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NOV-APR 2024 CATALOGUE VOL.14



News And Insight For Elderly And Post Discharge Care



3 Keys To Build Muscle Strength

In Preventing Fall

pg. 8

FREE

Muscle Strength Assessment





pg. 9-10

otips. PREVENT

And Keep You or Your Loved Ones Safe.

TAX RELIEF

of basic supporting equipment for **disabled self**, **spouse**, **child or parent**,





Electric Homecare Bed

pg. 32









BES+MADE Mimitakara®





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The Story Behind Silvercare



One stop solution for elderly care & post-discharge care from the aspects of medicines, nutritions, physiotherapy, rehabiltiation equipments and many innovative services.

6 Tips to Prevent Falls

And Keep You or Your Loved Ones Safe.

Be Our 11 Silvercare Member



· How to join?

Exclusive Benefits For Silvercare Member

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FREE X1 Home Physiotherapy

• FREE X1 Traction / Sport Massage Session

Save More - GKB Lion's Mane Mushroom

- High Density Foam Support Mattress

- Bestmade Trasnfer Board

- Bestmade Seat Cushion

Diaper Loyalty Program 35 Buy More Get More Medi+ Unisex Adult

Special Event

FREE Muscle Strength 9 Assessment

10 **JOIN & WIN Gintell G-Feetie Foot Massager**

ANSWER & WIN New Rental 32 Homecare Bed Prize Worth RM200

Let's Learn Together

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Pemilihan Alat Bantu Dengar Yang Sesuai

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The Story Behind

In February 2020, both parents of the founder of Silvercare, Pharmacist Chan, were involved in a car crash in Kuantan and were admitted to the hospital in a coma. When he received the call from the hospital, he was totally stunned and didn't know what to say because, at that very moment, he knew that he could have lost the two people he loved the most forever at the same time.

Upon reaching the hospital, it tore his heart to see how traumatized his parents were. His dad had to live on a respirator, and his mother couldn't even recognize him due to the internal bleeding in her brain. Fortunately, his mum finally remembered who he was after 5 days when her condition improved. But trust me, being forgotten by your mother is not an experience that you would ever want to go through again.

During his parents' recovery journey, he faced many problems that he needed to solve to ensure their fast recovery, such as getting their medicines, walking support, preparing their hospital bed, providing oxygen therapy, nutrition, diaper care, and figuring out the proper bathing method, among others.

This left him with a question: If you have no medical background, how in the world are you going to know what to prepare, where to get the equipment, and how to take care of elderly or bedridden patients?

Hence, he decided to set up Silvercare division in Alpro pharmacy all around Malaysia with the aim of helping more people like him.

What is the specialty of Alpro Silvercare?

One Stop Solution for Elderly Care and Post-Discharge Care from the aspects of medicines, nutritions, physiotherapy, rehabiltiation equipments and many innovative services.



What is Filial Piety?

It is our slogan, which in Confucianism means a virtue of respect, love, support and to be good to one's parents and elders. In general, I hope to empower the idea of taking good care of our parents and elders, just like they take good care of us when we were small.

Our vision is to minimize any suffering experienced by elderly or post-discharged patient and maximize their sense of wellness.



Reimagining A True Story...

This Affects 1 In Every 4 Seniors Aged 65 & Above.



FALLING DOWN!

Ah Ma shouted for me when she was sleeping...

Ah Ma fell down in her toilet in the room at 3am midnight when she woke up to go to the toilet. She could not move at all after the fall.

The next morning, the son found out she was still lying on the floor, feeling hopeless and crying with despair. Her baju was drenched and she was in the cold the whole night.



Ever since then, Ah Ma has been having nightmares. She couldn't sleep well and often imagined herself going to fall again. She could not focus during day time as she is constantly in fear.

The children are also having difficulty carrying her to the toilet because of the fracture.



She is constantly in pain and result in many health complications and getting weaker.

SO WHAT CAN WE DO TO **PREVENT** THIS?

It Is Not Just A Fall, It Is A Matter Of Life And Death For Them.



FALLS

PREVENTION

for Seniors in our Community

Falls among the elderly are a significant public health concern, often leading to severe injuries and reduced quality of life. According to statistics from the Centers for Disease Control and Prevention (CDC).

1 in 4 elderly aged 65 and older falls each year.

Falls are not just accidents, they are often the result of various risk factors, medical includina conditions. environmental hazards, and lifestyle choices.

Falls can happen for various reasons, and understanding these causes is the first step in prevention.

Some common causes of falls in the elderly include:

- ► Sarcopenia (Age-related Muscle Loss)
- Accidents
- Joint Pain

COMMON **LOCATIONS OF**





Bedroom

Kitchen





Bathroom

Staircase

6 TIPS to PREVENT **FALLS**

and Keep You or Your Loved Ones Safe. **MEDICATION** REVIEW

Many medications, especially those prescribed for various health conditions, can have side effects that affect balance and coordination.

For example, psychoactive medications (e.g. anticonvulsant and antidepressant), antihistamine and medication affecting blood pressure.

It's essential to review your medications regularly with your healthcare provider or pharmacist to identify any potential risks. They can adjust your medication regimen if necessary.

MAKE YOUR HOME SAFER

Creating a safe home environment is crucial in fall prevention. Consider the following modifications:



Install night lights in hallways and bathrooms to improve visibility at night.



Install grab bars in the bathroom and near stairs to provide additional support.



Use anti-slip mats in the bathroom to prevent slips and falls.



Remove clutter and tripping hazards from walkways.



USE **ASSISTIVE DEVICES**

If you experience balance or mobility issues, consider using assistive devices like canes or walkers.





These devices provide stability and support, reducing the risk of falls.

REGULAR **VISION AND** HEARING CHECKS



Poor vision and hearing can increase the risk of falls. Schedule regular check-ups with your eye doctor and audiologist to ensure your vision and hearing are at their best.

MAINTAIN PROPER NUTRITION

Eat Enough Protein

Ensure daily protein (1.0-1.2g/kg/day) for muscle growth. Prioritize quality sources like chicken, fish, beef, eggs, and

If the elderly have difficulty consuming or obtaining enough protein due to issues like reduced appetite or chewing difficulties, they may consider protein supplements. However, they should consult a dietitian or doctor if they have kidney disease.



Remember, it's essential to focus on a balanced diet with a variety of calories, not just protein.

Sufficient Vitamin D

Inadequate vitamin D affects calcium absorption and leads to muscle weakness. Obtain vitamin D from sunlight (10-15 mins, 3-4 times a week) or foods like salmon, egg fortified uolk. and items.

Food alone may not be enough, especially for the elderly, who may require supplements.



REGULAR **STRENGTH** & BALANCE **EXERCISES**

Engaging in regular strength and balance exercises reduces the rate of fall by 23%. (Catherine Sherrington et al, 2019) Activities such as using a pedal exerciser, resistance bands, or participating in tai chi classes.

66 do each exercises for 10 times! ,,



1. Half Squatting

Stand with feet shoulder-width apart, keep your back straight, squat to a 90-degree angle and hold for 3 seconds



2. Single Leg Stand

Lifting one leg slightly off the ground, hold for 10-30 seconds, then switch legs.



3. Calf Raises

Stand straight with feet hip-width apart, Rise onto tiptoes, pausing briefly at the top, Lower heels back to starting position.



4. Tandem Walking

Take a step forward, heel touching the toes of the other foot, Continue walking this way, heel-to-toe.



5. Core Strengthening

Start on all fours with hands under shoulders and knees under hips, Tighten your core, Extend right arm and left leg straight out, Hold for a few seconds.



Written by: Siow Sue Swen Alpro Pharmacist

66

Falls are a serious concern for the elderly in our community, but they are not inevitable.

By taking proactive steps to address the causes of falls and implementing practical strategies to prevent them, we can reduce the risk of injury and maintain our independence. Remember that your community pharmacist is here to support you in this journey.

If you have any questions or need further guidance, please don't hesitate to reach out. Together, we can create a safer and healthier community for all.

The 3 Keys to BUILD Your MUSCLE STRENGTH

Combination of Nutrition & Exercise is Important.





[100045772]

Metabolic Energold

3-in-1 Complete Balance Nutrition

- ▶ Kobayashi Hmb Protein
- ▶ Type 2 Collagen
- Calcium & Vitamin D



Metabolic Oteine

Premium whey protein powder can supplement in any drink/meal.



Vitamin Supplement



Vitamin D and Omega 3

Improve muscle function, reduce inflammation & scientifically proven reduce falling risk.





MDA Reg.No GMD56590164217A

Exercise Band suitable for variety of exercise.



Pedal Exerciser train lower body muscle strength.



RM 101

1 X Metabolic Oteine

3 X Exercise Band [100202118]

> **GRAB** it NOW! at Any Alpro Pharmacy outlet.

1 X Metabolic Original Flavor [70363] or Energold 1 X Metabolic Oteine [68519] 3 X Exercise Band [100202126]



With Purchase of any packages above

1 X Metabolic Energold [70363] 1 X Powerlife Essential [73026] Omega 3 60s 1 X Metabolic Oteine [68519] 3 X Exercise Band [100202134] FREE Powerlife Vitamin D3 1000iu 60s [66667]

RM 48740



PHYSIO CONSULTATION

All these medical devices registered under Act 737



MUSCLE STRENG ASSESSMENT

Choose Your Date And Outlet Now.

Areas	Date
Negeri Sembilan, Melaka	15/06 9/08/2023
COMPLETED Kuala Lumpur & Selangor	24/08 - 18/10/2023
Sabah & Sarawak	24/08 - 20/09/2023 05/10 - 01/11/2023 16/11 - 13/12/2023
Johor	02/11 - 29/11/2023
Kedah, Penang, Perak	14/12 - 10/01/2024
Kelantan, Terengganu, Pahang	25/01 - 21/02/2024





Get your result in 3 seconds!







Gintell G-Feetie Foot Massager

WORTH OF PRIZE TO BE WON!

How to Join & Win?

1)-Visit



Visit outlet to do the Muscle Strength Assessment

2-Register-



Congratulations!

You have successfully registered for 1 entry into the Lucky Draw!

+ Reward 10 Alpro points / limited x1 per Alpro member

Spend RM 1 = 1 Alpro Points

A Winner will be announced on Alpro Pharmacy Facebook Page

LUCKY DRAW ENTRY



For Silvercare Member Purchase Any "Muscle Recovery Package"

Scan Here To Like & Follow



BE OUR

Silvercare Member

How to Join?

