045004]
RM 2,150

MDA Reg No : GA8714420-42791

**KAWAMURA
COMFORT DAF**

- Tension Adjustable Backrest
- Comfortable With Extra Cushion
- Max. User Weight 100kg

[100045023]
RM 2,345

MDA Reg No : GA8714420-42791

**KAWAMURA
DAF WHEELCHAIR**

- Adjustable Seat Height
- Tension Adjustable Backrest
- Max. User Weight 100kg

[100041870]
RM 3,304

MDA Reg No : GA8714420-42791

**KAWAMURA FULL
RECLINING WHEELCHAIR**

- Reclining Back Support
- Soft & Comfortable
- Max. User Weight 100kg

[100045020]
RM 3,840

MDA Reg No : GA8714420-42791



SCAN HERE
TO KNOW MORE

***12 MONTHS
Warranty
On Frame
Manufacturing Defect**

• Colour randomly pick.

Important Notice: T&Cs Apply. Images are for illustration purposes only. Price subject to change without prior notice. Price display is Alpro Member Price. Installation Available For CIMB & Maybank Credit Card Holder Only.

TOP UP THESE SPECIAL DEALS!

LIMITED ONLY With Any
Wheelchair Purchase



ANZEN BA118L
2 in 1 Walking Frame
[70660]



~~RM 189~~
RM 116

SAVE
RM73

ANZEN BA2132-B
DIGITAL MINI GYM BIKE

For muscle weakness. To prevent joint stiffness
and promote blood circulation.
[71783]



MDA Reg No: GA8120420-38291

~~RM 159⁹⁰~~
RM 88

SAVE
RM71⁹⁰

BES+MADE Coccyx Memory
Foam Seat Cushion
| Pressure relief | Cooling gel pad |
| Washable outer layer |
[100057173]



~~RM 199~~
RM 118

SAVE
RM81

BES+MADE Advanx Sliding
Transfer Board
| 2 sided anti-slip pads |
| High density polyethylene |
[80925]

MDA Reg No: GA3554021-63648



~~RM 354⁹⁰~~
RM 225

SAVE
RM129⁹⁰

MOVEN



ERGONOMIC DESIGN
ALUMINIUM SIDE BOARD



GERMANY
PNEUMATIC TYRE

[71680]
~~RM 5270~~
RM 4800



TENSION
ADJUSTABLE BACKREST

WHEELCHAIR
**ACTIVE
SPORT**



Visit our website

Registered under Act 737 : | MDA Registration Number : GA6598720-38644

ROLLABLE ALUMINUM RAMP

With CE and SGS certifications.



Rollable design
- easy operate and storage.
- light and easy to carry.

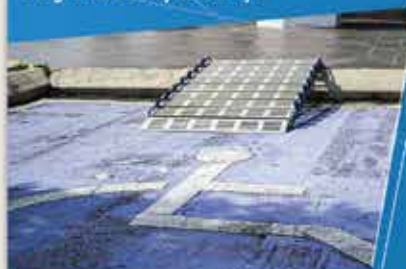
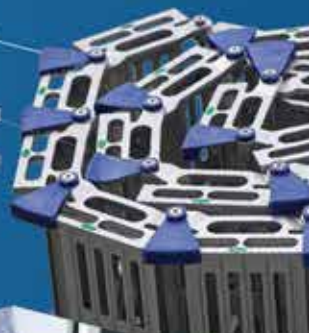


Can be used for indoor and outdoor.



Strong structure
load capacity : 500kg

KODS
MOBILITY SOLUTIONS



Rollable, maintenance free, durable
and can be installed year-round.



The length of the ramp can be customized.
From 3 feet to 25 feet, three width sizes available :
305mm, 762mm, 914mm





Largest in Malaysia

WHEEL-CHAIR Repair Service

**ROUTINE
SERVICE**
Once Every
6 Months



FOOTPLATE

BRAKE

TYRE

ALIGNMENT & BALANCING

ARMPLATE

SEAT

CLEANING

Wheelchair Alignment Test

**Let's make your wheelchair safe
& comfortable to use again!**



Full Range Of Spare
Parts & Accessories



Kill 99.9% Of
Viruses & Bacteria



Door-to-door Service
*Depend on areas



Services Done Within 15min
*Depend on areas

15 min, unless high crowd in
outlet then need to put down
first and get back later.

Service Charge
As Low As

RM10

*Excluded changing
new spare parts



**Service
& Repair
Charge**

Discount!

For Silvercare Member /
Moven brand

**BOOK
NOW!**
019-750 0612

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | For Allianz Insurance customer enjoy silvercare member service charge. |

MEET

Our Top 20 Certified
Repair Specialist
of the season.



Your Expert In Fixing Medical Rehab Item



Sheikh Mohd Izwan

ALPRO PHARMACY
Jalan Berserah, Kuantan.



Sazli bin Ibrahim

ALPRO PHARMACY
Malim Jaya, Melaka.



Mohd Khairul B ABD Jalil

ALPRO PHARMACY
Negeri Sembilan.



Eric Loh

ALPRO PHARMACY
Negeri Sembilan.



Calvinsten Lee

ALPRO PHARMACY
Hul Sing, Kuching.



Yong Li Chung

ALPRO PHARMACY
Tanjung Tokong, Penang.



Lim Cheong Jing

ALPRO PHARMACY
Bukit Mertajam, Penang.



Haziqah Bohari

ALPRO PHARMACY
Taman Flora, Batu Pahat.



Lee Seng Keet

ALPRO PHARMACY
Bandar Puteri Puchong, Selangor.



Auni Nur Qamarina

ALPRO PHARMACY
Bandar Sri Permaisuri, Cheras,
Selangor.



Nurul Shuhada

ALPRO PHARMACY
Petaling Jaya Seksyen 17,
Selangor.



Liow Hui Yi

ALPRO PHARMACY
Kluang, Johor.

Why THROW When We Can Fix!



Nuraidah Aqilah

ALPRO PHARMACY
Kota Kemuning, Selangor.



Muhammad Arfan
Hafiz Bin Shahuri

ALPRO PHARMACY
Bidor, Perak.



Muhammad Aidil
Bin Maznan

ALPRO PHARMACY
Bandar Seri Putra Kajang, Selangor.



Nurul Asyikin Binti
Zulkifli

ALPRO PHARMACY
Bentong, Pahang.



Syed Farid Danish

ALPRO PHARMACY
Kuantan, Pahang.



Muhammad Harith

ALPRO PHARMACY
Taman Gaya, Johor.



Mohamad Anwaruddin
Bin Sabri

ALPRO PHARMACY
Kota Bharu, Kelantan.



Ng Jing Si

ALPRO PHARMACY
Jalan Pesta Muar, Johor.



Muhamad Asraf
Bin Roslan

ALPRO PHARMACY
Kampung Pasir Pekan, Kelantan.



Mohd Idzzuan Bin Aziz

ALPRO PHARMACY
Kulim, Kedah.



Wheelchair Tyre, Seat,
Arm/footrest, Alignment,
Routine Servicing.



Hospital Bed, Oxygen
Concentrator, Ripple Mattress.



Accuracy Check For Blood
Pressure Monitoring Meter
or Glucometer.



Change Walking Aid Tip.

Time To Service? Need A Fix?

Call Us Now : **019-750 0612**



TOP UP

RM100

FOR 1 YEAR
Standard Wheelchair
WARRANTY

WHAT WE COVERED?

1



Manufacturing Defects
On The Frame.

2



Breakage or Splitting of
Solid Tyre.
(Exclude Normal Wear & Tear)

*Only solid tyre will be used to repair standard wheelchair.



“ If condition allowed, we
Do Not Recommend
STANDARD
WHEELCHAIR
Because..... ”



Added
RM100+



ELCO (100126044)
PLUS (FABRIC) FMW043



16-21KG
Hard to Carry



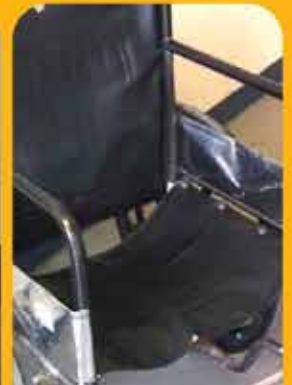
Fast
WEAR
& TEAR
Solid Tyres



EASY
RUST
Material



Risk of
SHOULDER
INJURY



Cushion
UNBREATHABLE
& EASILY RUN OUT
of Shape After
Long Use.

“ Dah lama atau rosak?
Trade in jer,
 Dapat yang baru! ”



UP TO
RM179
REBATE



*While stocks last.

MCOVEN

Get Your Trade-in Program In 3 Steps

1

Text or Call Us

To quote the trade-in value of your old wheelchair.

019 - 984 2923

Or Directly Bring Your wheelchair to Any Alpro Pharmacy Outlets.

2

Choose one of the wheelchairs



MovenFlexi Plus Wheelchair



MovenSupreme Wheelchair



MovenGo Electric Wheelchair

3



Made payment & collect your
NEW WHEELCHAIR!!!

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice. | Installment Available For CIMB & Maybank Credit Card Holder Only.

MOVENGO [68088]

TRAVEL WITHOUT **WORRY!**

Running speed up to
8km/h
20km

**12 Months
Installment
Available**

(For CIMB & Maybank Credit Card Holder Only)

FROM **RM 18++**
/Day

~~RM 8,395~~

RM 5,099

Go electric wheelchair

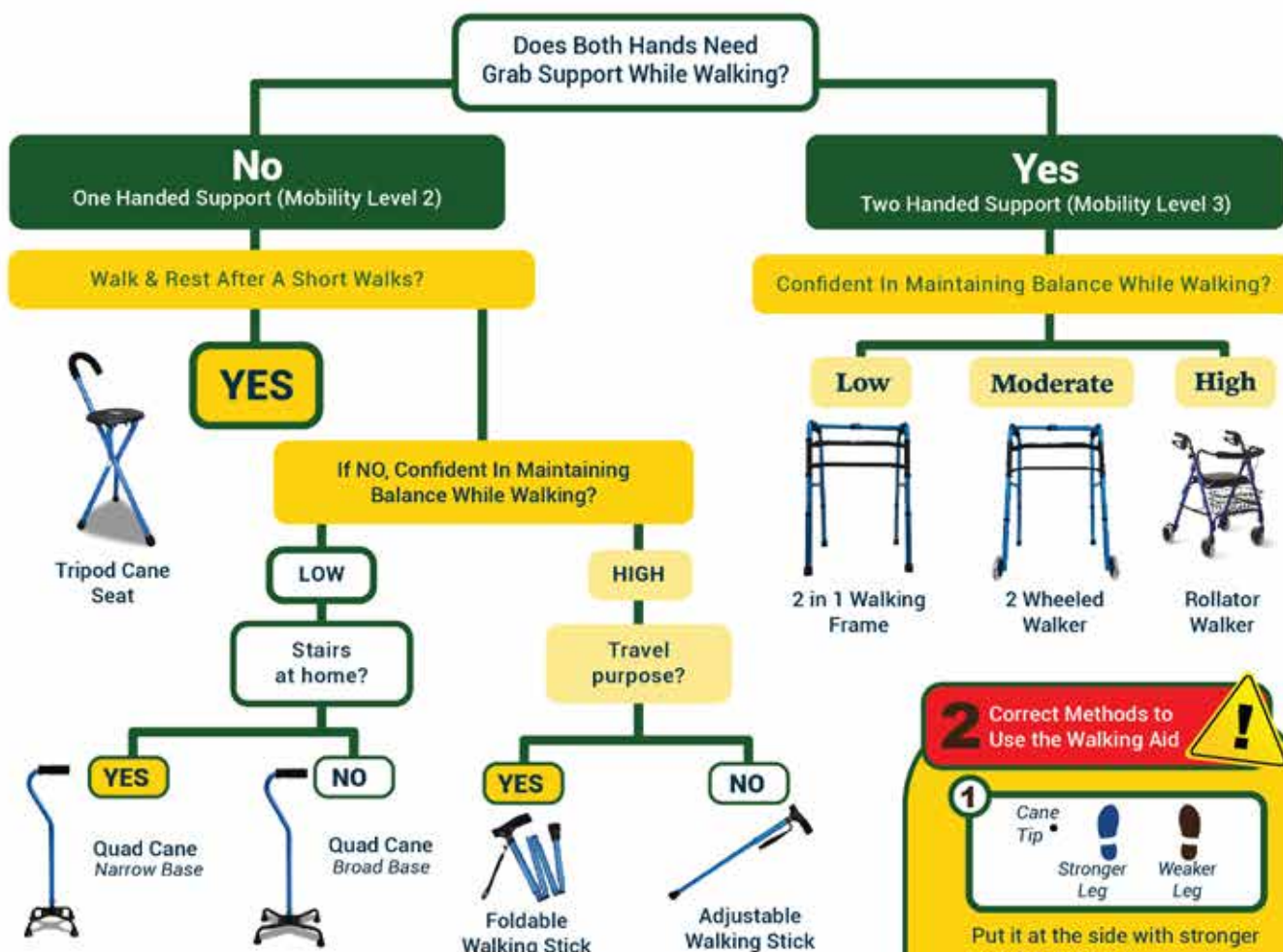
**Endurance
20km**

Registered under Act 737
MDA Registration Number : GMD79630799918A

20AH large capacity lithium battery can travel up to 20 kilometres
meet the needs of daily outings!