STEP 1

Register for free at Alpro Pharmacy.



STEP 2

Join our

Facebook Group





STEP 3

Get your Silvercare Member sticker.

* Silvercare membership applicants must be individuals aged 55 years and above. Free registration only applicable for all Alpro members and it is a lifetime membership.



Exclusive Silvercare Member Benefits

FREE



Cash Voucher For Every RM200 Spent.

(For Any Items In The Store With No Star(*) Labeling in Alpro Outlet.)

3 Rebate Vouchers

FREE



Hearing Assessment Worth RM80.



Extended Warranty MGVEN Anzen reli ... able

Monthly Discounted



Every 18th Monthly Discounted Items.

Silvercare Family Day



Gathering

Selected rehab product.

*Term and conditions apply.

SPECIAL **PROMOTION**

Only for Silvercare Member

Available On Silvercare Day Every 18th Of The Month.





Every 18th

Limited X2 Per Silvercare Membe

Every Month.



*Limited X2 Per Silvercare Member

AVAILABLE ON EVERY 18TH OF THE MONTH







[72276] **ROSSMAX** AW150 **BLOOD PRESSURE METER** SPECIAL DEAL

[100060300] **POWERLIFE** GINKGO PLUS



Pharmaton

MAL19992170XCR

PHOSPHATIDYLSERINE 30S SAVE SPECIAL PRICE RM7590

[73620]





*Limited X1 Per Silvercare Member Every Month.









All these medical devices registered under Act 737

Join & Engage With Us NOW!

Silvercare

Facebook Groups



Engage With Our **Professional Medical Team**





Penjagaan dan Perkhidmatan Kesihatan Keluarga

Silvercare

Be A Part Of Our Family

Family Day



Silvercare Family

are a member benefit that takes place on the 18th of every month.

 ${\it We}$ host regular casual face-to-face gatherings that members can join to meet one another, share health information, teach how to take good care of themselves, share best practices and learn from each other's experiences.

With different topics of common interest every session will build the relationships and just have some time together to maintain their independence. Register now and join us!

Join Our Next Silvercare Family Day

NOV-MAR 2024 GATHERING!



SCAN & REGISTER





019-750 0612

OR CALL US TO REGISTER

赶快报名参加!



A Digitalized Diabetes Care Program offering affordable, tailored subscription plans to meet all your diabetes management needs.

If you find yourself struggling with blood glucose management alone, SugO365 can help you, finding out the reasons for the highs and lows with you.

If you're uncertain about what to eat for lunch, SugO365 can help you, choosing the options that are not only diabetes-friendly but also satisfy your appetite.

If you are not sure how much carbohydrates to eat during each meal, SugO365 can help, calculating the carbohydrates that you can take, tailored with your eating pattern and lifestyle.

Your best Glucose Buddy!

We understand the challenges you face and we are here to hold your hand through them all. With SugO365, you'll receive personalised care from dietitians and nutritionists via a user-friendly mobile app. You'll also receive free face-to-face consultations and valuable diabetes health tips.

Over the past two years, we've proudly published two diabetes booklets, which have benefited thousands of individuals — whether they live with diabetes, have family members who do, or are friends and caregivers. This year, SugO365 team is thrilled to present "Unfolding Diaries of Diabetes Warriors" with 25 real stories that reflect the journeys of those living with diabetes. We hope these stories provide strength and inspiration to support your journey with diabetes.

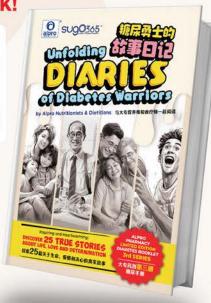
Remember, you are not alone in this fight, SugO365 is ready to support and uplift you for a healthier and happier life. Join us today and regain control over your life with SugO365!

Subscribe to any SugO365 plan to get a FREE PHYSICAL BOOK!

OR SCAN QR code to get your









Why Are My Blood Glucose Levels Always



Why is glucose test So expensive?



Argghh.. forgot to record again?



Can I eat this? Can I eat that?



SU90365*

DIABETES CARE

Subscription Plan

SUGOTrial+plus

SUGOPro

SUGOVIP

SUGOCombo

FIRST TIME USER

NEWLY DIAGNOSED AND FREQUENT USER

RM150

PWP: RM90

RM60 + Confidurable for no Meter Starter

(2 MONTHS)

50+25_{PCS}

RM260

(6 MONTHS)

300 PCS CONTOUR®PLUS Test Strips

FREE CONTOUR®

RM850

RM360

(12 MONTHS)

500 PCS'

FREE CONTOUR®
PLUS ONE METER

st Strips

Other transfer of the strip of th

LONG TERM USER

RM1700

RM720

(24 MONTHS)

Max.cap of 1000 PCS' CONTOUR®PLUS Test Strips

FREE CONTOUR ® PLUS ONE METER



Sign Up NOW!



Largest in Malaysia

Repair Service

FOOTPLATE

BRAKE

TYRE

ALIGNMENT & BALANCING

ARMPLATE

SEAT

Theelchair Alignme CLEANING

Let's make your wheelchair safe & comfortable to use again!













BOOK NOW! 019-750 0612



Full Range Of Spare Parts & Accessories

> Service Charge As Low As

Excluded changing new spare parts



Kill 99.9% Of Viruses & Bacteria



Door-to-door Service *Depend on areas



Services Done Within 15min

*Depend on areas

15 min, unless high crowd in outlet then need to put down first and get back later.



*Important Notice: T&Cs Apply. I Images are for illustration purposes only. I For Allianz Insurance customer enjoy silvercare member service charge. I



















7 Days

Exchange Return Guarantee

Up to RM300

Buy Back Value *Selected Model

12 Months

Warranty *Frame Onlu







STANDARD WHEELCHAIR

BMATE-CA902 Standard PVC

PRO MEMBER

 Fixed Backrest/Armrest/ Footrest



HOSPITECH-SEN-SWC-STD-101 Standard Wheelchair 16kg

· Fixed Backrest/Armrest/ Footrest

· Weight 16kg

RM 279

MDA Reg.No: GA7791220-41048



Fixed Backrest/Armrest

· Weight 12.5kg Detachable Footrest

[100126044]

RM 380

MDA Reg.No: GA3292220-45340

soma 105

Standard Aluminum Wheelchair

· Standard Lightweight

· Stylish & Durable

RM-749 RM

MDA Reg.No : GA5627119-34201



Standard Basic

· Standard Lightweigh

 Aerospace-Grade Alum Alloy Frame

RM 1,535

MDA Reg.No: GA8714420-42791



LIGHTWEIGHT & COMPACT

MCVEN Q05 20INCH Lightweight

MDA Reg.No : GA2911519-32159

 Light Weight Aluminium Alloy Frame

• 20" Rear Wheel

Flip-up Armrest

Flip-up Leg

MDA Reg.No : GMD61644891918A



Buy Back Available Within 18 Months

HOPKIN WS-HRW-CSJ

Compact Steel Wheelchair

Steel Frame

Fixed Armrest & Footr

Flip Down Backrest

RM 419

MDA Reg.No: GA4849722-91090

BMATE BA1769LFH-A Light Aluminum Wheelchair 20

· Light Weight Aluminium Fran

Fixed Arm Rest

· Flip-up Legrest

RM 639 RM 529

KAWAMURA

[100045004]

Rollator Wheelchair

Japan Brand

Max user weight: 100kg

3 In 1 Functions

Rollator Mode

RM 2,499 MDA Reg.No : GA8714420-42791

MDA Reg.No : GA7200920-40816

MCVEN Supreme Deluxe Wheelchair

 Extra Comfort For 165cm & Above

Breathable Cushion

& Upholstery Foldable Backre

RM 1,399 RM 9

MDA Reg.No : GA607920-38659

karma ERGOLITE 2

Lightweight Wheelchair

 Aircraft Grade Aluminur Alloy Frame

 Detachable Legres [100105014]

RM 2,122 RM

MDA Rea.No: GA6765919-33289



MGVEN

Active Sport Wheelchair

- · Tension Adjustable Backrest
- · Quick Release Rear Wheel
- Lightweight & Compact



Take Note:









6 Months Installment Available.

All these medical devices registered under Act 737

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice | Price display is Alpro Member Price. | Installment Available For CIMB & Maybank Credit Card Holder Only. |

TRAVEL & TRANSPORT WHEELCHAIR

MGVEN BM6689LFH Travel Wheelchair

- · Aluminium Frame
- · 8" Castor Wheel
- · Breathable &



MDA Reg.No : GA6545721-52265

MCVEN BM01LABJ-12 INCH Transport Wheelchair

- 12" Transport Wheelchair
- Swing Footrest Detachable Footres
- Foldable Backrest

[100079383] RM 699

MDA Reg.No: GA9618422-91832

MCVEN Q05 16INCH

Alloy Frame

• 16" Rear Wheel

Flip-up Armrest

· Flip-up Legrest

RM 899

Lightweight Wheelchair

· Light Weight Aluminium,

soma 215 Lightweight Aluminum Wheelchair Compact &

Ultralight Swing-away

Footrest [100041904]

RM 839 MDA Reg.No : GA5627119-34201

Travel Wheelchair

Aircraft Grade

Aluminum

RM 1,789

RM 1,699

MDA Reg.No : GA6765919-33289

Alloy Frame

· Compact & Ultralight

karma ERGOLITE KM2501

KAWAMURA

Portable Wheelchair

- Compact & Ultralight
- Aerospace-Grade



RM 1,950

MDA Reg.No : GA8714420-42791

- Detachable Legrest
- Flip-up Armrest Compact &



RM 2,250

MDA Reg.No: GA8866823-124449



EASY TRANSFER (DAF) WHEELCHAIR

MOVEN BM3979LFH Flexi Plus

- Hexagonal Pattern Seat & Backrest
- · Seamless Elliptical Frame
- Swing-away & **Detachable Footrest**



soma AGILE

DAF Wheelchair

· Flip-back Armrest Detachable Legrest

MDA Reg.No: GMD79630799918A

• Easy Transfer

· Self-Propelled

RM 1.299 RM 1,234

MDA Reg.No : GA4132622-89655 karma S-ERGO 125

· Aircraft Grade Aluminum

DAF Wheelchair

Alloy Frame

[100042050]

RM 2,000 RM 1.900

Flip-Back Armrest

MDA Reg.No : GA6765919-33289

Detachable Leg

KAWAMURA

Comfort DAF

- Tension Adjustable **Backrest**
- Comfortable With Extra Cushion 🤌
- Detachable Armrest & Footre [100045038]

RM 2,345

MDA Reg.No : GA8714420-42791



- · Easy Transfer Flip-back Armres
- · Detachable Legi Max Capacity

140kg [100186527]

RM 2,310 MDA Reg.No : GA8358723-123921

CCOMFORT L2 18-INCHES Lightweight Wheelchair

- · Adjustable Seat Height
- Adjustable Armrest Height Quick-release

Rear Wheel

[100186360] RM 3,250

RM 2,690

MDA Reg.No : GA8358723-123921





DAF Wheelchair

- Adjustable Seat Height
- Tension Adjustal Backrest
- Detachable Armrest & F

^{RM} 3,304

MDA Reg.No : GA8714420-427



Use Together

BESTMADE COCCVX Memory Foam Séat Cushion

- Pressure Relief
- Cooling Gel Pad
- Washable Outer Layer



MOSAIC® 18" Cushion with Cover

- · Shape Adjustable
- Easy To Adjust
- Cell Height 7cm



RM 480

MDA Reg.No : GMD41951983319A

Cushion For Your Pressure Relief & Comfort **ROHO®**

QUADTRO SELECT® HIGH PROFILE® 18" Cushion

- · Made Of Soft, Flexible Aircells
- Quick And Easy Adjustments
- · 4" Cell Height



MDA Reg.No : GMD33837925218A

Take Note:







12/24/60 Months Warranty on frame manufacturing defect.