How To Choose The Suitable Walking Support ?



2 Correct Methods to Use the Walking Aid



For Injury Use



Recovery Exercise Video
Scan & Follow physiotherapist to exercise now!



SCAN & SHOP Mobility Aids

How to Adjust Height for Elbow Crutches



STEP 1

Make sure 2 - 3 fingers width between the top of the crutch and underarm.

STEP 2

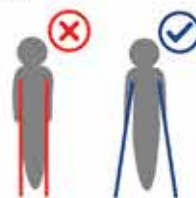
Adjust the grip handle above the wrist.

STEP 3

Walk with weight goes through the hands instead of shoulder.

How to use

Bottom end of the crutches more than shoulder width apart.



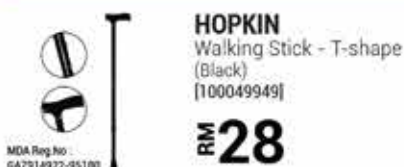
Elbow Crutches



Shoulder Crutches

POST-DISCHARGE CARE SAFE MOVE MOBILITY AIDS

ONE-HANDED GRAB SUPPORT



HOPKIN
Walking Stick - T-shape
(Black)
[100049949]

RM 28



ANZEN BA338L3
Adjustable Walking Stick
[70665]

~~RM 59~~
RM 37

12 MONTHS Warranty



ANZEN BA538L1
Foldable Walking Stick
[70666]

~~RM 69~~
RM 42

12 MONTHS Warranty



HOPKIN
Foldable Walking Stick
[100156363]

RM 30⁹⁰



ANZEN BA1148
Quad Cane
Narrow / Broad Base
[71678 / 70664]

~~RM 89~~
RM 63-69

12 MONTHS Warranty



BMATE BB1148
Aluminum Quad Cane
Narrow / Wide Base
[74533 / 74534]

RM 53



HOPKIN
Deluxe Foldable Rollator
[100156157]

RM 599

TWO-HANDED GRAB SUPPORT



BMATE BB118L
Aluminum Reciprocating
Walker
[74536]

RM 109



ANZEN BA118L
2 in 1 Walking Frame
[70660]

~~RM 189~~
RM 129

12 MONTHS Warranty
PWP
RM 116
With Any Wheelchair Purchase



ANZEN BA118LG-5
2 Wheeled Walker
[70661]

~~RM 219~~
RM 149

12 MONTHS Warranty



ANZEN BA-7118LG-44
6 Wheeled Walker
[70662]

~~RM 329~~
RM 269

WALK AND REST



ANZEN BA638
Tripod Cane Seat
[70667]

~~RM 89~~
RM 69

12 MONTHS Warranty



HOPKIN
Rising Walking Frame
[100049915]

RM 129



GREENCITY C911
Chair Cane /
Praying Chair
[54995]

RM 82⁹⁰

INJURY SUPPORT



ANZEN
BA108LM / BA108LL
Shoulder Crutches
Adult / Giant
[70669 / 70703]

~~RM 129~~
RM 72

12 MONTHS Warranty



BMATE BB108LM
Aluminum Shoulder Crutches
1 Pair
[74535]

RM 65



ANZEN BA158L2
Elbow Crutches 1's
[70663]

~~RM 64⁵⁰~~
RM 39⁵⁰

12 MONTHS Warranty



HOPKIN
Elbow Crutch Alum
[100049923]

RM 32

SPECIAL!



ANZEN
FOLDING HIKING POLE
90CM-110CM [100005701]
110CM-135CM [100005719]

~~RM 105~~
RM 79



PRICE DISPLAY IS
ALPRO MEMBER PRICE

POST-DISCHARGE CARE BATHROOM SAFETY COMMUNE & SHOWER CHAIR

COMMUNE

HOPKIN Econ. Folding Comm Seat

- | Foldable |
- | Easy storage & transportation |

[100105105]



RM 79

MDA Reg No: GA8337622-100931

HOPKIN Econ. Folding Comm Chair / Br

- | Foldable |
- | Easy carry & storage |

[100049907]



RM 119

MDA Reg No: GA8337622-100931

HOPKIN Folding Comm Steel

- | Foldable |
- | Height adjustable |

[100105113]



RM 189

MDA Reg No: GA8337622-100931

HOPKIN Deluxe Heavy Duty XI Epoxy Commode Chair

- | Foldable |
- | Easy carry & storage |
- | Max User Weight 227kg |

[100051945]



RM 339

MDA Reg No: GA8337622-100931

ANZEN BA517L Alum Commode

- | Anti-slip handle |
- | Foldable & lightweight |
- | Height adjustable |

[70704]



RM 275

MDA Reg No: GA8349529-38277

ANZEN BA516L Alum Commode Mobile

- | 2 safety wheels with locker |
- | Foldable & lightweight |
- | Height adjustable |

[70705]



~~RM 430~~
RM 375

MDA Reg No: GA9531220-38272

etac SWIFT Toiletseat Raiser

- | Fits Over The Toilet Bowl |
- | Height Adjustable |
- | Easy Cleaning |
- | Max. User Weight 160kg |

[100045384]

60 MONTHS Warranty

On Manufacturing Defect



~~RM 590~~
RM 518

MDA Reg No: GA2296821-78624

etac Hi-Low with BRACKET

- | Stable And Comfortable |
- | Various Size 6cm & 10cm |
- | Secure Fitting |
- | Max. User Weight 150kg |

[100045350]

60 MONTHS Warranty

On Manufacturing Defect



~~RM 399~~
RM 355

MDA Reg No: GA2296821-78624

MOVEN 606LABJ Commode Wheelchair

- | Caring & Comfortable Design |
- | Foldable Backrest |
- | Foldable Footrest |

[67045]



RM 729

MDA Reg No: GMD39958823418A

etac SWIFT Commode

- | 3 In 1 Function |
- | Height Adjustable |
- | Easy Cleaning |
- | Max. User Weight 160kg |

[100045368]

60 MONTHS Warranty

On Manufacturing Defect



~~RM 1,150~~
RM 829

MDA Reg No: GA2296821-78624

etac CLEAN SHOWER Commode

- | Safe & Comfortable |
- | Fits Over The Toilet Bowl |
- | Slim But Roomy |
- | Max. User Weight 130kg |

[100045426]

60 MONTHS Warranty

On Manufacturing Defect



~~RM 3,900~~
RM 2,800

MDA Reg No: GA2296821-78624

SHOWER CHAIR

HOPKIN Alum Shower Chair W/ Armrest & Backrest

- | Lightweight Aluminium |
- | Height adjustable |
- | Anti-rust material |

[100049899]



RM 169

MDA Reg No: GA8337622-100931

NEOLEE Showerchair with slide handle

- | Height adjustable |
- | Padded side arms |
- | Lightweight Aluminium |

[70792]



~~RM 250~~
RM 230

etac Edge SHOWER stool

- | Safe And Stable |
- | Height Adjustable |
- | Easy To Assemble |
- | Max. User Weight 130kg |

[100045392]

60 MONTHS Warranty

On Manufacturing Defect



RM 350

MDA Reg No: GA2296821-78624

etac SWIFT Shower Chair

- Stable On Any Floor
- Height Adjustable
- Easy Cleaning
- Max. User Weight 160kg

[100045376]

~~RM 750~~
RM 659

60 MONTHS Warranty

On Manufacturing Defect



MDA Reg No: GA2296821-78624

etac CLEAN MOBILE Shower Chair

- Safe & Comfortable
- Fits Over The Toilet Bowl
- Easy To Manoeuvre
- Max. User Weight 130kg

[100045442]

60 MONTHS Warranty

On Manufacturing Defect



RM 4,500

MDA Reg No: GA2296821-78624



SCAN & SHOP
Commode



SCAN & SHOP
Shower Chair

FREE

Service Charge

On The Repair of Anzen Walking Aids

7 Days

Exchange Return Guarantee

1

Exchanges

1 Session Of Rubber Tip Within 12 Months

Extended

12 MONTHS WARRANTY



Exclusive to SILVERCARE MEMBERS

*Important Notice: T&Cs Apply. | Delivery charge excluded. | Images are for illustration purposes only. | Installment Available For CIMB & Maybank Credit Card Holder Only. | Price subject to change without prior notice. | Price display is Alpro Member Price. | 60 months warranty for Etac brand on manufacturing defect only.

Alpro Post-discharge Care • On-demand Delivery 4 Hours 出院照护 在大專 最快4小时帮到你 | 033

BES+MADE

LYCO OX-5A 5L

[70539]

Lyco

**LIGHT-
WEIGHT
& COMPACT**

**CASTER
WHEELS**
EASY TO
TRANSPORT

**USER-
FRIENDLY**
LED LIGHTS

**ULTRA-
QUIET**
SOUND LEVEL

36
MONTHS
WARRANTY
On Manufacturing
Defect

5 LPM
OXYGEN
DELIVERY RATE

~~RM 4,500~~
RM 3,999

*12 Months Installment Available

OXYGEN CONCENTRATION MONITORING
COLOUR INDICATOR

The Lights On The Front Panel Are Defined As Follows:

Normal >83%

Low 82% - 70%

Very Low <69%



SCAN & SHOP NOW

Registered under act 737
MDA Registration No: GB6370321-70974



PRICE DISPLAY IS
ALPRO MEMBER PRICE

POST-DISCHARGE CARE BREATHE EASY ONLY IN ALPRO



**7 Days
RETURN POLICY**



Recommended By
The Malaysian Society
Of Rehabilitation

Lycos
**OXYGEN [70539]
CONCENTRATOR
(5L/min)**

Supply oxygen
continuously.

~~RM 4,500~~
RM 3,999

MDA Reg No:
G06370321-70974

**12 MONTHS
Installment
Available**



Angelbiss
**OXYGEN [66929]
CONCENTRATOR
with Neb (5L/min)**

Supply oxygen
continuously.

RM 4,200

MDA Reg No:
G05022321-60038

**12 MONTHS
Installment
Available**



Yuwell
**OXYGEN [73573]
CONCENTRATOR
7F-10 (10L/min)**

Supply oxygen
continuously.

RM 6,740

MDA Reg No:
G05929419-34059

**12 MONTHS
Installment
Available**



HumiOxy Portable
**OXYGEN [71348]
CONCENTRATOR
(5L/min)**

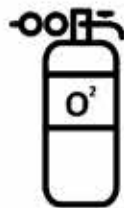
Indoor & outdoor supply
oxygen continuously.

RM 10,800

MDA Reg No:
G08793420-30406

**12 MONTHS
Installment
Available**

OUT DOOR



Oxygen Supply
Sales & Rental Service

SEAMLESS STEEL
**CYLINDER
OXYGEN TANK
SET 10L [61578]**

Exist in difference
sizes for emergency
oxygen supply.

RM 980

**6 MONTHS
Installment
Available**

**EMERGENCY
USE**



Berry
**PULSE OXIMETER
BM1000C [64450]**

Detect oxygen level and
heart rate.