6 Months Installment Available.

All these medical devices registered under Act 737

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BEST SELLING WHEELCHAIR

RECLINING & POSITIONING WHEELCHAIR



MDA Reg.No : GA5714522-98423



karma VIP2

Positioning Wheelchair

• 2 in 1 (Tilt & Recline)

 Tension Adjustable Backrest

[100042134]

RM 5,599

RM 5.319

MDA Reg.No : GA6765919-33289





Reclining Wheelchair

- Detachable & Flip Back Swing Armrest
- Detachable Swing Way Elevating Footrest
- Max Capacity 140 Kg

[100186378] [100186386] 18-INCHES 20-INCH

18-INCHES 20-INCHES RM 2,490 RM 2,668

MDA Reg.No : GA8509923-125141



KAWAMURA FULL **Reclining** Wheelchair

- Reclining Back Support
- Soft & Comfortable
- Adjustable Armrest



100045020

RM 3,840 MDA Reg.No : GA8714420-42791



Composit* L7 18-INCHES Aluminium Tilt-in-space Wheelchair

Easily Tilt And Recline

Comfort Air
 Mesh Upholstery

[100186444]

RM 8,034

RM 6,695

MDA Reg.No : GA8566923-124451



XL & HEAVY DUTY WHEELCHAIR

SPECIAL CONDITION

MOVEN BM659XQ Heavyduty Wheelchair

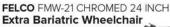
- Flip Up Armrest
- Detachable Footrest

[74527]

RM 1,100

RM 850

MDA Reg.No : GA1462521-55663



Flip Up Armrest

Detachable Footrest

RM 899

[74066]

MDA Reg.No : GA35873477817



ELECTRIC WHEELCHAIR

MGVENGO

Electric Wheelchair

- Aluminum Alloy Frame
- Simple Operation
 Interchange Manual & Electric Mode

[68088]

RM 8,395

RM 5,099

MDA Reg.No : GMD79630799918A



- Flip-up Armrest & Footrest
- Easy Foldable
- Travel up to 15km
 [100174713]

RM 3,390

RM 3,290

MDA Reg.No : GA3664723-126865





COMMODE WHEELCHAIR

HOPKIN

Commode Wheelchair

- Chrome Steel Frame
 Fixed Backrest/Armre
- Fixed Backrest/Armrest/ Footrest
- Comes with Detachable Plastic Seat Tray and Pot



MOVEN 606LABJ

Commode Wheelchair

- Caring & Comfortable Design
- Foldable Backrest
- Foldable Footrest



RM 729 MDA Reg.No : GMD39058823418A

COMFORT* SL-155-B-606 Alumnium Commode

Wheelchair

- · Pu Seat With Front Opening
- Easy Transfer
- Max Capacity 140 Kg



[100186394] 18-INCHES

RM 2,450 RM 2,548

MDA Reg.No : GA8154923-125477

COMFORT* SL-155B-60624 Alumnium Commode

Wheelchair

- · Pu Seat With Front Opening
- Quick-release Rear Wheel
- · Easy Transfer



[100186410] 18-INCHES

[100186428] 20-INCHES

With Any Wheelchair

RM 3,280 RM 3,315

MDA Reg.No : GA8154923-125477

Take Note :







12/24/60 Months Warranty on frame manufacturing defect.



6 Months Installment Available.

All these medical devices registered under Act 737

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66 Dah lama atau rosak?

Trade in jer,

Dapat yang baru!





Get Your Trade-in Program In 3 Steps



Text or Call Us To quote the trade-in value of your old wheelchair.

019 - 984 2923

Or Directly Bring Your wheelchair to Any Alpro Pharmacy Outlets.



Choose one of the wheelchairs



Moven Flexi Plus



Moven Q05 16" / 20"



Transport Wheelchair





Made payment & collect your **NEW WHEELCHAIR!!!**



One-handed Grab Support



HOPKIN

Walking Stick - T-shape (Black)

RM 28

MDA Reg.No : GA7914922-95180



ANZEN BA338I3 Adjustable Walking Stick [70665]

RM-59 RM 42

MDA Reg.No : GA4965520-38265



ANZEN BA538L1 Foldable Walking Stick [70666]

RM-69_ RM 45

MDA Reg.No: GA7978920-38261



HOPKIN

Foldable Walking Stick [100156363]

RM 3090

MDA Reg.No : GA7914922 - 95180



ANZEN BA1148 Quad Cane Narrow / Broad Base

RM-89_ RM 63-69

MDA Reg.No : GA8656520-38275



BMATE BB1148 Aluminum Quad Cane Narrow / Wide Base [74533 / 74534]

RM 53

MDA Reg.No : GA8502921-53777



Take Note: 12 Months Warranty.

Two-handed Grab Support



BMATE BB118L Aluminum Reciprocating Walker

RM 109

MDA Reg.No : GA8911321-52637



ANZEN BA118L 2 in 1 Walking Frame

RM 189 RM 136

MDA Reg.No : GA7163120-38298



ANZEN BA118LG-5 2 Wheeled Walker

RM-249 RM 156

MDA Reg.No : GA4251520-38253



HOPKIN

Rising Walking Frame [100049915]

RM 129

MDA Reg.No : GA2120722-100701

Walk And Rest



ANZEN BA638 Tripod Cane Seat

RM-89_ RM 70

MDA Reg.No: GA4489320-38291



GREENCITY C911 Chair Cane / **Praying Chair**

RM 8290

Injury Support



ANZEN

BA108LM / BA108LL **Shoulder Crutches** Adult / Giant

RM 129 RM 82

MDA Rea.No : GA4267920-38283



BMATE BB108LM Alluminum Shoulder Crutches 1 Pair 1745351

RM 65

MDA Reg.No : GA8641921-52661



ANZEN BA158L2 Elbow Crutches 1's

RM 6450 RM 4150

MDA Reg.No : GA4468220-38250



HOPKIN

Elbow Crutch Alum

RM 32

MDA Reg.No : GA7914922-95180

SPECIAL!



ANZEN Folding Hiking Pole 90cm-110cm [100005701] 110cm-135cm [100005719]

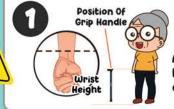
RM 105 RM 79

PROLIFE Aluminium 2 In 1 Rollator

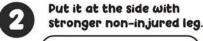
RM 520 RM 480

MDA Reg.No : GA9138622-103794

2 Correct Methods To Use The Walking Aid



Adjust the height correctly.









Service Charge

On The Repair of Anzen **Walking Aids**

7 Days

Exchange Return Guarantee

Exchanges

1 Session Of Rubber Tip Within 12 Months



All these medical devices registered under Act 737

*Important Notice : T&Cs Apply. I Images are for illustration purposes only. I Price subject to change without prior notice. I Price display is Alpro Member Price. I





Commode Chair

HOPKIN ECON. [100105105] Folding Comm Seat

| Foldable | | Easy storage & transportation



MDA Reg.No : GA8337622-1009

HOPKIN ECON. [100049907] Folding Comm Chair / **Back Rest**

Foldable I Easy carry & storage |

RM 119

MDA Reg.No : GA8337622-10093

HOPKIN DELUXE **Heavy Duty XI Epoxy** Comm Chair

Foldable I I Easy carry & storage | [100051945]

RM 339

MDA Reg.No : GA8337622-100931

HOPKIN Folding Comm Steel

| Foldable | **Height** adjustable

RM 189

MDA Reg.No : GA8337622-10093

ANZEN BA517L Alum Comm

I Anti-slip handle | Foldable & lightweight I I Height adjustab [70704]

RM 288

MDA Reg.No : GA8348520-38277



Toiletseat Raiser

| Fits Over The Toilet Bowl | | Height Adjustable | | Easy Cleaning | [100045384]

RM 599

HOPKIN Alum Shower

Chair W/Armrest &

| Anti-rust material |

| Height adjustable |

MDA Reg.No: GA8337622-100931

oetac SWIFT

13 In 1 Function

RM 1,150 RM 9

cetac CLEAN

Shower Comm

| Slim But Roomy |

MDA Reg.No : GA2296821-78624

shower buddy SB6W

Self-maneuvering I

RM 3.850 RM 3.

MDA Reg.No : GA5533523-125545

Designed For

136 Kg Weight

Capacity |

Roll-in Showers

Roll In Buddy Solo

RM 3,900 RM 2,798

| Fits Over The

Toilet Bowl I

[100045426]

| Enables

MDA Reg.No : GA2296821-78624

Commode

Adjustable I

Height

[100045368]

Backrest

RM 169

cetac HI-LOW with Bracket

| Stable And Comfortable | | Various Size 6cm & 10cm |

| Secure Fitting |

MDA Reg.No : GA2296821-78624

MOBILIS CPL-03TLSR-001 **Toilet Handrail Frame**

| Aluminium Framework | Adjustable Armrest Height I Armrest Detachable | 4" Suction Cup I

ANZEN BA516L **Alum Comm Mobile**

12 safety wheels with locker I Foldable I | Lightweight |

I Height adjustable I RM 430

MDA Reg.No : GA9531220-38272

MDA Reg.No : GA2296821-78624

Shower Chair

With Slide Handle

Height adjustable Padded side arms Lightweight Aluminium

RM 250

RM 230

oetac SWIFT

| Stable On Any Floor I l Height Adjustable I

RM 74 RM 790

MDA Reg.No : GA2296821-7862

Shower Chair

cetac EDGE

Shower Stool

| Height Adjustable I Easu To Assemble I. [100045392]

RM 395

MDA Reg.No: GA2296821-78624

NEOLEE Showerchair

showerbuddy SB6C Roll-in Buddy Lite

Mobile Commode | Supports Up To 136kg User I | Adjustable Height |

RM 3,360 RM 2,

MDA Reg.No : GA5533523-125545

Shower Chair

[100045442]

Eco Traveler

A Carry Bag I Portable I

| Fold Down To Fit In

shower-buddy SB7E

cetac CLEAN MOBILE

Toilet Bowl I Easu To Manoeuvre

I Fits Over The

RM 4,500

Ultra-compact | RM 1,950 RM 20 MDA Reg.No : GA6465523-116866

shower buddy

Roll-in Buddy XL **Bariatric Comm**

I Highly durable, lifetime warranty frame I | Excellent choice for larger

individuals | 22/26" seat width |

[100191204] SB6C 22

SB6C 26 RM 4,260

[100191212]

RM 3,315 MDA Reg.No : GA5533523-125545 MDA Reg.No : GA5533523-125545

Transfer Chair

MOBILIS MO-890 **Nursing Transfer** Comm Chair_

Height adjustable Capacity 120kg

[80759] RM 2,800

RM 2,500 MDA Reg.No : GA4933721-58038

MOBILIS MC890-A Height Adjustable Comm Transfer Chair

I Dual Hydraulic Lift System I Capacity 100kg (100170687)

RM 3,000

RM 2,700

MDA Reg.No : GA4933721-58038

MGVEN BM60261

Commode Chair

Impaired User I

Easy Transfer le

Comfortable And Safe Bathing

Tilt-in-space Shower

Suitable For Mobility

Tilt-In-Space Shower Chair

shower buddy SB3T

Roll In Bath Shower Commode Chair With Tilt

| Comfortable Showering Experience I Better Access

During Bathing Infinite Positioning [100191147]

RM 6,480

MDA Reg.No : GA5533523-125545

RM 1,600 MDA Reg.No : GA2774322-97076

COMFORT LY-158-A

Multi-function Shower Commode Wheelchai

I Aluminum Tilt Shower/ Commode Chairl Reduce Pressure From A Seating Position I

I Truck Support For Body Balance I [100186436]

Take Note:

RM 7.450

MDA Reg.No : GA8598323-123913





Lifetime Warranty On Frame

All these medical devices registered under Act 737

Important Notice : T&Cs Apply. | Delivery charge excluded. | Images are for illustration purposes only. | Installment Available For CIMB & Maybank Credit Card Holder Only. | Price subject to change without prior notice. Price display is Alpro Member Price. 160 months warranty for Etac brand on manufacturing defect only.

TRADE = OL D = PROSPER!

shower buddy

SB7E

Eco Traveller 100191238



Grade 304 Stainless Steel Parts & Hardware



No Rust Premium Aluminium Frame (6061 T6)



Lifetime Warranty **Against Corrosion**



RM200 REBATE

TRADE ANY COMMODE WHEELCHAIR!



>>>> Get Your Trade-in Program In 2 Steps

Contact us





Or approach any Alpro pharmacy outlets.



Make Payment & Collect Your NEW WHEELCHAIR





Test Equipment: Two drum Test Machine **Drop Test Machine** Impact Test Machine





40 YEARS EXPERIENCED

L7 18-INCHES ALUMINIUM **RECLINING & TILT-IN-SPACE** WHEELCHAIR 100186444

Registered under Act 737 with Medical Device Authority Malaysia Registration number: GA8566923-124451

RECLINING WHEELCHAIR

PRESCRIPTION WHEELCHAIR

TRANSPORT WHEELCHAIR

COMMODE WHEELCHAIR



K9

18-INCHES STEEL RECLINING WHEELCHAIR 100186378

Registered under Act 737 with Medical Device Authority Malaysia Registration number: GA8509923-125141

L2

18-INCHES LIGHTWEIGHT WHEELCHAIR 100186360

Registered under Act 737 with Medical Device Authority Malaysia Registration number: GA8358723-123921

K7-812A

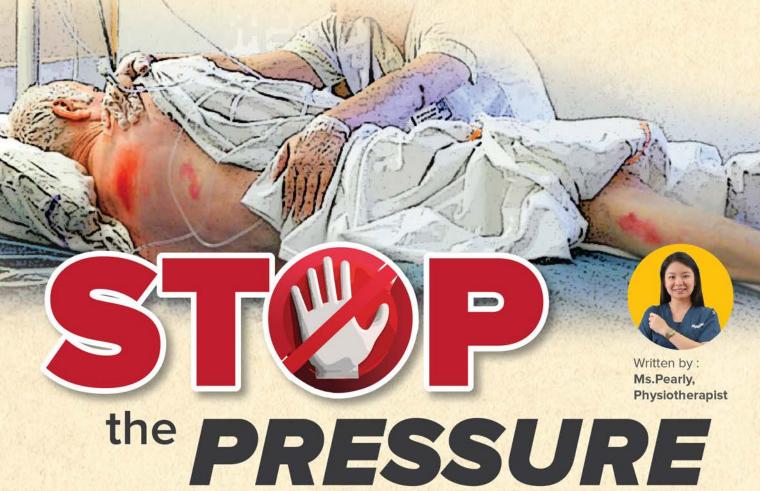
18-INCHES **TRANSIT** WHEELCHAIR 100186535

Registered under Act 737 with Medical Device Authority Malaysia Registration number : GA8866823-124449

SL-155-B-606

18-INCHES ALUMINIUM COMMODE WHEELCHAIR 100186394

Registered under Act 737 with Medical Device Authority Malaysia Registration number : GA8154923-125477



What are **Pressure Ulcers?**

Pressure ulcers, or bedsores occur due to prolonged pressure or friction in the same region, causing reduced blood flow to your skin.

Lacking blood flow can cause the skin cells to die in as fast as 2hours! As the dead cells break down, a pressure ulcer injury form.

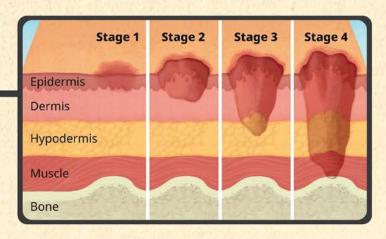
Symptoms of **Pressure Ulcers**

- Unusual changes in skin color or texture.
- ➤ Swelling.
- Pus-like draining.
- An area of skin that feels cooler or warmer to the touch than other areas.
- ► Tender areas.

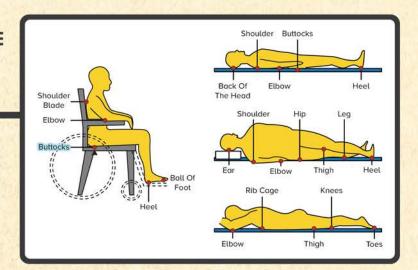
Who is At Risk for Pressure Ulcers?

- People with thinner skin (eg. Elderly)
- Limited mobility or bed-ridden
- In a coma or a vegetative state
- Chronic paralysis
- Frequent use of wheelchairs
- Wear casts, splints, or prosthetic devices

STAGE OF **PRESSURE ULCER**



PRESSURE ULCER COMMON SITES



Pressure Ulcer Prevention

The first step in preventing bedsores is reducing the pressure and friction that may cause it.

Some of the methods include:

Using support surfaces.

Use a mattress, bed or special cushions that help the patient to sit or lie down in a way that protects fragile skin.

Maintain good hygiene

Moisture (eg. Sweat, urine, faeces) can weaken the skin, increasing the risk of pressure sore. Use high absorption diapers, always keep the skin dry and clean, and check if there is any skin redness on pressure points.

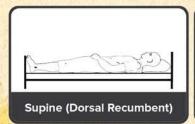
Repositioning.

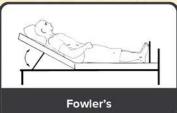
Turn and change the patient's position as often as possible. It is advisable to do this every 2 hour. Additional cushions or special devices could be used to relieve the pressure points.

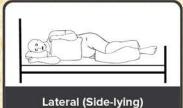
Adequate protein intake

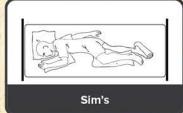
Adequate protein and nutritional intake is essential for maintaining healthy skin tissue and speed up wound healing.

Patient repositioning can be done in different ways, such as:









66 Is there a better alternative to the strenuous manual repositioning?

THE ANSWER IS

However, manual repositioning could be tiring and time consuming for a caregiver.

Besides, it increases the risk of lower back injury if the caregiver has poor patient handling skills.

Getting to Know

RIPPLE

Ripple mattress, or air mattress adapts alternating pressure in different compartments to mimic the natural sleeping pattern. The main function of ripple mattress is to relieve pressure points and prevent the formation of pressure ulcers.

Pressure ulcer places a threat to your health! Severe stage of pressure ulcers would increase your risk of life-threatening infections. Besides, you will need to spend a huge amount of time, effort, and money to heal the infected wound.

Ripple Mattress Selection

It is important to select the suitable ripple mattress to ensure progressive recovery achieving optimum treatment outcomes. Not sure how to pick the best ripple mattress for your loved ones?

Follow these steps as a guideline:

STEP

Define the purpose.

Is it for prevention or focusing on ulcer wound care and treatment?

Choose the correct weight capacity.

Each ripple mattress designed uniquely with different product performance.

Make sure the product is safe to use.

Safety declaration certificates to ensure the ripple mattress is up to standard quality control.

Important Note

Early Detection and Prevention is the key in pressure sore management. Taking care of a bed-ridden patient can be much easier with the use of proper pressure ulcer prevention equipment and special devices.