RM 99

MDA Reg No:
BC1470622-89555

**36 MONTHS
Warranty**

**OXYGEN THERAPY
MUST USE**



Lycos
**PULSE [100056399]
OXIMETER
PG1050C**

Highly accuracy with
upgraded Cypress CPU.

~~RM 169~~
RM 129

MDA Reg No:
G09264520-47073

**60 MONTHS
Warranty**

**OXYGEN THERAPY
MUST USE**



Accessories

**HUMIDIFIER
BOTTLE**

To moisten the air
coming out from
oxygen tank/oxygen
concentrator.



**OXYGEN TANK
REGULATOR**

To regulate delivery of
oxygen from oxygen tank.



**NASAL
CANNULA**

To ease the delivery of
oxygen into lungs via
nose.



**SUCTION
CATHETER**

Use together with suction
pump to remove thick
mucus.



OXYGEN MASK

To ease the delivery
of oxygen into lungs
via nose and mouth.



**Breathing
Care**

Yuwell
**SUCTION PUMP
7E-C (5L/min)**

Helps to remove
excessive mucus in
airway.

~~RM 600~~
RM 518.90

MDA Reg No:
G010499229-54335



Angelbiss
**SUCTION
PUMP**

Helps to remove
excessive mucus in
airway.

RM 500

MDA Reg No:
G0718071343619



Nebulizer

Rossmax Compact
**NEBULIZER
NB60 [100144385]**

Turning liquid medicine
into fine mist for
patients to inhale.

RM 261

MDA Reg No:
G052961330117



APEX MINIPLUS
NEBULIZER [64751]

Lightweight & convenient.
Turning liquid medicine
into fine mist for patients
to inhale.

RM 268

MDA Reg No:
G010452320-46615



APEX MobiMesh
NEBULIZER [55699]

Palm Size nebulizer for
outdoor use. Suitable for
frequent traveller.

RM 378

MDA Reg No:
G010476120-40946



Angelbiss Valve
HOLDING CHAMBER

Infant [68081]
Child [68080]
Adult [68079]

RM 60

Makes a metered-dose
inhaler easy to use. Suitable
for children and the elderly.



MDA Reg No:
GMD71231669518A

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice. | Installment Available For CIMB & Maybank Credit Card Holder Only. | Price display is Alpro Member Price. |

Alpro Post-discharge Care • On-demand Delivery 4 Hours 出院照护 在大专 最快4小时帮你到 | 035

POST-DISCHARGE CARE **BEDRIDDEN** RELATED SUPPORT



FAMICA SAFETY BEDRAIL

[100044965]

| Easy Installation |
| Easy Access | Height Adjustable



12 MONTHS
Warranty

On Manufacturing Defect

RM 415

PROLIFE MO-BR03 BED ASSIST BAR

[73575]

| Height adjustable legs & grip bar |
| Helps users get in and out of bed |



RM 250

ELECTRIC & HYDRAULIC HOIST (2 IN 1)

[70740]

| Battery and manual operated |
| Maximum capacity up to 180kg |
| Easy to transfer |



MDA Reg No :
GMD12162354517A

~~RM 5999~~
RM 5499

HOPKIN OVER BED TABLE

[71679]

| High adjustable |
| Multi-purpose table |
| Steel frame with H leg |
| Laminated top |



RM 279

HOPKIN IV DRIP STAND WITH WHEELS

[100156025]

| Strong powder-coated steel frame with a solid base |
| Removable and versatile hooks |
| Quick-release push-pin |

MDA Reg No :
GA10007522-101005



RM 159

HOPKIN ADJ BED BACKREST

[100051937]

| Sturdy metal frame |
| Five easily adjusted angles |
| Folds easy to store and transport |



RM 130

HOPKIN WARD SCREEN 4 FOLD WITH BLUE CURTAIN

[100051929]

| Blue curtain & spring curtain hanger |
| Easy to clean | Four panel |



RM 449

COVIDIEN SHILEY TUBE TRACHEOSTOMY TUBE CUFFLESS WITH INNER CANNULA

[62368]

[62356]

| For pulmonary hygiene |
| directs breathing through upper airway |



RM 240⁶⁰

SILICONE

STOMACH TUBE FOR SINGLE USE RYLES TUBE

Sizes:

8FR [65870]
10FR [61321]
12FR [56315]
14FR [65871]
16FR [66235]
18FR [67147]



RM 38

RYLES TUBE

NASOGASTRIC TUBE

| Used for nasogastric introduction |
| Nutrition & aspiration |
| Sterile & Latex-free |

Sizes:

8FG [33354]
10FG [42858]
12FG [33358]
14FG [33355]
16FG [33356]
18FG [33357]



RM 3⁵⁰

TWO-WAY FOLEY CATHETER

[43690]

| Collects urine | Urinary incontinence |
| Partially flexible tube |

Sizes:

12FR [43690]
14FR [43691]
16FR [43692]
18FR [43693]
20FR [58576]



RM 4

MALE EXTERNAL CATHETER CONDOM CATHETER X 1'S

| Natural rubber latex |
| Flexible sheath | Urinary incontinence |

Sizes:

S - 25mm (w) [66028]
M - 30mm (w) [66029]
L - 35mm (w) [66030]



RM 2⁵⁰

URINE BAG 2L

[51164]

| Collection & temporary storage of urine | Capacity 2000mL |
| To urinary incontinence user |

T-VALVE

PUSH-PULL VALVE



RM 6



PLASTIC URINAL

[33143]

MALE / FEMALE

| Pass urine on bed without spillage |



MDA Reg No :
GMD14900558718A

RM 15

MOBILIS CPL-BP-C BEDPAN WITH COVER

[70939]

| Movement on the bed without spillage |
| Patients difficulty to move lower body |



MDA Reg No :
GMD14900558718A

RM 25⁵⁰

MOBILIS MO611B BASIC BED PAN

[74587]

| Movement on the bed without spillage |
| Patients still can move lower body |



MDA Reg No :
GMD14900558718A

RM 21⁴⁰

Is Patient Facing **Difficulty In Using The Toilet?**



**If Able To Control
Urination Voluntarily**



Urinal

Used for collecting urine.

**If Able To Control
Bowel Movement Voluntarily**



Bedpan

Used to collect faeces.

**If Unable To Control
Urination Voluntarily**



**Catheter
For male**



**Catheter
For female**

Use Urinary Catheter (Foley Catheter)

Latex types of Foley Catheter can only last for about 4 weeks, Silicon types of Foley Catheter can last for 8-12 weeks.



Diaper

Or recommended to use diaper.

**If Unable To Control
Bowel Movement Voluntarily**



Diaper

It is recommended to use diaper.



Wet Wipes



Barrier Cream

Clean the skin with Wet Wipes and apply Barrier Cream every time after changing diapers to prevent diaper rash.



Underpad

Don't forget to put a sheet of Underpad to prevent leaking & protect the bedsheet from wetness.

medi⁺
— PREMIUM —

NEW

UNISEX ADULT DIAPER

Maximum Absorbency for Longer Protection

6 features of the Medi Premium Adult Diaper



SUPER SOFT TOP SHEET WITH SKIN SMOOTHING LAYER

Made with non-woven fabric, containing botanical extracts of Aloe Vera and vitamin E to reduce odour and prevent skin irritation



CLOTHLIKE AND SUPER BREATHABLE BACKSHEET

Soft finishing touch and breathable backsheet to minimize the heat build up and prevent skin rashes



UNIQUE BIG EZSEAL TAPING

Unlimited taping for best fitting & flexibility



3D LEAK GUARD PROTECTION SYSTEM

Snug fit barrier and cuffs provide maximum leakage protection even with frequent movement



UPGRADED FAST-DRY DUAL ABSORPTION CORE

Dual high absorbent layer filled with Japan Sandia SAP and USA Weyerhaeuser fluff pulp for excellent absorption capacity and fluid retention to maintain the dryness



WETNESS INDICATOR

Double smart wetness indicators will turn blue to let you know it may be time for a diaper change

Comfortable & Strong Absorbency

Type Of Incontinence	Activity Level	Maximum Absorption Level	Protects Up To	Size/ Waist
Moderate to Heavy Urinary / Bowel Incontinence			12 - 16 HOURS	M / 77 - 115 cm
				L / 90 - 127 cm



medi⁺
—PREMIUM—

MEDI+ UNISEX ADULT DIAPERS LOYALTY PROGRAM

FOR SILVERCARE MEMBER ONLY



1ST JAN 2023 - 30TH JUN 2023

GET 1 STAMP
WITH EVERY PURCHASE
OF MEDI+ ADULT DIAPERS



YOUR
NO. 1
DIAPER
DISCOMFORTNESS
SOLUTION

Soothing • Relief • Protect



PWWP

1ST JAN 2023 - 30TH JUN 2023



With any purchase of Medi+ Unisex Adult Diapers,
Customers are entitled to purchase DD Diaper Cream
for only

RM35.00
(NP: RM43.90)

Terms and Conditions:

1. This promotion is exclusively for **Alpro Pharmacy Silvercare Members** only.
 2. The stamp issuance & product redemption period shall commence from 1st January 2023 to 30th June 2023.
 3. Only original stamp collection card will be accepted for redemption.
 4. Alpro Pharmacy Sdn. Bhd. reserve the rights to not accept any stamp collection cards which are copied, defaced and damaged.
 5. Alpro Pharmacy Sdn. Bhd. shall not be held responsible for any loss of stamp collection card.
 6. One (1) stamp is entitled for every bag of Medi+ Premium Adult Diapers purchased.
 7. The stamp must be claimed within the same day of purchase, at the same cashier counter in the same Alpro Pharmacy outlet with the original receipt.
 8. No stamp shall be re-issued under any circumstances thereafter.
 9. Alpro Pharmacy Sdn. Bhd. reserves the right to omit, add or amend these Terms & Conditions at any time without prior notice.
- * Any new or amended Terms & Conditions shall supersede the existing Terms & Conditions.



PRICE DISPLAY IS
ALPRO MEMBER PRICE

POST-DISCHARGE CARE **CLEAN & EASY** DIAPER & UNDERPAD



SCAN & SHOP NOW
Diaper & Underpad



[100067636]
MEDI PREMIUM UNISEX 10S
Size / Waist : M / 77 - 115 cm

~~RM 34⁶⁰~~
RM 29⁶⁰

Absorbency:

[100067644]
MEDI PREMIUM UNISEX 10S
Size / Waist : L / 90 - 127 cm

~~RM 38³³~~
RM 33⁵⁰

Absorbency:



ABSORBA NATEEN SOFT
Size / Waist : M / 95 - 125 cm [63702]
L / 115 - 150 cm [63703]

~~RM 17⁹⁰~~ - ~~RM 22⁶⁰~~

Absorbency:

ABSORBA NATEEN PLUS
Size / Waist : M / 95 - 125 cm [63704]
L / 115 - 150 cm [63705]

~~RM 21⁸⁰~~ - ~~RM 25⁸⁰~~

Absorbency:

ABSORBA NATEEN SUPER
Size / Waist : M / 60 - 120 cm [64209]
L / 80 - 160 cm [64210]
XL / 100 - 170 cm [65054]

~~RM 30⁸⁰~~ - ~~RM 35⁸⁰~~

Absorbency:



ABSORBA AFINA ADULT PANTS 10'S
Size / Waist : M 10S / 60 - 120 cm [73275]

~~RM 21⁹⁰~~

Absorbency:

ABSORBA AFINA ADULT PANTS 9'S
Size / Waist : L 9S / 115 - 150 cm [73276]

~~RM 21⁹⁰~~

Absorbency:

ABSORBA AFINA ADULT PANTS 8'S
Size / Waist : XL 8S / 100 - 160 cm [73277]

~~RM 21⁹⁰~~

Absorbency:



CERTAINTY ADULT TAPE M 10S
Size / Waist : M / 78 - 105 cm [67484]

~~RM 18⁹⁰~~

Absorbency:

CERTAINTY ADULT TAPE L 8S
Size / Waist : L / 90 - 131 cm [72515]

~~RM 18⁹⁰~~

Absorbency:

CERTAINTY DRY PANTS [55504]
Size / Waist : M / 65 - 90 cm 11S [72508]
L / 80 - 105 cm 9S [67482]
XL / 95 - 125 cm 8S

~~RM 17⁹⁰~~

Absorbency:



TENA VALUE
Size / Waist : M / 81 - 112 cm [100046028]
L / 114 - 147cm [100046036]

GUARANTEED LOWEST PRICE

Absorbency:

TENA SLIP SUPER
Size / Waist : M / 71 - 122 cm [31023]
L / 91 - 144cm [12108]

~~RM 26⁸⁸~~ - ~~RM 30⁸⁸~~

Absorbency:

TENA PROSKIN PANTS PLUS
Size / Waist : M / 80 - 110 cm [57553]
L / 100 - 135cm [11327]
XL / 120 - 160cm [53923]

~~RM 27⁴⁰~~ - ~~RM 38⁸⁸~~

Absorbency:

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UNDERPAD

MEDI UNDERPAD
75CMx75CM 10S

[70099]



PROTECT
BEDSHEET



RM **14.50**

ABSORBA NATEEN SOFT
UNDERPAD
75CMx75CM 10S

[64211]



PROTECT
BEDSHEET



RM **14.80**

TENA UNDERPAD
60CM X 75CM 8S

[11326]



RM **13.10**



WIPES

MEDIWIPES
ADULTWIPES 40S

[69932]



RM **6.50**

MEDIWIPES
ANTI-BACTERIAL WIPES 40S

[71731]



KILLS
99.9%
GERMS



RM ~~12.90~~
RM **10.90**

TENA WET WIPES 40S

[44638]



RM **6.80**



CREAM

DD
ADULT DIAPER CREAM
No. 1 Diaper Discomfortness
Solution for Soothing,
Relief, Protect.

[73525]

Formulated in Europe
RM ~~51.90~~
RM **43.90**



BEST
BUY

SUDOCREAM
NAPPY RASH CR 125G
Prevents and treats nappy rash.

[79996]

RM ~~33.85~~
RM **25.90**



ESENTIEL
ADULT DIAPER RASH CREAM
150G

[29836]

RM ~~29.90~~
RM **28.30**



Dr. P

HOSPITECH
RESIDENTIAL CARE PRODUCTS

DR.P by TENA
Size / Waist : M / 81 - 112 cm
L / 114 - 147 cm
XL / 127 - 157 cm

[16389]
[16390]
[16391]

RM **15.40**

Absorbency:



HICARE PANTS EXTRA ABSORB 10S
Size / Waist : XXL / 146 - 178 cm
[100154251]

RM **25.50**

Absorbency:



HICARE ADULT DIAPERS
EXTRA DRY 10S
Size / Waist : XL / 99 - 160 cm
[100154202]

RM **20.50**

Absorbency:



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Extra Tips About Diaper

Scan & Learn

How To Change A Diaper?



Chinese Version



Bahasa Melayu
Version

When Should You
Change The Diaper?



Change the diaper when the 3 lines of wet
indicator disappear.



Do Not Forget
To **PREPARE!**



Diaper Cream

To protect the
skin from urine
irritation.



Underpad

To protect the
bedsheet from
wetting due to
urine leakage.

UNBEATABLE PROTECTION

With



ABSORBA™
AFINA PLUS



QUALITY
ADULT
INCONTINENCE
PRODUCTS

NEW!

NOW @

RM 21.90 / unit



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For more information,
please contact us or visit our website:
www.turbo-med.com

Available now at



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安らぎの睡眠

Hi-Density Support Mattress

- ✓ Fully High Density
to maximum comfortability
- ✓ 4" Thickness Mattress
- ✓ 100% First Hand Material



SPECIAL PRICE

SAVE
RM100

~~RM650~~

RM 550**
mattress only

6
Months
Installation
Available

**Purchase / Rental
Hospital Bed

PWP

RM 480
mattress only

*Installation Available For CIMB & Maybank Credit Card Holder Only.

**Term and conditions apply.

***Price subject to change without prior notice.



PRICE DISPLAY IS
ALPRO MEMBER PRICE

POST-DISCHARGE CARE **SAFE SLEEP** HOSPITAL BED



Recommended By
The Malaysian Society
Of Rehabilitation



HOSPITAL BED

BESTMADE ELECTRIC HOMECARE SHIFT BED

PRE-ORDER

| Wheelchair & Nursing Bed Combo |
| One-button electric switch from lying position to
sitting position |

[100060462]

~~RM 19,800~~
RM 18,000

12 MONTHS
Installation
Available



PRE-ORDER

COMFORT ELECTRIC HOMECARE BED

| Luxurious Design |
| Adjustable Sleeping
Position |
| Germany Motor System |

[100044973]

~~RM 5,000~~
RM 4,750

• Included Mattress



12 MONTHS
Installation
Available
Warranty
For Motor

ULTRA LOW HEIGHT Fall Prevention

MOVEN

• 3 FUNCTION LUXURIOUS ULTRA-LOW ELECTRIC HOSPITAL BED BM503D-32

| Adjustable position for head and feet |
| Collapsible siderail | 3" mattress |

[73585] • [70137]

~~RM 5,130~~
RM 4,500

12 MONTHS
Installation
Available

Warranty
For Motor
Extended

12 Months Warranty

• (Exclusive to Silvercare Members)



MDA Reg No.: GA956620-49347



7 DAYS
Return Policy

BMATE B-S231LN TWO CRANK MANUAL HOSPITAL CARE BED

| Adjustable position for head and feet |
| Collapsible siderail | Non-height adjustable | 3" mattress |

[100073147] • [70137]

RM 1,900

12 MONTHS
Installation
Available



7 DAYS
Return Policy



MDA Reg No.: GA1949922-88677

MOVEN

• 3 FUNCTIONS MANUAL BED B-S331LN

| Adjustable bed height | Adjustable position for head and feet |
| Collapsible siderail | 3" mattress |

[66801] • [70137]

~~RM 3,600~~
RM 2,950

12 MONTHS
Installation
Available



7 DAYS
Return Policy



MDA Reg No.: GME574309622134

NEOLEE • ELECTRIC HOSPITAL BED NL302D

| Adjustable position for head and feet | Motor-controller |
| Collapsible siderail | Adjustable bed height | 3" mattress |

[67164]

RM 3,600

12 MONTHS
Installation
Available

Included Mattress



Emergency Manual Crank
For Power Outage

MDA Reg No.: GMD95258927418A



SCAN & SHOP NOW
Hospital Bed

RIPPLE MATTRESS

APEX DOMUS 1, BUBBLE

| 2.5" height bubble cells | Medical Grade PVC |
| Suitable for low risk pressure injury |
| Support up to 100kg |

[52553]

~~RM 450~~
RM 350



MDA Reg No:
GMD25608743518A



**Domus 1 Suitable for
STAGE 1 and Prevention of Pressure Ulcer**



STAGE 1

- Skin intact
- Non-blanchable erythema.

APEX DOMUS 2, TUBULAR

| Pillow Function | CPR quick release tab |
| Nylon/PU Cover | Ventilated low-air-loss |
| Weight Indicator Reference |
| Support up to 140kg |

[53166]

~~RM 1,299~~
RM 950

6 MONTHS
Installment
Available



MDA Reg No:
GMD25608743518A



APEX DOMUS 3, TUBULAR

| 5" height mattress | Superior medical grade |
| Suitable for high risk pressure injury |
| Support up to 180kg | Dual Therapy Modes |

[80202]

~~RM 4,200~~
RM 3,650

12 MONTHS
Installment
Available



MDA Reg No:
GA6290720-42801

Registered under Act 737



**Domus 2 and Domus 3 Suitable for Prevention And
All STAGES of Pressure Ulcer**



STAGE 1

- Skin intact
- Non-blanchable erythema.



STAGE 2

- Partial loss of dermis.
- Shallow open ulcers.



STAGE 3

- Full thickness skin loss.
- Fat exposed.



STAGE 4

- Full thickness skin loss.
- Exposed bone, muscle or tendon.



UNSTAGEABLE

- Covered with slough or eschar.
- Depth undetermined.



SUSPECTED DEEP TISSUE INJURY

- Purplish skin discoloration.
- Potential for deeper tissue damage.

MATTRESS

MOVEN HOSPITAL BED

FOLDABLE PU MATTRESSS
3 FOLDS

| Use for hospital bed | Nursing bed |
| Good ventilation make comfortable |

3 Inches

RM 300

[70137]

4 Inches

RM 400

[51969]



HAPPI HI-DENSITY SUPPORT MATTRESS

| 4" thickness mattress |
| 100% first hand material |

[72467]

~~RM 650~~
RM 550

6 MONTHS
Installment
Available



PWP
RM 480

With Rental/Purchase
Hospital Bed

LIFELINE

PU MATTRESS FOR
HOSPITAL BED

[73601]

5 Inches

RM 700



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where life gets sweeter

SUBSCRIBE NOW!

Follow Our Regimen **To Improve Within 2 Weeks**



sugOvip

Without **sugo365** Program



SAVE UP TO 50%

RM0.72 /STRIP

VS



RM1-RM1.60 /STRIP

365 Days Online For You

Real-time Nutritionist & Dietitian always online to monitor your sugar level & ready for consultation.

ONLINE MONITORING
By Nutritionist & Dietitian



Alert Message

Emergency hypo or hyper alert message will be sent to your phone.



EMERGENCY ALERT MESSAGE



FREE Chat With Specialist

Doctors, Pharmacists, Dietitians and Nutritionists for instant solution.

LIVE CHAT
With Medical Professional



Auto Record &

Auto-Analysis by mobile app.



DATA RECORD
& Analysis



Why Are My Blood Glucose Levels Always **HIGH!**



Why is glucose test
So expensive?



Argghh..
forgot to record again?



Can I eat this?
Can I eat that?



SUBSCRIPTION PLANS



sugOTrial+plus	sugOpro	sugOVIP	sugOcombo
FIRST TIME USER	NEWLY DIAGNOSED AND FREQUENT USER		LONG TERM USER
RM255 RM150 PWP : RM90 RM60 + [Contour Plus One Meter Starter Pack With Test Strip 25x] (2 MONTHS)	RM510 RM260 (6 MONTHS)	RM850 RM360 (12 MONTHS)	RM1700 RM720 (24 MONTHS)
50+25^{PCS} CONTOUR®PLUS Test Strips	Max.cap of 300^{PCS} CONTOUR®PLUS Test Strips	Max.cap of 500^{PCS} CONTOUR®PLUS Test Strips	Max.cap of 1000^{PCS} CONTOUR®PLUS Test Strips
	FREE CONTOUR® PLUS ONE METER	FREE CONTOUR® PLUS ONE METER	FREE CONTOUR® PLUS ONE METER



Sign Up
NOW!