SCHARGE CARE











MANUAL HOSPITAL BED





ELECTRIC HOSPITAL BED





Take Note:

12 Months Installment Available.

12 Months Warranty for Motor.

All these medical devices registered under Act 737

*Important Notice: T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice | Price display is Alpro Member Price. | Installment Available For CIMB & Maybank Credit Card Holder Only. | Please consult your doctor for the interpretation of results and diagnosis. |

RIPPLE MATTRESS



12 MONTHS WARRANTY

APEX DOMUS 1, Bubble | 2.5" height bubble cells | Medical Grade PVC I | Suitable for prevention |

RM 450

RM 350

MDA Reg.No: GMD25608743518A



APEX DOMUS 2, Tubular

| Pillow Function | Nylon/PU Cover | | CPR quick release tab | | Ventilated low-air-loss | | Weight indicator reference | [53166]



MDA Reg.No : GMD25608743518A

Biocompatability

6

Water Resistance

Flame





APEX DOMUS 3, Tubular

I Suitable for high risk pressure injury I | 5" height mattress | | Superior medical grade | | Dual therapy modes |



RM 3,650 RM 4.200 MDA Reg.No: GA6298720-42801

APEX DOMUS AUTO, Tubular

| Suitable for medium to high risk patient | Automatic pressure relief system | Multiple therapy modes for better patient care |

All items is registered under Act 737



Applicable only in Selected area: Kuala Lumour, Selangor and Negeri Sembilan.



Domus 1 Suitable for

Stage 1 for prevention



STAGE 1 Skin intact Non-blanchable erythema.

Domus 2 & Domus 3 Suitable for

Prevention and ALL stages of Pressure Ulcer.



STAGE 1

Skin intact · Non-blanchable erythema.



STAGE 2

- Partial loss of dermis
 - Shallow open ulcers



STAGE 3

- · Full thickness skin loss Fat exposed.



STAGE 4

· Full thickness skin loss. Exposed bone, muscle or tendon.



UNSTAGEABLE

- Covered with slough or eschar.
- Depth undertermined.



SUSPECTED DEEP TISSUE INJURY

- · Purplish skin discoloration.
- Potential for deeper tissue damage.

EXTRA TIPS

1. Must use TED Stocking

To improve blood circulation & reduce chance of blood clot at the leg due to immobility.

UGOKU UA-010 Anti-Embolism Stocking



RM 79 RM 59

MDA Reg.No : GA6357820-40765

2. Body repositioning every 2 hours.



MATTRESS

MOVEN Hospital Bed

FOLDABLE PU MATTRESSS 3 FOLDS

| Use for hospital bed | Nursing bed I I Good ventilation

make comfortable |

3 INCHES RM 300 [61969] 4 INCHES RM 400

HAPPI HI-DENSITY Support Mattress 4" thickness mattress | 1 100% first hand material |



Take Note:



6 Months Installment Available.

12 Months Installment Available.

All these medical devices registered under Act 737

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice | Price display is Alpro Member Price. | Installment Available For CIMB & Maybank Credit Card Holder Only.

Faster & Save More!

Renting A Hospital Bed?







FASTER

It's Foldable! Just Pay And Carry It Home. No Waiting time Or Extra Fee For Delivery



SAVEMORE

Enjoy Extra Convenience At The Same Price As A Manual Bed As Low As RM5/day!



The Electric Function and Remote Control Makes Adjusting The Bed Height Easier For You.



ANSWER

What are the three (3) benefits of the Electric Homecare Bed?

(Refer to Answer Above)



SUBMIT



Scan & Submit your answer by 31 Dec 2023





ANGELBISS Oxygen Concentrator WITH NEB (5L/MIN) Supply oxygen continuously.

3,500

MDA Reg.No : GB6802321-60838

Oxygen Concentrator 7F-10 (10L/MIN) Supply oxygen continuously. RM 6,740

MDA Reg.No : GB5929419-34859

YUWELL

Oxygen Concentrator (5L/MIN) Indoor & outdoor supply oxygen continuously.

HUMIOXY Portable

OUTDOOR RM 10.800

MDA Reg.No : GB8793420-38468

Oxygen Supply Sales & *Rental Service

00[]

O

SEAMLESS STEEL Cylinder Oxygen Tank SET 10L

Exist in difference sizes for emergency oxygen supply.



BERRY **Pulse Oximeter** BM1000C

Detect oxygen level and heart rate. [64450]



Oxygen Therapy Must Use

RM 99

MDA Reg.No: GC1470622-89555

LYCO Pulse Oximeter PG1050C

Highly accuracy with upgraded Cypress CPU.



RM 469

MDA Reg.No : GC9264520-47073

Breathing Care

YUWELL **Suction Pump** 7E-C

Helps to remove excessive mucus in airway. [54836]

RM 600 RM 518

MDA Reg.No: G81043922I-54335

ANGELBISS Suction Pump

Helps to remove excessive mucus in airway. 1669851

RM 500

MDA Reg.No : GB718071343619

Accessories

Humidifier Bottle To moisten the air

coming out from oxygen tank/oxygen concentrator.



Oxygen Tank Regulator To regulate delivery





MDA Reg.No : GC4490623-122110

Nasal Cannula

To ease the delivery of oxygen into lungs via nose.



Suction Catheter

Use together with suction pump to remove thick mucus.



Oxygen Mask

To ease the delivery of oxygen into lungs via nose and mouth.





Nebulizer

ROSSMAX Compact Nebulizer NB60

Turning liquid medicine into fine mist for patients to inhale.

[100144385] RM 295

MDA Reg.No : GB52961338117

APEX

Miniplus Nebulizer

Lightweight & convenient. Turning liquid medicine into fine mist for patients to inhale.



frequent traveller.

Nebulizer

1556991 RM 378

PORTABLE

APEX MobiMesh

Palm Size nebulizer for

outdoor use. Suitable for

MDA Reg.No : GB10476120-46946

ANGELBISS Valve **Holding Chamber**

Makes a metered-dose inhaler easy to use. Suitable for children and the elderly.

Infant [68081] Child [68080] Adult [68079] RM 60



MDA Reg.No : GMD71231669618A

Take Note:



6 Months Installment Available.



12 Months Installment Available.



60 Months Warranty.





All these medical devices registered under Act 737

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice | Price display is Alpro Member Price. | Installment Available For CIMB & Maybank Credit Card Holder Only.







| Easy Installation | Easy Access I Height Adjustable

[100044965]



PROLIFE MO-BR03

Bed Assist Bar

I Height adjustable legs & grip bar I

I Helps users get in and



PROLIFE Electric Patient Hoist (LW06201)

Electric operated | Easy to transfer |

| Patient Lifter |

[100178110]



MDA Reg.No :GA6655922-105086

HOPKIN Over bed table

High adjustable | Multi-purpose table Steel frame with H leg |

| Laminated top |



MOBILIS

Bed Wedge Pillow

Strong support I Spread the pressure I | Comfortable fit |

60 x 25 x 20cm (L x W x H))



HOPKIN

Adj Bed Backrest

Sturdy metal frame I Five easily adjusted angles |

Folds easy to store and transport |



PROLIFE HCR-USC Waterproof Turnover "U" Shaped Cushion

Relieve the difficulty of nursing excretion | Change position easily I Assist rehabilitation exercise

[100168228]



COVIDIEN SHILEY

Tube Tracheostomy Tube Cuffless With Inner Cannula

| For pulmonary hygiene | directs breathing through upper airway

[62356]



RM 24060

SILICONE

Stomach Tube For Single Use **Ryles Tube**



RM 38

Ryles Tube

Nasogastric Tube Used for nasogastric introduction |

Nutrition & aspiration | Sterile & Latex-free |

Sizes: 8FG [33354] 10FG [42858] 12FG [33358] 14FG (33355) 16FG [33356] 18FG [33357]

RM 350

Two-way **Foley Catheter**

Collects urine I Urinary incontinence | | Partially flexible tube |

Sizes: 12FR [43690] 14FR [43691] 16FR [43692] 18FR [43693] 20FR [58576]

RM₄

Male External Catheter

Condom Catherer x 1's Natural rubber latex | Flexible sheath | | Urinary incontinence |

Sizes:

S - 25mm (w) [66028]

M - 30mm (w) [66029]



RM 2

Urine Bag 2L

| Collection & temporary storage of urine l |To urinary incontinence user |



RM 260

Plastic Urinal

Male / Female

Pass urine on bed without spillage |



MDA Reg.No: GMD14908558718A

RM 1290

MOBILIS CPL-BP-C **Bedpan With Cover**

Movement on the bed without spillage Patients difficulty to move lower body |



RM 2550

MDA Reg.No: GMD14908558718A

MOBILIS MO611B Basic Bed Pan

I Movement on the bed without spillage | Patients still can move

lower body |



RM 2140

MDA Reg.No : GMD14908558718A

Take Note:



12 Months Warranty On Manufacturing Defect

All these medical devices registered under Act 737

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1 JAN 2023 - 30 JUNE 2024



PRICE DISPLAY IS MEMBER





MEDI PREMIUM UNISEX 10S



Size / Waist : M / 77 - 115 cm [100067636]

RM 3460 RM 2960

Absorbency: ****

MEDI PREMIUM UNISEX 10S



Size / Waist: L / 90 - 127 cm [100067644]

RM 3833 RM 3350

ABSORBA

ABSORBA &

Absorbency:

MEDI PREMIUM UNISEX 10S



Size / Waist: XL / 102 - 165 cm [100199728]

RM 3650

Absorbency: ***



ABSORBA Nateen SOFT Size / Waist:

M / 95 - 125 cm [63702] L / 115 - 150 cm [63703] ABSORBA A

RM 1680- RM 2080 Absorbency: 🄞 🔞 🔞 🔞 💧 🔷

ABSORBA Nateen PLUS Size / Waist :

M / 95 - 125 cm [63704] L / 115 - 150 cm [63705]

RM 2180- RM 2580 Absorbency: ♦♦♦♦♦♦♦♦♦♦♦♦♦ ABSORBA Nateen SUPER Size / Waist :

M / 60 - 120 cm L / 80 - 160 cm XL / 100 - 170 cm [65054]

[64209] [64210] RM 2880_ RM 3380

Absorbency: 🄞 🄞 🐧 🐧 🐧 🐧 🐧 🐧 🐧



ABSORBA AFINA

Adult Pants 10'S Size / Waist: M 10S / 60 - 120 cm

RM 1980 Absorbency: 666666 ABSORBA AFINA

Adult Pants 9'S Size / Waist: L 9S / 115 - 150 cm

RM 1980

Absorbency: ♦♦♦♦♦♦♦♦♦♦

ABSORBA AFINA Adult Pants 8'S

Size / Waist: XL 8S / 100 - 160 cm RM 1980

Absorbency: 666666



CERTAINTY

Adult Tape M 10S Size / Waist: M / 78 - 105 cm

RM 1890

Absorbency: ♦♦♦♦♦♦♦♦♦♦♦♦♦



CERTAINTY

Adult Tape L 8S Size / Waist: L / 90 - 131 cm

RM 1890

Absorbency: ♦♦♦♦♦♦♦♦♦♦♦♦♦

Certainty

CERTAINTY Dry Pants Size / Waist : M / 65 - 90 cm L / 80 - 105 cm 9s 772508 XL / 95 - 125 cm 8s