Recommended By
**NUTRITIONIST
& DIETITIAN**



PRICE DISPLAY IS
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POST-DISCHARGE CARE ONE FOR EVERY FAMILY HOME MONITORING

THERMOMETER

LYCO
INFRARED EAR & FOREHEAD
THERMOMETER BM-IRT1603

[71538]

FOR VIP MEMBER ONLY

60 MONTHS WARRANTY
On Manufacturing Defect

~~RM 369.00~~
RM 169.00

- ±0.2°C accuracy
- 1 second test time
- 3 colours fever indicator
- Beep sound indicator
- 30 seconds if not operated
- Up to 9 memories recall
- For adult and infant

FORA P30 PLUS

| Smart Bp Meter - Readings Connectable To Smartphone |
| Accurate & Clinically Validated |
| 60 Test Memories With Dates & Time |

[70875]

~~RM 389.00~~
RM 279.00

INNMOED M1 [100144609]

| Arrhythmia detection |
| Large wording display |
| 2 user x 120 memories |

~~RM 175.00~~
RM 150.00

BLOOD PRESSURE METER

Bluetooth SMART

FREE ADAPTER

5 YEARS WARRANTY

Designed by Switzerland

OMRON HEM 7156 [73763]

| Hypertension indicator |
| Body movement detection |
| 60 test memories with Dates & time |

~~RM 332.00~~
RM 319.00

ROSSMAX AW150 [72276]

| Blood pressure level indication |
| Movement detection |
| Irregular heartbeat detection |

~~RM 290.00~~
RM 179.00

GLUCOMETER

CONTOUR PLUS ONE METER
START KIT 25'S

| Readings connectable to smartphone |
| Highly accurate |
| Big LCD, easy to read |

~~RM 145.00~~
RM 120.00

[66773]



OR

MORE AFFORDABLE
test strip
SAVE UP TO
50%

Top Recommended Blood Glucose Control

SUGO365™
Where the glue is sweet
Subscription Plan

FREE
Contour Plus One Meter

365 DAYS
Real Time Nutritionist & Dietitian Consultation

ACCU-CHEK GUIDE ME KIT [80936]
WITH TEST STRIP 25'S

| Wireless connection to smartphone |
| Simply easy | Proven accuracy |

ACCU-CHEK Guide Me

~~RM 166.00~~
RM 109.00

FREESTYLE FREEDOM LITE STARTER KIT 10'S [50955]

| Simple and easy testing |
| No coding technology |
| Tiny blood sample size |

FreeStyle Freedom Lite

~~RM 131.00~~
RM 65.00

ONE TOUCH ULTRA PLUS FLEX STARTER KIT 25'S [68205]

| Quick and easy to use |
| Fast, accurate with a tiny blood sample |
| Big LCD, easy to read |

ONETOUCH Ultra Flex

~~RM 144.00~~
RM 99.00



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FORA®



Bring your OLD BP METER
to any Alpro Pharmacy Outlets
UPGRADE for a new **FORA** BP METER

*T&c applied



~~RM389~~
RM199

Exclusive rebate
for trade in only
RM190

MDA Registration No.:
G854115886818
Registered under Act 737

iFORA BP



Keep track of your results and manage your patterns and trends over time.



Please consult your doctor for interpretation of results

FORA® P30 Plus BT



IRB (Irregular Rapid Beat)
Technology



Averaging Mode (AVG)

Contour.
Enabling with you

Contour plus

Blood Glucose Monitoring System

**A simple start to
blood glucose testing**

RM79

Contour® Plus
Starter Kit with
25's strip



NDC06021182618



REMARKABLE
ACCURACY *



SAVES TEST STRIPS WITH
SECOND-CHANCE-SAMPLING
TECHNOLOGY *

EASY TO USE
FAST RESULTS



COMPATIBLE WITH
CONTOUR PLUS TEST STRIPS



Visit www.diabetes.ascensia.my for more information.

Please consult your healthcare professional for interpretation of result.

References: *Gawell M et al Diabetes Technol Ther 2015;17:1-7 (Full paper) *Contour Plus (CGM) User Guide Rev 11/18

Ascensia Diabetes Care Malaysia Sdn Bhd
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NDC06021182618



Specially designed to help sugar management

RM 98.90



Contro Eazy Now
850g



Low GI with unique
complex carbohydrates



High fiber & prebiotics blend
(Fibersol-2 and FOS)



Heart healthy lipid blend
Omega 6:Omega 3 (2:1),
zero cholesterol



CoQ10 +
L-Carnitine complex



Chromemate™
(patented niacin-bound
chromium)

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Customer careline: +603 8000 8300



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OMRON

“ Did you know that **only 7%**
of Blood Pressure Monitors are
Validated for Accuracy¹? ”

Omron Blood Pressure Monitors are all

**Clinically
Validated²**
to better manage your
heart health



G85793220-41739
MDAMD 0082/2022



**5 YEARS
WARRANTY**

Instant Rebate of
Rm10
for **every 18th** of
Jan, Feb & Mar 2023
on **HEM-7156**

Registered under Act 737

Please consult your healthcare professional for the interpretation of result and diagnosis

1. American Heart Association (AHA) Journals, Non validated Home Blood Pressure Devices Dominate the Online Marketplace in Australia; Study conducted in Australia with 972 blood pressure monitors with majority available online globally

2. According to international organisations such as Association for the Advancement of Medical Instrumentation Standard (AAMI) and European Society for Hypertension (ESH).

3. Based on the results of an independent quantitative survey conducted by MIMS in May 2021 on total 500 doctors (GPs and specialists*) in India, Indonesia, Philippines, Malaysia and Vietnam who have recommended BPM products to their patients. * Internal Medicine, Cardiology, Nephrology



RM3 REBATE

Only on 18th January, 18th February, 18th March 2023



AC Adaptor
Worth: RM70

AUTOMATIC BLOOD PRESSURE MONITOR MODEL X1

Product Reg. No.: GB39668337717

Rossmax **Real Fuzzy Technology** determines ideal cuff pressure based on one's systolic blood pressure and arm size to prevent inaccurate readings caused by erroneous cuff inflation levels.

Features



Cuff
Detection



Movement
Detection



Blood
Pressure Level
Indication



Irregular
Heartbeat
Detection



Universal
Cone Cuff
24 - 40cm

FREE LIFETIME CALIBRATION

According to **British Hypertension Society (BHS)**:
It is important to have the blood pressure monitor serviced and calibrated according to the manufacturer's guidelines. We recommend you to send your blood pressure monitor for calibration every 2 years.



INNOMED™ M1

The Vision Of A Better You

SmartPulse technology

SmartPulse technology is an detection of blood pressure using an deflation technique. This method reduces the cuff tightness and the duration of the cuff being tight.

This overall enhancement improves the comfort and accuracy of the measurement.



[100144609]

~~RM175~~
RM150



Registration No. GB3374022-104196

NO-NO FEVER™

Cools
Down
Quickly



ActiveCool



Baby Friendly



Cute Patch





Glucometer & Blood Pressure Meter Check!

Recommended To Do Once Every 6 Months.



1

Visit

Bring in your meter to any selected alpro outlets.

2

Check

Perform accuracy check.

3

Collect

Collect back your meter!



“Worry your result not accurate on the meter?”

019-750 0612

Call us for appointment now!

”



T&Cs Apply. | Images are for illustration purposes only. | Availability based on pre-arranged schedule, kindly text/call to confirm.

“
Your meter is
OLD? SPOILT?
NOT ACCURATE?
”

Trade
OLD
血压计以旧换新
For NEW!



HOW TO TRADE-IN?

1



Bring Your Old Meter
Scan for Your Nearest
Alpro Pharmacy Outlet.

2

Upgrade to new meter
Exclusive trade-in rebate

5 YEARS
Warranty

OMRON
HEM 7156



OMRON HEM 7156
RM332
RM269

REBATE
RM63

FORA
P30 Plus



FORA P30 Plus
RM369
RM199

REBATE
RM190

ROSSMAX
X5



ROSSMAX X5
RM498
RM339

REBATE
RM159
+
RM8
Alpro Rebate
Voucher

**What Do We Do
With Your
OLD UNIT?**

We Donate For Charity
Purpose on behalf of you!



Calibration will be done to ensure good
condition before donation.
(Inform you on the beneficiary.)

Collaboration with :



The Malaysian Society
Of Rehabilitation

*Important Notice : T&Cs Apply. | Images are for illustration purposes only.



PRICE DISPLAY IS
ALPRO MEMBER PRICE

POST-DISCHARGE CARE GET WELL SOON RECOVERY SUPPORT

MEDINET RESPIROGRAM SPIROMETER

| Help to strengthen respiratory musculature |
| Help to restore and maintain lung capacity by encouraging slow, deep breathing |

[33518]
RM 45

FLEXI-AID AIR RING-INFLATABLE ROUND CUSHION

| Post-surgical | Pressure relief |

[100156132]
RM 27⁹⁰

**12 MONTHS
Warranty**

APEX COMTENS-III For pain relief

[58661]
~~RM 328~~
RM 268

ANZEN BA2132-B DIGITAL MINI GYM BIKE

For muscle weakness.
To prevent joint stiffness and promote blood circulation.

MDA Reg No.: GA4904020-41530
~~RM 159⁹⁰~~
RM 129⁹⁰
PWP RM 88
With Any Wheelchair Purchase

UGOKU ARMSLING UA-012

Adjustable Shoulder Strap
[74522]

MDA Reg No.: GA4716721-57414
RM 19

ATROFLEX GEL 100ML

For joint and muscle
[73489]

RM 59⁹⁰

UGOKU BU-5027L THERAPACK HOT / COLD

SIZE: M / L [74424/74425]

MDA Reg No.: GA7511921-52327
RM 26 - RM 28

UGOKU THERAFIT BALL

MDA Reg No.: GA7507220-42285

Different Color Different Resistance

PINK	BLUE	GREEN	ORANGE
EXTRA SOFT	SOFT	MEDIUM	FIRM
BU-1000	BU-2000	BU-3000	BU-4000
[73454]	[73455]	[73456]	[73457]

RM 29

UGOKU ICE & HOT THERAPY BAG BU-905

[74426]

MDA Reg No.: GA9229721-52621
~~RM 52⁹⁰~~
RM 45

OPPO ELASTIC BAND

8006 SILVER	SUPER HEAVY	[43731]
8005 PURPLE	EXTRA HEAVY	[11770]
8004 BLUE	HEAVY	[11769]
8003 GREEN	MEDIUM	[11768]
8002 RED	LIGHT	[11767]
8001 YELLOW	EXTRA LIGHT	[11766]

RM 21²⁵ - RM 40

UGOKU PE FINGER SPLINT UF-013

For sustain the finger in good position

MDA Reg No.: GA7371821-55833

Size: S [74517] L [74519]
M [74518] XL [74520]

RM 14

UGOKU ANTI-EMBOLISM STOCKING UA-010

• Reduces the formation of thrombosis.
• Suitable for post-surgery and bedridden.

~~RM 79~~
RM 59

Size: XS [70835] L [71312]
S [71310] XL [71313]
M [71311] XXL [71314]

UGOKU THIGH-HIGH COMPRESSION STOCKING UA-017BK

• To prevent varicose veins.
• Suitable for long sitting or standing hour, pregnant woman & travelling.

~~RM 120~~
RM 95

Size: **BEGE** S [74508] M [74509] L [74510] XL [74511] XXL [74512]
BLACK S [74503] M [74504] L [74505] XL [74506] XXL [74507]

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice. | Installment Available For CIMB & Maybank Credit Card Holder Only.
| Price display is Alpro Member Price. |



If Doctors Save Lives Then
A Physiotherapist
Makes It Worth Living

Physiotherapy is essential especially during the golden recovery period (**commonly known as 1st 90 days after the incident**) and to minimise the impact of post discharge complication and delay recovery, which could add extra emotional and financial burden to the patient and family members.

“With physiotherapy, it makes them as independent as possible in their daily lives”

Elderly LIFE

deserve a quality

Home Physio

Recommended for :

- Post-stroke
- Post-discharge/ Surgery Rehab
- Shoulder / Back / Knee Pain
- Post Covid-19 Lung Infection / Heart Surgery
- Parkinson's / Cerebral Palsy / Spinal Cord Injury
- Sports Injury Rehab

Normal Price
RM150 / Visit



NOW!
**SPECIAL
DEAL**

For First
Time User
RM100 / session

**SAVE
RM50**

Any Rental of the Rehab Items
e.g. hospital bed and wheelchair

RM80 *limited x1 usage

**SAVE
RM70**

BOOK NOW : 019-275 9828

***Important Notice :**

1. Service only available at physio enter and pharmacy outlet with community physiotherapist.
2. Coverage only within 10km from our center or outlet.