RM 1790

Absorbency:

Certainty



TENA VALUE Size / Waist: M / 81 - 112 cm L / 114 - 147cm

[100046028] [100046036]



Absorbency: ♦♦♦♦♦♦♦♦

TENA SLIP SUPER Size / Waist: M / 71 - 122 cm L / 91 - 144cm

[31023]

RM 2688- RM 3088

Absorbency:

TENA Proskin Pants PLUS Size / Waist: [57553] M / 80 - 110 cm L / 100 - 135cm [11327]

XL / 120 - 160cm [53923]

RM 2870- RM 3888

Absorbency: ♦♦♦♦♦♦♦♦♦



DR.P by TENA

Size / Waist : M / 81 - 112 cm L / 114 - 147cm XL / 127 - 157 cm [16391]

RM 1540



HICARE Pants Extra Absorb 10S Size / Waist : XXL / 146 - 178 cm

[100154251] RM 2550

Absorbency: 🌢 🌢 🜢 👌 🔷 🖒



RM 2550

Absorbency: 6



Important Notice : T&Cs Apply. | Delivery charge excluded. | Images are for illustration purposes only. | Installment Available For CIMB & Maybank Credit Card Holder Only. | I Price subject to change without prior notice, I Price display is Alpro Member Price. I





TENA Underpad 60cm X 75cm 8S

RM 1310





CREAM

DD Adult Diaper Cream No.1 Diaper Discomfortness Solution for Soothing, Relief, Protect.

RM 5190 RM 4390



SUDOCREAM Nappy Rash CR 125G

Prevents and treats nappy rash.

RM 2385



ESENTIEL Adult Diaper Rash Cream 150G

RM 2990



Extra Tips About Diaper



3 Features That A Good Diaper Should Have:





Wetness Indicator

Let you know it may be time for a diaper change.



Leak Guard Protection System

Provide leakage protection even with frequent movement.



Good Absorbency

For excellent absorption capacity and fluid retention to maintain the dryness.

Do Not Forget to Prepare!





Underpad To protect the bedsheft from wetting due to urine leakage.







Scan and learn how to change a diaper.







Soft and Breathable **ADULT PANTS**



NIEW **Improved** Design 改良设计



PIECE

* WHILE STOCKS LAST



PRODUCT RANGE

CONCEPT

ABSORBENCY

SIZE / WAIST

ABSORBA™ Nateen® SUPER

Adult Pant NIGHT

3700ml - 4000ml

M / 60 - 120 cm

L / 80 - 150 cm

XL / 100 - 160 cm













X TURBO-MEDA

HQ: TURBO-MED PTE LTD

22 Joo Koon circle Singapore 629054 Tel : (65) 6742 1968

Fax : (65) 6742 1970 : sales@turbo-med.sg



TurboMed Malaysia Sdn. Bhd.

37-3, Jalan PJU 1/41, Block D1, Dataran Prima, 47301 Petaling Jaya, Selangor Darul Ehsan, Malaysia.

: (603) 7887 0007 Tel Fax : (603) 7887 0007



For more information, please contact us or visit our website: www.absorbadiaper.com





Glucometer & **Blood Pressure** Meter Check!

Recommended To Do Once Every 6 Months.



Bring in your meter to any selected alpro outlets.

Check



Worry your result not accurate on the meter?

019-750 0612





THERMOMETER

Infrared Ear & Forehead Thermometer BM-IRT1603



MDA Reg.No : GB347932042395



Members only

INNMOED M1

Arrhythmia detection | Large wording display 2 user x 120 memories |



BLOOD PRESSURE METER

OMRON HEM 7142T1

Hypertension indicator | Body movement detection | Cuff Wrapping Guide



ROSSMAX AW150

| Blood pressure level indication | | Movement detection |

Irregular heartbeat detection I

[72276] RM 290

ADAPTER MDA Reg.No : GB39668337717

OMRON HEM 7156T

Average last 3 readings in 10 minutes |

Irregular Heartbeat Detection |

IntelliWrap 360 Accuracy | Hypertansion indicator |

| Full basic functions |

[100232032]

RM 348 RM 299



MDA Reg.No : GB1181722-84197



ROSSMAX Z5

Specific Arrhythmia Detection | Rechargeable Lithium-ion Battery | | Lifetime Calibration|

[100046770]

RM 699 RM 551

MDA Reg.No : GB7560821-5603

GLUCOMETER

Contour Plus One Meter

Start kit 25's

| Readings connectable to smartphone |

| Highly ccurate |

| Big LCD, easy to read |

MDA Reg.No: IVDC33901325718



Top Recommended Blood Glucose Control Subscription Plan



365 DAYS Real Time Nutritionist & **Dietitian Consultation**



ACCU-CHEK GUIDE ME KIT

With Test Strip 25s

Wireless connection to smartphone | Simply easy | | Proven accuracy |

[80936]

RM 109



FREESTYLE FREEDOM

Lite Starter Kit 10's

Simple and easy testing | No coding technology | Tiny blood sample size |

[50955]



RM 65

ONE TOUCH ULTRA

Plus flex Starter kit 25's

Quick and easy to use | | Fast, accurate with a tiny blood sample |

Big LCD, easy to read [68205]





RM 99

MDA Reg.No: IVDC51144308218

All these medical devices registered under Act 737

*Important Notice: T&Cs Apply. I Images are for illustration purposes only. I Price subject to change without prior notice! Price display is Alpro Member Price. I Installment Available For CIMB & Maybank Credit Card Holder Only. I Please consult your doctor for the interpretation of results and diagnosis.

FORA°











P30 Plus BT

ACTIVE WIRELESS Plus MULTI-MODE BLOOD PRESSURE MONITORING SYSTEM



Irregular Rapid Beat (IRB) Technology Detection



Supports Oscillometric and Auscultatory Measurement







200 Memory with date and time



Universal cuff (24 - 43 cm)



Automated Averaging Technology gives average of 3 measurement for more accurate results





Blood Glucose



Hematocrit



Hemoglobin





Total Cholesterol



Uric Acid







- · Beep Sound: Yes, ON / OFF / Universal Tone®
- · Ketone Warning: Yes, if he value higher than 13.3mmol/L
- · Meal tag / mode AutoQC mode; GEN / AC / PC
- · LCD Backlight & Strip Indication Light
- Strip Ejection
- · Power: 1 x AAA battery
- · Battery life: At least 1,000 times
- · Memory Capacity 1,000 memory sets

Registered under Act 737

KINSMEDIC MDA NO: MDA-1331-WDP120

Please consult your healthcare professional for the interpretation of result and diagnosis

Contour

New CONTOUR®PLUS ELITE meter.

Your smartLIGHT® for Blood Glucose Management*



Please consult your healthcare professional for the interpretation of result and diagnosis.

**Minimum accuracy requirements of 80 15197, 2013 standard require 295% of the measured values to fall within 26.53 minut, 14 glocose concentrations < 5.5 minut, 10 within 1519% 35.5 minut, 10 the referenced results.

within target

range

e Sdn Bhd. 5 Square, Persiaran Multimedia, 63000 Cyberjaya, Selangol e no. 1700 82 8320 A Act 737. MDA registration no: NDC 1946922-95630









Specially designed to help sugar management

RM C







Low GI with unique complex carbohydrates



CoQ10 + L-Carnitine complex

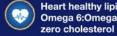


High fiber & prebiotics blend (Fibersol-2 and FOS)

Heart healthy lipid blend Omega 6:Omega 3 (2:1),



Chromemate™ (patented niacin-bound chromium)



For more information, please visit: www.ethoshealthcare.com.my

A-4-11, Tamarind Square, Persiaran Multimedia, 63000 Cyberjaya, Selangor Customer careline: +603 8800 8380 / 1700 82 8320





Scan Here To Shop Online Now

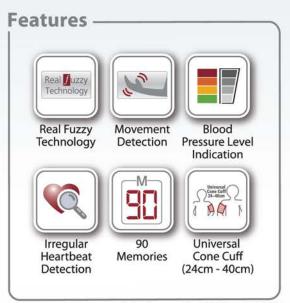






AUTOMATIC BLOOD PRESSURE MONITOR MODEL AW150f

Product Reg. No.: GB39668337717

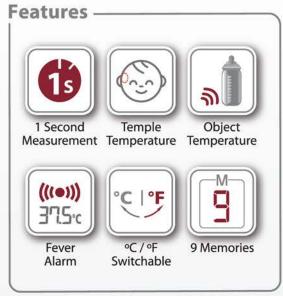


Advertisement No: MDAMD 0054/2022



NON-CONTACT TEMPLE THERMOMETER MODEL HA500

Product Reg. No.: GB97530337917



Advertisement No: MDAMD 0054/2022



Purchase any Rossmax Healthcare product and spend above RM150 in a single receipt



*Terms and Conditions apply. While stock last. Exclude any profesional model & accessories.

Available at all leading pharmacy retail outlets.

STEP 3

Receive the RM10 TnG E-Wallet Reload PIN



66 Your meter is **OLD? SPOILT?** NOT ACCURATE?



HOW TO TRADE-IN?

Bring Your Old Meter

Scan for Your Nearest Alpro Pharmacy Outlet.

Upgrade to new meter

Exclusive trade-in rebate

5 YEARS Warranty



OMRON HEM 7156T

ROSSMAX REBATE RM120

RM 699 RM 519 MDA Reg.No :GB7560821-56039

MDA Reg.No : GB1181722-84197

Collabration with:



We Donate For Charity Purpose on behalf of you!



Calibration will be done to ensure good condition before donation. (Inform you on the beneficiary.)



The Malaysian Society Of Rehabilitation

All these medical devices registered under Act 737 *Important Notice: T&Cs Apply. I Images are for illustration purposes only.



FOR RECOVERY USE

[71783]



ANZEN BA2132-B

Digital Mini Gym Bike

For muscle weakness. To prevent joint stiffness and promote blood circulation.