PRICE DISPLAY IS
ALPRO MEMBER PRICE

MOVE FREELY UGOKU STAY ACTIVE



Germany Design & Technology



UC-007 CLAVICLE BRACE
| Provides stabilization to the clavicle area |
| Correction of poor posture and rounded/slumped shoulders |

RM 67⁰⁰



UGOKU US-015 NEOPRENE ADJ. SHOULDER SUPPORT
| To provide support to the shoulder in case of shoulder injury like rotator cuff injury |
| To prevent shoulder subluxation which is a common complication of stroke |

RM 78⁰⁰



UB-006 COMFORT-PULL BACK BRACE (MESH)
| Suitable for acute low back pain |
| Postoperative care |

RM 198⁰⁰



UA-011 2-PANEL ABDOMINAL BINDER
| Provides proper comfort |
| Compression to the abdomen |
| Suitable for post-surgery and postpartum |

RM 103⁰⁰



UGOKU UA-014 MATERNITY BELT
| Pregnant support belly belt |
| Postpartum hip recovery belt |
[74521]

RM 62⁰⁰



UN-001 SOFT CERVICAL COLLAR
| Provides support & motion control |
| Suitable for whiplash injury and stiff neck |
| Neck muscle spasms |

RM 34⁰⁰



UW-004 COMFORT-PULL WRIST SPLINT W/2 STAYS
| Suitable for injured wrist |
| Support the wrist |

RM 72⁰⁰



UT-005 COMFORT-PULL THUMB SPICA
| Support the thumb |
| Suitable for injured thumb joints |

RM 65⁰⁰



UF-003 DYNAMIC FINGER EXERCISER (LEFT / RIGHT)
| Enhance strength of fingers |
| Suitable for post-stroke rehabilitation |

RM 159⁰⁰



UE-002 TENNIS ELBOW SUPPORT WITH GEL PAD
| Provide adjustable compression |
| Suitable for tennis elbow pain |

RM 62⁰⁰



UK-008 COOL GREY SNUG KNEE SUPPORT W/GEL PAD & SPIRAL STAY

Extra Support For treatment

Size: S [70833], M [71306], L [71307], XL [71308], XXL [71309]
~~RM 269⁰⁰~~
RM 172⁰⁰



UA-009 NEW OK ANKLE SUPPORT
| Provides support and compression to ankle |
| Prevent sprains or strains |
| Suitable for minor ankle pain |

RM 96⁰⁰



UGOKU UH-016 SILICONE HEEL CUP (PAIR)
| Intended for the prevention and treatment of heel pain especially in the case of plantar fasciitis |

RM 72⁰⁰



Registered under act 737

Ugoku

FREE

7 Days
Exchange Return Guarantee
If Any Manufacturing Defect

FREE

Worth RM50
Physio Online Consultation

*Important Notice : T&Cs Apply. | Delivery charge excluded. | Images are for illustration purposes only. | Installment Available For CIMB & Maybank Credit Card Holder Only. | Price subject to change without prior notice. | Price display is Alpro Member Price. |

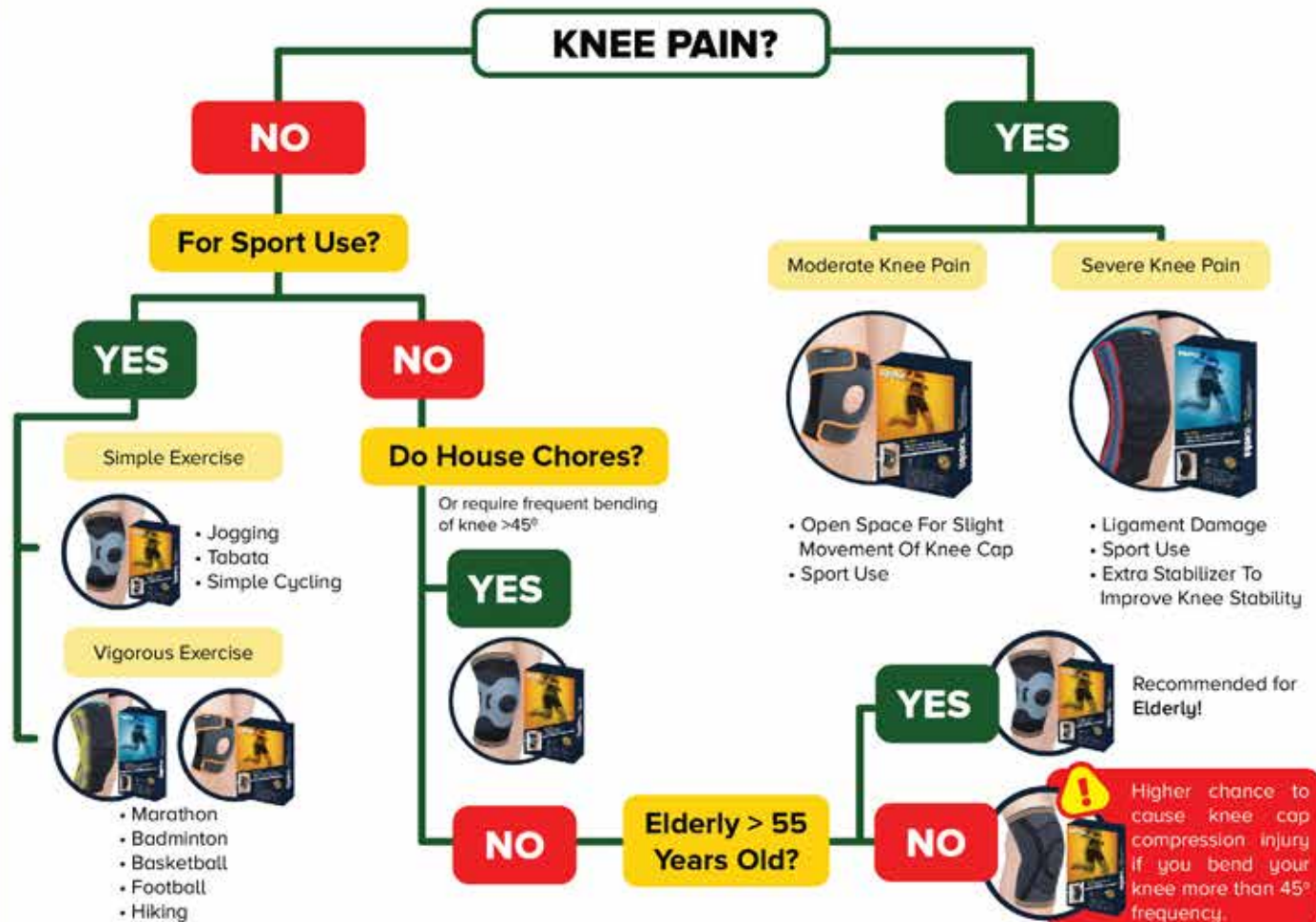
 <p>Size: S [70838] M [71319] L [71320] XL [71321] XXL [71322]</p> <p>UL-203 INNO-PATTERN LUMBAR SUPPORT Provides medium support to lumbar Suitable for acute low back pain Postoperative care </p> <p>RM 188⁰⁰</p>	 <p>Size: S [70836] M [71315] L [71316]</p> <p>UE-201 INNO-PATTERN ELASTIC ELBOW SUPPORT Enhance elbow comfort when in motion Suitable for protection for daily activities </p> <p>RM 34⁰⁰</p>	 <p>Size: S [70837] M [71317] L [71318]</p> <p>UW-202 INNO-PATTERN ELASTIC WRIST SUPPORT Enhance wrist comfort when in motion Suitable for protection for daily activities </p> <p>RM 29⁰⁰</p>	 <p>Size: S [70843] M [71329] L [71330] XL [71331] XXL [71332]</p> <p>UK-207 INNO-PATTERN ELASTIC KNEE SUPPORT Enhances knee comfort in motion Suitable for protection for daily activities </p> <p>RM 35⁰⁰</p>
 <p>Size: S [70842] M [71325] L [71326] XL [71327] XXL [71328]</p> <p>UK-206 DYNAMIC TAPING KNEE SUPPORT Provides better protection and stabilization Suitable for knee joint pain </p> <p>RM 77⁰⁰</p>	 <p>Size: Well Fit 30cm to 46cm [70839]</p> <p>UK-204 NEW OK KNEE SUPPORT W/ 4 SPIRAL STAYS & SILICONE PAD Provide extra support Stabilization to patella Suitable for outdoor sport activities </p> <p>RM 107⁰⁰</p>	 <p>Size: Well Fit 30cm to 46cm [70840]</p> <p>UK-205 REINFORCED PATELLA STRAP Provide extra support Stabilization to patella Suitable for Jumper's knee/ patella tendonitis </p> <p>RM 70⁰⁰</p>	 <p>Size: S [70841] M [71323] L [71324]</p> <p>UA-208 INNO-PATTERN ELASTIC ANKLE SUPPORT Enhance ankle comfort when in motion Suitable for protection for daily activities </p> <p>RM 36⁰⁰</p>

Registered under act 737

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How to Choose The Suitable Knee Support!





PRICE DISPLAY IS
ALPRO MEMBER PRICE

POST-DISCHARGE CARE HEAL FAST WOUND CARE



HYGIENE



AGBAC NANO SILVER DISINFECTANT [71599]
150ML

SAFE FOR KIDS
24 HOURS PROTECTION
~~RM 45.00~~
RM 39



AGAINST 24 DISINFECTANT SPRAY [56882]
100ML

SAFE FOR KIDS
24 HOURS PROTECTION
~~RM 39.90~~
RM 26.90



HANDGUARD ANTIBACTERIAL HAND WASH
500ML
BERGAMOT [72212] ROSEMARY [72211]
~~RM 9.90~~
RM 6.50



AVAILABLE MEDIMASK ADULT SURGICAL FACE MASK DISPOSABLE BM098 50S (BFE >98%)
[4297921-55311]


WASH



VIGILENZ HYDROCYN AQUA WOUND CARE [53149]
100ML

RM 8.50

RINSCAP NS SODIUM CHLORIDE 0.9% W/V
1000ML [34928] 500ML [33477]

RM 6.90 / RM 5.90

VIGILENZ HYDROCYN AQUA WOUND CARE
500ML [74790] 250ML [53150]

RM 30 / RM 16.50

DERMACYN WOUND CARE [19530]
500ML

RM 31.99

APPLY FIRST AID



HANSAPLAST WOUND HEALING OINTMENT [100059195]
50G

RM 19

DR WOUND BIOHEAL GEL FIRST AID [73849]
20ML

RM 38

SKIN FIX CREAM [59680]
20G
MAL15070014TC

RM 29.90

3 LEG POVIDONE IODINE [54596]
30ML

RM 3.90

CHRONIC WOUND



DR WOUND PACK (NANO SILVER SPRAY 100ML + BIOHEAL GEL 60ML) [73985]

RM 88

MEDIHONEY GEL [63370]
44ML

RM 82.60

CAVIDAGEL AG [62412]
30G

RM 42

S&N INTRASITE GEL HYDROGEL DRESSING 15G 1S [12473]

RM 28.50

COVER



UNIGLOVES NON WOVEN GAUZE SWAB 100'S
[41575 / 65703 / 65704]
5x5cm / 7.5x7.5cm / 10x10cm
RM 3 / 5 / 9



S&N MELOLIN LOW ADHERENT ABSORBENT PAD 5'S
[12471 / 12472]
5x5cm / 10x10cm
RM 7.50 / RM 12.20



DUODERM EXTRA THIN (187955) 10X10CM 10'S (LOOSE PACK AVAILABLE) [60352]

RM 64.90

AQUACEL AG+ EXTRA 10X10CM (413567) 10'S (LOOSE PACK AVAILABLE) [60358]

RM 255

HOLD



UNIGLOVES TRANSPARENT FILM DRESSING ROLL 10CM X 10M 1S [T65544]

RM 8.50

3M MICROPOR BOX (ADHESIVE TAPE) 3"X 10YD / 2"X 10YD / 1"X 10YD / 0.5"X 10YD 1S
[T44625 / T49521 / T44624 / T44623]

RM 12.50 / RM 8.40 / RM 4.20 / RM 2.10

UNIGLOVES SELF ADHESIVE BANDAGE 2.5CMX4.5M / 5CMX4.5M / 7.5CMX4.5M / 10CMX4.5M
[T65708 / T49944 / T55802 / T65709]

RM 2.50 / RM 6.50 / RM 8 / RM 9.50

Important Notice: T&Cs Apply. | Delivery charge excluded. | Images are for illustration purposes only. | Installment Available For CIMB & Maybank Credit Card Holder Only. | Price subject to change without prior notice. | Price display is Alpro Member Price. |



Why Installing

TOILET SAFETY HANDRAIL

Is Important For Elderly At Home

Falls are major health issues affecting countries across the globe, with higher rates shown in the elderly group. Local statistics show that

Every 1 in 3 elderly in Malaysia experienced at least one fall within a year.

The reasons for high falling incidences among elderly are mostly related to their physical limitations and age.

For examples:

1. People aged 60 years and above are prone to have osteoporosis, weaker muscles, and reduced balance ability.

2. Most elderlies have poor visions, which explains why they have higher risks of trips and falls due to reduced stability. Our vision plays an important role in maintaining balance by adopting our body to different positions and movements. When stepping on uneven surfaces, walking up or down steps, we need to see clearly to avoid obstacles.

The effects of falls could be devastating to the person as well as their family members. Old people are susceptible to hip and arm fractures, bruises, and reduced mobility following a fall.

The experience of fall might leave them negative psychological issues such as anxiety and depression. In severe cases, falls may lead to death if there is excessive bleeding or head injuries.

Thus, toilet safety rails are specially designed devices that help the elderlies to use the toilet in an easier, safer, and more comfortable way and for fall prevention. They come in various models and designs. While some are attached to the toilet or wall, some are adjustable and movable. These devices are helpful for people with vision impairments, reduced mobility, strength, and balance issues.

Top 3 Reasons To Install Safety Rails

1. Prevent Slips & Falls

With a proper toilet rail, there is something to grab on as extra support, to reduce the chances of losing balance and fall.

2. Aid In Improving Confidence & Independence

By providing extra supports like toilet rails, they will feel more relieved and safer to use the bathroom when they are alone.

3. Improve Stability & Comfortability

It is difficult to balance oneself if the toilet is wet and slippery. Specially when sitting on or stand up from low toilet bowls. With toilet rails installed, one can easily use the toilet with enhanced comfort and safety.



PRICE DISPLAY IS
ALPRO MEMBER PRICE

reli-able BATHROOM SAFETY SET-UP



Recommended By
The Malaysian Society
Of Rehabilitation

WHY GRAB BAR ?

"Bathroom Safety For Your Loved One."



reli-able GRAB BAR BA0298 [71029]
[Anti-rust | Non-slip design | Durable]
Size : 12 inches

~~RM 89⁰⁰~~
RM 68⁰⁰
POLYPROPYLENE
Safe Durable Anti-Rust Antibiosis
Comfortable Hand Grip Heat Resistance



reli-able HANGING SHOWER SEAT [72366]
BR2488
[Anti-rust | Non-slip design | Durable]
~~RM 398⁰⁰~~
NYLON STAINLESS STEEL
Anti-Slip Anti-Rust Extra Support Fall Prevention



reli-able FLIP-UP GRAB BAR [72365]
BR0098-3
[Anti-rust | Non-slip design | Durable]
~~RM 298⁰⁰~~
NYLON STAINLESS STEEL
Anti-Slip Anti-Rust Extra Support Fall Prevention



reli-able SHOWER SEAT WITH LEG [72472]
BR9888
[Anti-rust | Non-slip design | Durable]
~~RM 298⁰⁰~~
NYLON STAINLESS STEEL
Anti-Slip Anti-Rust Extra Support Fall Prevention



reli-able U-SHAPED GRAB BAR [71028]
BA1098-3
[Anti-rust | Non-slip design | Durable]
~~RM 328⁰⁰~~
NYLON STAINLESS STEEL
Anti-Slip Anti-Rust Extra Support Fall Prevention

Registered under act 737

* Call 019-659 7808 to arrange installation.

FREE (For Alpro Member Only)

Anti-Slip Mat
*For Any Purchase Of RM250 And Above.



SAVE MORE

For 3 Items
Get Package Price

12 Months

Warranty

Extended
12
MONTHS
WARRANTY





Masalah Pendengaran?

Depresi??

Bersama: Audiologist Elya
Bachelor Degree of Audiology, USM



Berdasarkan kajian yang dijalankan WHO (World Health Organization) pada tahun 2012, mendapati seramai 360 juta rakyat serata dunia mempunyai masalah pendengaran. 328 juta daripadanya merupakan orang dewasa. Di Malaysia, 90% yang mempunyai masalah pendengaran enggan menggunakan alat bantu dengar. Mereka tidak mengetahui masalah pendengaran membawa pelbagai kesan buruk kepada mereka.

Masalah pendengaran makin teruk



Antara salah satu kesan yang bakal berlaku kepada warga emas jika masalah pendengaran tidak diberikan perhatian yang sepatutnya ialah masalah pendengaran akan menjadi makin teruk. Saraf-saraf badan perlu dibahagi perhatian sama rata.

Untuk badan kita selalu bersenam untuk memastikan badan kita selalu sihat. Sama dengan pendengaran, kita perlu memastikan pendengaran kita selalu menerima rangsangan bunyi.

Pengurangan aktiviti sosial

Seterusnya, kesan buruk yang akan berlaku jika masalah pendengaran dibiarkan begitu sahaja ialah pengurangan aktiviti sosial dalam kalangan warga emas (Shukla, Michael, Pederson, & Goman, 2020).



WARGA EMAS YANG MEMPUNYAI MASALAH PENDENGARAN MEREKA AKAN LEBIH SUKA MENYENDIRI KERANA MEREKA TIDAK DAPAT MENDENGAR DENGAN JELAS.

Fungsi kognitif berkurangan

kekurangan aktiviti sosial sebenarnya dapat menyebabkan penurunan fungsi kognitif dalam kalangan warga emas (Lee & Young, 2016). Lama-kelamaan apabila mereka makin kurang aktiviti sosial, fungsi kognitif juga makin berkurang seterusnya akan menjurus kepada masalah yang lagi teruk iaitu masalah Dementia (Lin et al, 2011).



Hubungi kami untuk melakukan ujian pendengaran percuma
019-317 1923

Hear great with Mimitakara®



Japan Technology

GET **RM5000**
QUALITY
HEARING AIDS

ONLY
AT
RM 2750
**SAVE
RM2,250**



AUDIOLOGIST
SETTING EVEN
FROM HOME



LIFETIME
AUDIOLOGIST
SERVICE



BUY BACK
GUARANTEE



365 DAYS
WARRANTY

Registered under ACT 737
MDA Registration Number:
CB4715220-47072 (BTE)
CR9503920-46643 (ITC)



MAKE APPOINTMENT WITH US NOW >> **019 317 1923**



myHomeCare365

Your Doctor, Nursing And Physiotherapist Home Visit.



NURSE

Home Visit

RM100/visit

14 DAYS PACKAGE

RM90 SAVE RM140 /visit

(Visit once /day)

* Not Include consumer item.

* About charges is applicable within 9am-6pm.

1



Wound Dressing

2



Stoma Care

3



Urine Tube Change

4



Feeding Tube Change

5



BLOOD SCREENING & COVID TEST

Talk to our staff for the packages.

HOW TO BOOKING?

1

Choose Your Service



2

Contact Us **019 - 750 0612**

Provide Us Your Name, Location & Contact Number.



3

Confirm & Payment
Visit Your Home.

刚出院?

BARU DISCAJ

PERKHIDMATAN RAWATAN DI RUMAH MASA 24 JAM!

24小时内上门照护! 让你不再无助

Anda Tidak Keseorangan!

HOME PHYSIOTHERAPIST

(45 mins +/-session)

RM150/visit

10 DAYS PACKAGE

RM123/visit **SAVE RM270**

(Visit once /day)

20 DAYS PACKAGE

RM120/visit **SAVE RM600**

(Visit once /day)



* About charges is applicable within 9am-6pm.

6



Post-stroke

7



Post-discharge/ Surgery
Rehab (Accident)

8



Shoulder/ Back/ Knee Pain

9



Post Covid-19 Lung
Infection/ Heart Surgery

10



Parkinson's, Cerebral
Palsy, Spinal Cord Injury

11



Sports Injury Rehab

Contact Us
NOW!

019-750 0612

*All charges included transportation fees (First 10km)
* Additional RM20 for each extra 10km mileage.
*Extra charges on SPECIAL enquiry.

Collaboration Partner :



Recommended By
The Malaysian Society
Of Rehabilitation

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice.

HOW TO RENT?

1

Pick Your Package



2

Contact Us **019 - 750 0612**

Provide Us Your Name, Location & Contact Number.



3

Confirm & Payment

RENTAL Hospital Bed

STEP 1 : Pick Your Package

Manual Bed



* Subject to availability

RM200 /month

RM450 3 months **SAVE RM150**
(RM150/month)

RM900 6 months **SAVE RM699**
FREE X-1
1 Ripple Mattress
Brand Apex Domus 1
worth RM399

RM1,500 6 months **SAVE RM930**
FREE X-1
Tubular Ripple Mattress
Brand Apex Domus 2
worth RM1,230

* Returnable deposit RM400 will be collected.

Electric Bed



* Subject to availability

RM300 /month

RM750 3 months **SAVE RM150**
(RM250/month)

RM1,500 6 months **SAVE RM699**
FREE X-1
1 Ripple Mattress
Brand Apex Domus 1
worth RM399

RM2,000 6 months **SAVE RM1,030**
FREE X-1
Tubular Ripple Mattress
Brand Apex Domus 2
worth RM1,230

* Returnable deposit RM500 will be collected.

STEP 2 : Delivery Fee

* Depend on Address Area. (Refer to next page for contact)

* Addition RM20 processing fee.



刚出院?
BARU DISCAJ

KAMI HANTAR DALAM SECEPAT
MASA 4 JAM!

最快4小时送到你家! 让你不再无助

ANDA TIDAK KESEORANGAN!

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice. | Installment Available For CIMB & Maybank Credit Card Holder Only. | RM30 Voucher for Allianz Insurance Customer. |

出租服务 SEWA



Recommended By
The Malaysian Society
Of Rehabilitation

RENTAL Ripple Mattress

APEX Domus 2
Care for a Healthy Life

RM150 /month

RM300 3 months

SAVE RM150

RM550 6 months

SAVE RM350



GMD25608743518A

- * Subject to availability
- * Addition RM20 processing fee.
- * Returnable deposit RM400 will be collected.

RM6,000

TAX RELIEF

Cost Of Basic Supporting
Equipment For Disabled
Self, Spouse, Child Or Parent.

Why Is The Mattress Not For Rent?

For user hygiene purposes. As it may be hard to avoid excretes such as urine, poop and blood from previous users staining on the mattress.



Mattress For Purchase



3 Inches [70137]

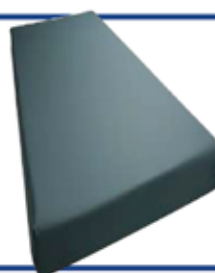
RM300

Folded Mattress

4 Inches [61969]

RM400

Folded Mattress



5 Inches

RM700

Lifeline
PU Mattress For
Hospital Bed

[73601]

SPECIAL PRICE!
For Purchase / Rental
Hospital Bed

~~RM650~~
RM480 4 Inches

PWP

High Density Foam
Support Mattress



[72467]

Rental With

Special Purchase Deal



Recovery Nutrition
Package

**Instant Rebate
UP TO RM180**



Home Physiotherapy
Treatment

RM150 **SAVE RM70**

RM80 / session
Depends on Location.

*Check out with our staff now



SCAN & RENT NOW



Rental With
**SPECIAL
PURCHASE
DEAL**



**Recovery Nutrition
Package**
**Instant Rebate
UP TO RM180**



**Home Physiotherapy
Treatment**
RM150 **SAVE**
RM80 **RM70**
Depends on Location.
*Check out with our staff now

RENTAL Oxygen Therapy



Oxygen
Concentrator
5LPM
RM320
/month

*Subject to availability



Oxygen
Concentrator
10 LPM
RM600
<10 days
RM700
/month



Oxygen
Concentrator
20 LPM
RM1,000
<10 days
RM1,500
/month



Oxygen Tank 10L
RM100/month

Exclude Refill Fee
RM50-RM100
(depends on tank size)

*Subject to availability



Oximeter
RM50/month

*Subject to availability
*Returnable deposit RM 50 will be collected.