RM 15990



MDA Reg.No : GMD56590164217A

[33518]

MEDINET Respiprogram Spirometer

Help to strengthen respiratory musculature

RM 45



MDA Reg.No : GA7507220-48785

UGOKU Therafit Ball

RM 29

Different	Color Di	fferent Re	sistance
PINK	BLUE	GREEN	ORANGE
EXTRA SOFT	SOFT	MEDIUM	FIRM
BU-1088	BU-2088	BU-3088	BU-4088
[73454]	[73455]	[73456]	[73457]



MDA Reg.No: GA4716721-57414

UGOKU Armsling UA-012 Adjustable Shoulder Strap

[74522]

RM 19

UGOKU PE Finger Splint

For sustain the finger in good position.



Size: S [74517] M [74518]

L [74519] XL [74520]

RM 14

MDA Reg.No : GA7371821-55833

FOR PAIN MANAGEMENT USE



MDA Reg.No: GB5328420-46813





BU-5027L Therapack Hot / Cold

SIZE: M/L [74424 / 74425]

RM 28

MDA Reg.No: GA7517921-52327



FOR PREVENTION USE



UGOKU Anti-embolism Stocking UA-010

- · Reduces the formation of thrombosis.
- Suitable for post-surgery and bedrriden.

Size: XS [70835] L [71312] S [71310] XL [71313] M [71311] XXL [71314]



UGOKU

Thigh-high Compression Stocking **UA-017BK**

- · To prevent varicose veins.
- Suitable for long sitting or standing hour, pregnant woman & travelling.

BEIGE BLACK S [74508] M (74509) M (74504) L [74510] L [74505] XL [74511] XL [74506] XXL [74512] XXL [74507]

Take Note:



12 Months Warranty.

All these medical devices registered under Act 737

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ARGE CAR



FOR TREATMENT RECOVERY USE



UC-007 Clavicle Brace

I Provides stabilization to the clavicle area | Correction of poor posture and rounded/ slumped shoulders I

GA3437020-40734



US-015 Neoprene

Adj. Shoulder Support

I Helps to reduce pain and speed up recovery at shoulder area.l Best For Shoulder Injury I

RM 78 MDA Reg.No : GA8545721-56567



UB-006 Comfort-pull Back Brace (Mesh)

| Suitable for acute low back pain I | Postoperative care |

RM 198 MDA Reg.No : GA4652920-40729



UA-011 2-panel Abdominal Binder

| Provides proper comfort |

Compression to the abdomen I I Suitable for post-surgery and postpartum I

GA5872720-40744



UA-014 Maternity Belt

| Pregnant support belly belt | | Postpartum hip recovery belt|

RM 62 MDA Reg.No : GA7356221-55829



UN-001 Soft Cervical Collar

I Provides support & motion control | Suitable for whiplash injury and stiff neckl | Neck muscle spasms |

RM 34 MDA Reg.No : GA7944220-40813



UW-004 Comfort-pull Wrist

Splint W/2 Stays

| Suitable for injured wrist | | Support the wrist |

RM 72 MDA Reg.No : GA5669520-40738



UT-005 Comfort-pull Thumb

| Support the thumb |

| Suitable for injured thumb joints |

UK-008 Cool Grey Snug Knee Support W/Gel Pad

RM 65

MDA Reg.No : GA5793820-40760

& Spiral Stay



UF-003 Dynamic Finger Exerciser

(Left / Right)

Enhance strenght of fingers I I Suitable for post-stroke rehabilitation |

RM 159

MDA Reg.No : GA5913120-40730



UE-002 Tennis Elbow Support

With Gel Pad

Provide adjustable compression I | Suitable for tennis elbow pain |

FREE Size [70817]

RM 62

MDA Reg.No: GA4643019-32283



Extra Supoport For Treatment

Size:

S [70833] M [71306]

L [71307]

XL [71308 XXL [71309]

MDA Reg.No : GA3785720-40660





UA-009 New Ok Ankle Support

| Provides support and compression to ankle | Prevent sprains or strains | Suitable for minor ankle pain I

Size: Well Fit 13cm to 21cm [70834]

RM 96

MDA Reg.No : GA6813620-40739





UM-804 Soothing Cold & Hot Therapy Hat

| Versatile temperature therapy | | Targetted therapy |

Size: One size fit all

RM 65

MDA Reg.No : GA6173123-115404



US- 450 Cold & Hot **Compression Sleeve**

I Universal relief | Versatile temperature therapy I Hook and loop closure

MDA Reg.No : GA6687423-118396



NEW

Things To Take Note When Using Knet Brace.

- 1. Do not wear support or braces while sleeping
- 2. Recommended to take off the support or braces and rest for 5 minutes every
- 3. Over tightness will cause discomfort and affect blood circulation.

All these medical devices registered under Act 737

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FOR LIFESTYLE PREVENTION USE



UL-203 Inno-pattern Lumbar Support

Provides medium support to lumbar | Suitable for acute low back pain | Postoperative care |

RM 188

MDA Reg.No : GA6667820-40770





UE-201 Inno-pattern Elastic **Elbow Support**

I Enhance elbow comfort when in motion | Suitable for protection for daily activities I

RM 34

MDA Reg.No : GA5212420-41018



UW-202 Inno-pattern Elastic Wrist Support

I Enhance wrist comfort when in motion I Suitable for protection for daily activities I

RM 29

MDA Reg.No : GA9610320-40740



S [70843] M [71329] L [71330] XL [71331]

UK-207 Inno-pattern **Elastic Knee Support**

Enhances knee comfort in motion | Suitable for protection for daily activities I

RM 35

MDA Reg.No : GA5993320-40741



S [70842] M [71325] L [71326] XL [71327] XXL [71328]

UK-206 Dynamic Taping **Knee Support**

I Provides better protection and stabilizaion | Suitable for knee joint pain |

MDA Reg.No : GA6861020-40750



UK-204 New Ok Knee Support W/4 Spiral Stays & Silicone Pad

| Provide extra support | Stabilization to patella I I Suitable for outdoor sport activities I

Size: Well Fit 30cm to 46cm [70839]

RM 107

MDA Reg.No: GA9277920-40747



UK-205 Reinforced Patella Strap

Provide extra support I Stabilization to patella I I Suitable for Jumper's knee/ patella tendonitis I

Size: Well Fit 30cm to 46cm [70840]

RM 70

MDA Reg.No : GA9724020-40815



UA-208 Inno-pattern Elastic Ankle Support

I Enhance ankle comfort when in motion | Suitable for protection for daily activities I

MDA Reg.No : GA7724620-50634

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7 Days

Exchange Return Guarantee If Any Manufacturing Defect



How To Choose The Suitable Knee Support!



EBENE Bio-Ray Healthcare

支撑及舒缓膝盖疼痛

Relieves Knees Pain with Firm Support



Promotes Blood & Oxygen Circulation





EBENE Bio-Ray Extra Strength Knee Guard /
Foot Massage Socks (Twin Pack) RM 7721_RM 10509

NP: PM 97 - PM 140

Registered Under Act 737 GA7222820-48288, GA6470621-80092 | Advertisement approval number: MDAMD 0073/2022

Japan Therapeutic Technology

日本の技術



MOBILITY FOR GOLDEN YEARS METABOLIC + Otéine



RISK OF GETTING MUSCLE LOSS





FOR HEALTH MAINTENANCE

Whey Protein

Less Allergenic **And Better Absorption** **Energy & Muscle, Joint And Bone Health**

Diabetes Friendly

METABOLIC+ OTEINE

350g



METABOLIC+ GOSURE

700g



METABOLIC+ ENERGOLD

850g



METABOLIC+ SAUVER

700g



FOR FASTER RECOVERY

Gut Friendly



Fast Recovery



METABOLIC+ RECOVERY 850g

RM 20690

Complete & Balanced Nutrition Suitable for Tube Feeding



METABOLIC+ BASIC

2.9kg

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Safety For Your Loved One."



GRAB BAR BA2098

[71031]



Safe Anti-Slip Durable Anti-Rust Comfortable Hand Grip

RM 158

Size: 24 inches [71032]

t

MDA Reg.No : GA8754120-51147



GRAB BAR BA0298

RM-89_ RM 68



[71029]

Comfortable Hand Grip

(4)

Heat Resistance



MDA Reg.No : GA8754120-51147

MDA Reg.No : GA8754120-51147

reli-able

HANGING SHOWER SEAT [72366] BR2488

RM 398

Anti-Slip

(4) Anti-Rust 3

 $^{\circ}$ Extra Fall Support Prevention



MDA Reg.No : GA8754120-51147

reli--able

FLIP-UP GRAB BAR BR0098-3

[72365]

RM 298

Anti-Slip

2 Anti-Rust 7

B Extra Fall Support Prevention



SHOWER SEAT WITH LEG [72472] BR9888

RM 298

NYLON STAINLESS STEEL

Anti-Slip

2 (7) Anti-Rust

(E) Extra Fall Support Prevention



MDA Reg.No : GA8754120-51147

reli⊶able

U-SHAPED GRAB BAR BA1098-3

[71028]

RM 328

NYLON STAINLESS STEEL

Anti-Slip

Anti-Rust

B (7) Extra Fall Support Prevention

* Call 019-659 7808 to arrange installation.

Registered under act 737

MDA Reg.No : GA5936421-56565

FREE (For Alpro Member Only)

Anti-Slip Mat

*For Any Purchase Of RM250 And Above



SAVE MORE For 3 Items Get Package Price

12 Months Warranty





SCHARGE













HANDGUARD Antibacterial Hand Wash 500ML



MEDIMASK 20 PCS Buy 2 boxes FREE 1 box of Medi Mask KF Series













VIGILENZ **HYDROCYN** Aqua Wound Care 500ML 250ML [74790] [53150] RM 30 RM 1650







RM 850



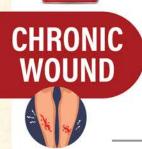
























Non Woven Gauze Swab







RM 970 RM 1280

10X10CM 10'S (Loose Pack Available)

DUODERM

Extra Thin (187955)



AQUACEL AG+ EXTRA [60358] 10X10CM (413567) 10'S (Loose Pack Available)

RM 35













RM 5 -RM 950

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Recommended By
The Malaysian Society
Of Rehabilitation

RM6,000

Cost Of Basic Supporting Equipment For Disabled Self, Spouse, Child Or Parent,

RENTAL Wheelchair

*Returnable deposit **RM300** will be collected.







MASA 4 JAM!

最快4小时送到你家! 让你不再无助

ANDA TIDAK KESEORANGAN!

All these medical devices registered under Act 737
"Important Notice: T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice. | Installment Available For CIMB & Maybank Credit Card Holder Only. |
| 5% discount for both Hearing Aids and Powerlife Magnesium for Allianz Insurance customer. |

HOW TO RENT?



Pick Your **Package**



Contact Us 019 - 750 0612

Provide Us Your Name, Location & Contact Number.



Confirm & **Payment**

RENTAL Hospital Bed

* Addition RM20 processing fee.

STEP 1: Pick Your Package





STEP 2: Delivery Fee

* Depend on Address Area.



KAMI HANTAR DALAM SECEPAT

最快4小时送到你家! 让你不再无助

ANDA TIDAK KESEORANGAN!

All these medical devices registered under Act 737

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Of Rehabilitation

RM6,000

Cost Of Basic Supporting Equipment For Disabled Self, Spouse, Child Or Parent.

- * Addition RM20 processing fee.
- * Returnable deposit RM400 will be collected.

RENTAL Ripple Mattress

1WEEK

1 MONTH

RM150

3 MONTHS RM300



6 MONTHS RM 550





Why Is The Mattress Not For Rent?

For user hygiene purposes. As it may be hard to avoid excretes such as urine, poop and blood from previous users staining on the mattress.



Mattress For Purchase

RM300
3 Inches Folded Mattress

[61969]
RM400
4 Inches Folded Mattress



All these medical devices registered under Act 737



Rental With

X1 Home Physiotherapy With Purchase or Rent RM400 or above



RM80 Depends on Location

Check out with our staff now



RENTAL Oxygen Therapy

* Extra RM100 sanitisation fee for COVID cases. (For Oxygen Concentrator 10 only.) Returnable deposit RM500 will be collected for any oxygen tank/oxygen concentrator 5 & 10LPM/package.



MDA Reg.No : GB6370321-70974 *Subject to availability

5 LPM

Oxygen Concentrator

1 WEEK

1 MONTH

2 MONTHS



MDA Reg.No: GB5929419-34859 *Subject to availability

10 LPM

Oxygen Concentrator

<10 DAYS

^{RM}600

1 MONTH



*Subject to availability

10 L

Oxygen Tank

1 WEEK

RM40

1 MONTH



MDA Reg.No : GC9264520-47073 *Subject to availability

Oximeter

*Returnable deposit RM50 will be collected.

1 WEEK

1 MONTH

OXYGEN CONCENTRATOR RENTAL PACKAGE



RM140

MDA Reg.No : GB6370321-70974 MDA Reg.No : GC9264520-47073

2 MONTHS

RM240



MDA Reg.No : GB6370321-70974 MDA Reg.No : GC9264520-47073

6 MONTHS





MDA Reg.No: GC9264520-47073

KAMI HANTAR DALAM SECEPAT

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ANDA TIDAK KESEORANGAN!

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Of Rehabilitation

RM6,000

TAX RELIEF

Cost Of Basic Supporting Equipment For Disabled Self, Spouse, Child Or Parent.

RENTAL Suction Pump



MDA Reg.No : G810439221-54335 *Subject to availability

Helps to remove excessive mucus in airway.

1 WEEK

1 MONTH

2 MONTHS



3 MONTHS



For Purchase Of **Suction Canister** Due To Hygiene For The Patient.



*Returnable deposit RM150 will be collected.

RENTAL Hearing Aids



MDA Reg.No : GB9503920-46643 MDA Reg.No : GB4715220-47072 *Subject to availability

FREE 7 Days Trial **Before Start Renting**



Mimitakara

1 MONTH 1 Piece

1 MONTH A Pair

Accessories, System Tuning, Sterilisation



*Returnable deposit RM800 will be collected.

Contact Us For More Details

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Kuching

Penang

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Muar

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019-774 1923 Terengganu

019-901 4923

019-987 1923 Pahang

019-274 1923 KL/Selangor



All these medical devices registered under Act 737

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In-the-ear (ITE)

In-the-canal (ITC)

Receiver-in-canal (RIC)

behind-the-ear (BTE)

Pemilihan Alat Bantu Dengar Yang Sesuai

1. Kepentingan ujian pendengaran

Ujian pendengaran adalah sangat penting bagi menentukan tahap dan ienis masalah pendengaran seseorang.

2. Konsultasi bersama Audiologist

Audiologist akan mencadangkan alat bantu dengar yang sesuai kepada pengguna mengikut tahap pendengaran mereka. Ini membolehkan mereka dapat mendengar dan berkomunikasi dengan lebih baik.

Terdapat 5 tahap pendengaran:



3. Percubaan Alat Bantu Dengar

Sebelum beli Alat Bantu Dengar, pengguna digalakkan untuk mencuba terlebih dahulu bagi memastikan alat tersebut selesa untuk digunakan oleh pengguna.

Amplifier vs. Alat Bantu Dengar

Pendengaran

Amplifier

Boleh menjejaskan lagi pendengaran kerana bunyi yang kuat.

Alat Bantu Dengar

Tidak menjejaskan pendengaran kerana bunyi yang diberi adalah mengikut tahap pendengaran pengguna.

Percakapan

× Amplifier

Percakapan menjadi tidak jelas terutama di tempat bising.

Alat Bantu Dengar

Dapat mendengar percakapan dengan lebih baik termasuk di tempat bising.

Kekuatan Bunyi

X Amplifier

Menguatkan bunyi secara keseluruhan.

Alat Bantu Dengar

Menguatkan bunyi mengikut tahap pendengaran.

Disediakan oleh: Audiologist Afifah Sarjana Muda Audiologi (Kepujian) UIAM



Hear Great With Mimitakara[®]

JAPAN

愛は君の声が聞こえる





SCAN TO KNOW MORE

ONLY AT RM2750

365

1 YEAR WARRANTY

7 DAYS FREE TRIAL

FREE RENTAL

30 DAYS RENTAL PROGRAM

FREE

FREE CLEANING + STERILIZATION FOR LIFETIME

OUTLETS

READY TO ASSIST YOU



PROFESSIONAL ASSISTANCE PROVIDED ANYTIME



Sarcopenia is a condition characterized by the age-related loss of muscle mass, strength, and function. It commonly affects older adults and can have significant consequences on physical health and overall well-being.

Physiotherapy plays a crucial role in managing sarcopenia by addressing the physical aspects of the condition. Physiotherapists closely monitor individuals' progress throughout their treatment. A series of physical assessment will be done by physiotherapists before any treatment given.

4 Elements Of Physio Treatment For Sarcopenia

Personalized Muscle Strengthening Exercises This exercise is a specific exercise program to pin point the specific muscle group to stimulate muscle growth, improve muscle strength, and counteract muscle loss caused by sarcopenia. This personalized approach ensures that the treatment targets the areas of concern and optimizes outcomes.

Balance And Coordination Exercises Sarcopenia can contribute to balance deficits and an increased risk of falls. Physiotherapists include balance and coordination exercises in their treatment approach to improve postural control and reduce the risk of falls. These exercises help enhance balance, stability, and coordination, promoting safer mobility.

Functional Training Training 1 -2 muscles will not help. Physiotherapists will incorporate functional training exercises into the treatment plan to improve muscle function and enhancing the ability to perform daily activities with ease and independence. This aim to maintain their functional capacity and improves their quality of life.

Education And Lifestyle Modifications Physiotherapists provide education on lifestyle modifications that support muscle health.

- · Suggestion of appropriate support
- Posture correction
- Home exercises

Unity for FIRST Time User

CENTER Physiotherapy

RM 110 + RM50

RM 85/visit

HOME Physiotherapy

RM 150+ RM 50

RM 100/visit RM10

Alpro Physio Centers

- Alpro Physio Seremban 2 Alpro Physio Kuantan Alpro Physio Ipoh
- · Alpro Physio Senawang · Alpro Physio Kuching · Alpro Physio Bentong
- · Alpro Physio Malim Jaya · Alpro Physio Butterworth

BOOK NOW

019-275 9828



Home Physio Service

- Post-stroke
- Post-discharge/ Surgery Rehab
- · Shoulder / Back / Knee Pain
- Post Covid-19 Lung Infection / **Heart Surgery**
- Parkinson's / Cerebral Palsy / **Spinal Cord Inhury**
- Sports Injury Rehab

Normal Price RM150/Visit



(Visit once /day)

20+5 DAYS Package

(Visit once /day)

GKB LION'S MANE Mushroom





Product Reg.No: MAL21036127T0





Nursing Care	RM110
Medical Procedure	RM110
Nursing Care + Medical Procedure	RM110
Doctor Assessment	_{RM} 250

OUR SERVICES

NURSING PACKAGE

RM990x10 visits

RM1800 x20 visits

Terms & Conditions apply

- Turn around time for deployment will commence once full payment received.
- Surcharge is applicable if the distance to your doorstep is more than 10km from our nearest assigned station.
- Price quoted is for service fee only excluding medication and / or consumables.



Home Care Services

NURSING CARE

- Sponging / bathing
- Change diaper
- Basic physiotherapy/ passive stretching exercise
- Feeding
- · Serve medications

PROCEDURE

- · Urine catheter insertion and removal
- Feeding tube insertion and removal
- Wound dressing and care
- · Stoma care
- Injection-medication / vaccination
- Intravenous (IV) drip
- Blood tests

DOCTOR ASSESSMENT

• Personalize treatment plan

CONTACT US NOW!



Call or WhatsApp us now for enquiries:

019-396 7828





Operation Hours:
9:00am - 9:00pm (Daily)



Alpro ePharmacy

WEDELVER MEDICATIONSAFETY

*T&Cs apply.



Same-Day Delivery

As fast as within 30 mins*



onsultation



Medication

RM1,000,000 Product Liability Insurance



Zero Contact

Reduce the risk of disease transmission



My daily medication is running out, but it is not convenient for me to go out...





(C) (S) Medication Consultation & Ordering

019-6129006 | 019-7021923





oncone/o

If you are looking after someone with Cancer,

We understand this can sometimes affect your emotionally.

Get in touch with **onco**help team!



优惠化疗药物 ◆ Chemo-Drug Supply

快速安全 • Fast & Secure Medication Delivery

经济补贴申请 • Financial Aids & Subsidy Application

康复计划 ● Recovery & Well-being Holistic Support

Please call us

Daily, 9pm

010-262 1923

≥ oncohelp@alpropharmacy.com

In partnership with:











need help









Do you know if there's anyone who needs help?

Are they on:



Tube Feeding?



Bedridden and are unable to eat solid food?



Got no income?



We Can Sponsor!
Just Call / WhatsApp Alpro Foundation

019-388 1923



NET WEIGHT 2.9KG