Oxygen Concentrator Rental Package

1 month



RM400
SAVE RM20

2 months



RM600
FREE RENTAL
SAVE RM140



F9ROX20220605000

2 months



RM700
FREE RENTAL
SAVE RM240



F9SCV20200410000

F9ROX20220605000

6 months



RM1,500
FREE RENTAL
SAVE RM1,320

* Returnable deposit RM 500 will be collected for any oxygen tank/oxygen concentrator 5 & 10LPM/package.
* Returnable deposit RM 1,000 will be collected for oxygen concentrator 20LPM.
* Extra RM100 sanitisation fee for COVID cases. (For Oxygen Concentrator 10 & 20LPM only.)

刚出院?
BARU DISCAJ

**KAMI HANTAR DALAM SECEPAT
MASA 4 JAM!**

最快4小时送到你家! 让你不再无助

ANDA TIDAK KESEORANGAN!

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice. | Installment Available For CIMB & Maybank Credit Card Holder Only. | RM30 Voucher for Allianz Insurance Customer. |

出租服务

SEWA



Recommended By
The Malaysian Society
Of Rehabilitation

RENTAL Wheelchair

Manual Wheelchair



MOVEN Q05

Lightweight

*Subject to availability

GMD6164489198A

RM50 /week

RM80 2 weeks

SAVE RM20

RM150 4 weeks

SAVE RM50



**EXTRA
COMFORT**

MOVEN

Supreme

*Subject to availability

GA607920-38659

RM60 /week

RM100 2 weeks

SAVE RM20

RM180 4 weeks

SAVE RM60

*Returnable deposit RM300 will be collected.

Electric Wheelchair

RM300 /weeks

RM540 2 weeks

SAVE RM60

RM1,000 4 weeks

SAVE RM200

*Returnable deposit RM800 will be collected.

*For selected area only, ask us for more details.

MOVEN GO



GMD79630799918A

*Subject to availability

Contact Us For More Details

019-984 2923

Negeri Sembilan

019-323 1923

Melaka

013-841 1923

Kelantan

019-901 4923

Bintulu

013-587 3923

Kuching

019-462 1923

Muar

013-288 1923

Batu Pahat

019-987 1923

Pahang

019-327 3923

Penang

013-584 1923

Johor Bharu

019-774 1923

Terengganu

019-274 1923

KL/Selangor



SCAN & RENT NOW





RM6,000

TAX RELIEF

Cost Of Basic Supporting
Equipment For Disabled
Self, Spouse, Child Or Parent.

RENTAL Suction Pump



*Subject to availability
*Returnable deposit RM150 will be collected.

Helps to remove excessive mucus in airway.

RM50 /month

RM90 / 2 months

SAVE RM10

RM120 / 3 months

SAVE RM30

+ RM100 For purchase of
suction canister
due to hygiene for
the patient.



RENTAL Hearing Aids



*Subject to availability



GB9503920-46643

GB4715220-47072

FREE
7 Days Trial
Before Start Renting

Mimitakara

RM380 1 Piece
/month

RM570 A Pair
/month

SAVE 50%
For 2nd Piece

+ RM80

SAVE 50%
For 2nd Set

(Accessories, System Tuning, Sterilisation)

*Returnable deposit RM800 will be collected.

刚出院?

BARU DISCAJ

KAMI HANTAR DALAM SECEPAT MASA 4 JAM!

最快4小时送到你家! 让你不再无助

ANDA TIDAK KESEORANGAN!

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice. | Installment Available For CIMB & Maybank Credit Card Holder Only. |
| 5% discount for both Hearing Aids and Powerlife Magnesium for Allianz Insurance customer. |

HOW TO RENT?

1

Pick Your Package



2

Contact Us 019 - 750 0612

Provide Us Your Name, Location & Contact Number.



3

Confirm & Payment

RENTAL Bundle Deal

*Mattress is not included
*Subject to availability

STARTER Recovery Bundle

1 month



GMD25608743518A

Manual Hospital Bed + Ripple Mattress

RM350

FREE

Bedridden Care Set



Diaper

Mediwipes

*Diaper can choose size.

*Returnable deposit RM400 will be collected.

ESSENTIAL Recovery Bundle

3 months



GMD25608743518A

Manual Hospital Bed + Ripple Mattress

RM750

FREE

Home Physio

or

Premium Bedridden
Care Package

*Returnable deposit RM400 will be collected.

COMPLETE Recovery Bundle

1 month



GMD25608743518A

Manual Hospital Bed + Ripple Mattress +
Oxygen Concentrator + Oxygen Tank
+ Oximeter

RM800

FREE

Home Physio

or

Premium Bedridden
Care Package

*Returnable deposit RM900 will be collected.

Add RM100/month

Manual
Hospital Bed



Electric
Hospital Bed



FREE

出租服务
SEWA



**WORTH
RM150**

Home Physio

Home Physio Treatment

*Applicable For Certain Areas Only
(Check With Our Staff NOW!)

or

**WORTH
RM141+**

Premium Bedridden Care Package

Online Physio Consultation + Bedridden Care Premium Set



Underpad

Diaper

Diaper Cream

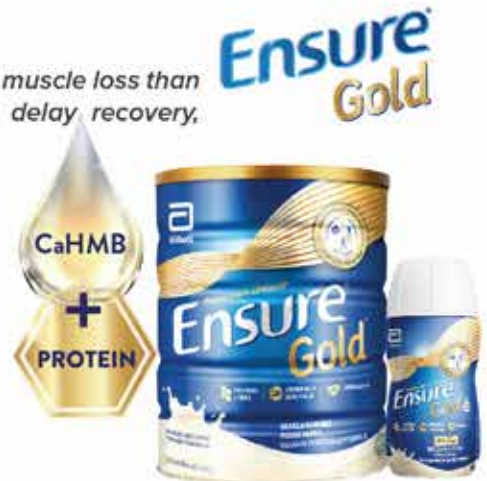


POST-DISCHARGE CARE NUTRITION RECOVERY IN ALPRO



Hospitalisation and illness could lead to more muscle loss than a healthy individual, which could result in delay recovery, impair immunity and overall weakness⁽¹⁾.

Protein is an important nutrient to improve muscle mass and promote recovery^(2,3).



1. References: 1. Argiles HM, et al. JAMDA, 2016;17:759-766. 2. Denting RH, ePlasty, 2009;9:65-94.
2. References: 1. Argiles HM, et al. JAMDA, 2016;17:759-766. 2. Deutz NE et al. Clin Nutr, 2016 Feb;35(2):18-26. 3. Barack MS, et al. J Nutr, 2016;146:246B-75. 4. Cruz-Jentoft AJ. Curr Protein Pept Sci, 2017;18:1-5. 5. Aubert, Data on file.
3. (Note: when taken before daily and consumed with exercise) References: 1. Barton, et al. 2015. PLoS ONE 10(11):e0147757. doi:10.1371/journal.pone.0147757. 2. Cramer JT et al. J Am Med Dir Assoc, 2018 Nov; 17(11):1044-1055.

RECOVERY NUTRITION PACKAGE

Exclusive for purchase/ rental of any medical equipment.

14 DAYS

REBATE RM4

2 Tins

Based on 6 scoops/serving, drink twice a day to ensure better recovery.

IMPROVES STRENGTH IN **8 WEEKS***

BUILDS AND REPAIRS MUSCLE TISSUE* + SUPPORT IMMUNE FUNCTION

1 MONTH

REBATE RM12

4 Tins

3 MONTHS

REBATE RM48

12 Tins

FOC RM20

Touch n Go eWallet

*Pick any of your favorite flavour (coffee, wheat, vanilla, almond in plant based).

Kindly whatsapp your purchase receipt of 3 or 6 months package to 011-5633 5821 to receive your FOC TnG RM20 or RM50 cash reload pin within 3-5 working days.

Glucerna®

FOR POWDER 850G



14 DAYS



REBATE RM6

2 Tins

1 MONTH



REBATE RM16

4 Tins

3 MONTHS



REBATE RM60

12 Tins

FOC RM20



HELPS MANAGE
GLUCOSE LEVELS

IN **4 WEEKS**^{1,2}

1. When used as part of diabetes management (including prescribed medication, diet and exercise)
2. Glucerna has been shown to reduce glucose fluctuations, when used as a breakfast replacement as part of a lifestyle intervention (Peng et al., 2019).



FOR LIQUID 220ML

14 DAYS



REBATE RM14

28 Bottles

1 MONTH



REBATE RM42

60 Bottles

3 MONTHS



REBATE RM180

180 Bottles

FOC RM20



RECOVERY NUTRITION PACKAGE

Exclusive for purchase/ rental of any medical equipment.

*Terms and conditions apply.

*Kindly WhatsApp your purchase receipt of 3 or 6 months package to 011-5633 5821 to receive your FOC TnG RM20 or RM50 cash reload pin within 3-5 working days.

METABOLIC+
Recovery

Common Problems Due to Hospitalization



Poor Sleep



Slow Recovery



Poor Digestion

Sleep & Heal Better with Metabolic Recovery

Lactium

IMPROVE
SLEEP QUALITY



PROVIDE HIGHER
SATIETY FEELING



COMPLETE AND
BALANCED NUTRITION



HIGH QUALITY
PROTEIN



IMPROVE DIGESTIVE HEALTH WITH
PREBIOTIC (FOS, FIBERSOL-2)

METABOLIC
+ Recovery

Kwan Lee Kuan
Dietitian, Metabolic+



2
SERVINGS /DAY
IMPROVE RECOVERY IN
»»»» 30 DAYS*



Lactium

* The CRSSA study shown that patient who consumed 150mg of Lactium per day, which is equivalent to 2 servings of Metabolic + Recover for 30 days experienced significant improvement in sleep quality.

Metabolic Recovery a complete, balanced nutrition formulated to strengthen your nutritional foundation during recovery process, simply to say, we aim to help you shorten sick time and heal faster.

Scientific Proven Effective Ingredient to Aid Stress & Improve Sleep Quality

Lactium® in Metabolic Recovery is a hydrolyzed milk protein (alpha-s1 casein hydrolysate) and is hypoallergenic, an ideal companion to help you gently manage your emotional state. How does Lactium® work? Lactium® increases the activity of gamma-Aminobutyric acid (GABA), a neurotransmitter well known for its inhibitory action on anxiety and its relaxing properties. Published studies reveal that Lactium® promote restful sleep and support relief from stress. A quality deep sleep when you're sick is essential for your recovery process.

Unique Blend of Protein for Healing Process & Muscle Strength

During recovery and wound healing process, your body needs quality protein to help build and repair muscle, skin, and other body tissues, while protein loss may negatively affect the whole immune system. Metabolic Recovery is designed with an unique blend of whey protein concentrate and isolated soy protein. Each serving provides 11.4g proteins targeting to improve lean mass and muscle strength.

A Glass of Complete Balance Nutrition as Meal Replacement

We understand that loss of appetite is a common issue during recovery phase. Metabolic Recovery provides 28 vitamins and minerals and all essential nutrients needed to fuel you up. We use real banana puree in the formula. Bananas are a happy fruit as they have tryptophan, which gets converted into serotonin in the body, known to make you relax, make you feel happier during the recovery process. Enjoy the smell of a warm glass of Metabolic Recovery can spark up the appetite. 😊

METABOLIC+
SUPPLEMENT + NOURISHMENT



**WHEY PROTEIN
FORMULA**



MUSCLE UP!



**RETAIN MUSCLE
MASS WITH
METABOLIC + Otéine**



SCAN & PURCHASE
Metabolic +Oteine

5 SYMPTOMS OF SARCOPENIA (MUSCLE LOSS)

Sarcopenia is the **killer of disability in the elderly.**



**REDUCED
SPEED**



**WEAK
GRIP**



**POOR
BALANCE**



**REPEATED
FALLS**



**WEIGHT
LOSS**

Sponsored by :

alpro foundation
Bringing hope. Changing lives



**APPLY
NOW**

**Do you know if there's
anyone who needs help?**

Are they on :



Tube Feeding?



Bedridden and are
unable to eat solid food?



Got no income?



Scan For More
Information

We Can Sponsor!

Just Call / WhatsApp Alpro Foundation

019-388 1923



*T&C Apply.



DISCAJ DARI **HOSPITAL?**

SEWA & BELI ALATAN REHAB

Dari No.1 Farmasi di Malaysia



HOTLINE : 019-750 0612

Know More About Us : www.alpropharmacy.com