



It is all about "REASSURANCE"

Every individual has the full right to take charge on their own health.

Health is wealth. Yet, cost has been a barrier and less than half of Malaysian populations get full health check annually. *There is no one size fits all when it comes to health, and one should not choose a package by financial affordability.*

Alpro Member Exclusive Essential 70 Tests is a privilege for millions of Alpro Lifetime Members. It is a way we show our appreciation to our fans and supporters.

Our healthcare professionals will craft personalized screenings, tailored to the specific needs of each individual. It is our way of saying "We're here for you".

Alpro, is about "Reassurance". It is about giving people the confidence to take charge of their health then chase for their dreams and create memories with loved ones. This is a blood check that everyone should do every year.

FAQ Frequently Asked Questions - Blood Screening Test

Q1: Why should I undergo health screening?

A1: Early detection does save life!

Q2: How do I prepare for a health screening?

A2: Some tests require you to fast 6-8 hours prior to blood taking, especially those that measure blood glucose and cholesterol levels. However, you may still drink plain water and remember not to skip your routine medicine. If you are taking rapid-acting insulin injection, you may do so after blood taking upon breaking fast.

Call us for more details and book your appointment today:
011-7011 7923



ADVANCED TEST Package

89 Tests for MALE
WM.100240878 EM.100240852

Alpro Member Price

RM 380 / pax

90 Tests for FEMALE
WM.100240886 EM.100240860

Non-Member Price : RM500

70 ESSENTIAL TEST PACKAGE *plus*

+ ABO/Blood Grouping

+ Rhesus

+ Immunology & Serology (5 tests)

- Hep. A Antibody (Total)
- Hep. B Surface Ag
- Hep. B Surface Ab
- Rheumatoid Factor
- H. Pylori Antibody (Quantitative)

+ Thyroid Function Test (3 Tests)

- TSH • FT3 • FT4

+ Testosterone

+ Tumour Markers (5 tests -male) (6 tests -female)

- AFP (Liver)
- CEA (Colon)
- CA19.9 (Pancreas)
- PSA (Prostate) - for male
- CA 15-3 (Breast) - for female
- CA 125 (Ovary) - for female
- EBV VCA IgA (Nasal)

+ Heart Disease Susceptibility Test (2 Tests)

- Homocysteine
- HS-CRP

+ Urine Microalbumin



PREMARITAL TEST

Super Deal!

RM 127 / couple

COUPLE PACKAGE

♀ FEMALE

WM.100230721
EM. 100311273

- Full Blood Count
- ABO/Blood Grouping
- Rhesus
- Hepatitis B Surface Antigen
- Hepatitis B Surface Antibody
- VDRL (TPHA if VRDL Positive)
- HIV I & II
- HB Electrophoresis
- Rubella IgG

Individual price: **RM90.00**

♂ MALE

WM.100230739
EM. 100311281

- Full Blood Count
- ABO/Blood Grouping
- Rhesus
- Hepatitis B Surface Antigen
- Hepatitis B Surface Antibody
- VDRL (TPHA if VRDL Positive)
- HIV I & II
- HB Electrophoresis

Individual price: **RM60.00**

alproclinic
Bringing Care To The Community



Blood check that EVERYONE should do EVERY YEAR

“ The good-news stories in medicine are **early detection, early intervention.** ”

- Dr. Thomas R. Insel,
Boston University

WHAT BLOOD SCREENING SHOULD I DO?

Are you **under 35 years of age?**

How often should you test?

Minimal every 2 years. If previous test normal and no known disease.

Have you checked your hepatitis status lately?
Get tested now and know for sure!

- **Hepatitis A (Anti-HAV)** 100230879
- **Hepatitis B** 100230887
 - Hepatitis B Surface Antigen (HBsAg)
 - Hepatitis B Surface Antibody (Anti-HBs)

Alpro Member Price **RM 14.30** / per test

Do you frequently feel anxious, sweat easily, irritable, weight loss (*hyperthyroidism*)?

Do you frequently feel low mood, weight gain, sensitive to cold (*hypothyroidism*)?

- **Thyroid Function Test (FT3, T4, TSH)**

Alpro Member Price **RM 57.00** / per test 100230671

Do you experience fatigue, hair fall and look pale?

- **Full Iron Profile**
 - Serum Iron (Fe)
 - Total Iron Binding Capacity (TIBC)
 - Percentage Saturation (%)
 - Ferritin
 - Transferrin

Alpro Member Price **RM 57.00** / per test 100230747

If you are always bloated and have indigestion

- **H. Pylori Antibody** - Quantitative

Alpro Member Price **RM 14.30** / per test 100230663

Are you **above 35 years of age?**

How often should you test?

Once a year. Also for any age with known disease or previous abnormal results.

Do you have family history of heart disease?

Do you smoke and drink alcohol regularly?

- **Coronary Health Evaluation**
 - Apolipoprotein A - Apolipoprotein B
 - Homocysteine - HS-CRP

Alpro Member Price **RM 148.20** / per test WM:100230697 EM:100230705

Do you have family history of cancer?

Do you experience significant unintentional weight loss?

I do not know my baseline tumour markers level

- **Cancer Screening Female**
 - AFP (Liver Cancer)
 - CEA (Colon Cancer)
 - CA19-9 (Pancreatic Cancer)
 - CA125 (Ovary Cancer)
 - CA15-3 (Breast Cancer)
 - HCG (Quantification)

Alpro Member Price **RM 92.60** / per test 100230648

• **Cancer Screening Male**

- AFP (Liver Cancer)
- CEA (Colon Cancer)
- CA19-9 (Pancreatic Cancer)
- PSA (Prostate Cancer)
- HCG (Quantification)

Alpro Member Price **RM 85.50** / per test 100230655

Are you a **'Silvercare' member?** (aged 60+)

How often should you test?

Every 6-12 months with additional focus test for specific health risk.

Do you always feel down, no motivation in life or have frequent insomnia episodes?

- **Emotion Wellness**
 - Vitamin D - Vitamin B12
 - Magnesium

Alpro Member Price **RM 99.80** / per test 100230715

If you have hot flush or low sexual drive.

- **Female Menopause Screen**
 - Estradiol
 - Follicle Stimulating Hormone (FSH)
 - Luteinizing Hormone (LH)

Alpro Member Price **RM 92.60** / per test 100230754

• **Male Andropause Screen**

- Testosterone
- Follicle Stimulating Hormone (FSH)
- Luteinizing Hormone (LH)

Alpro Member Price **RM 111.40** / per test WM:100231901 EM:100292416

If you are suffering from dry skin, itchy skin, itchy nose and allergy

- **Allergen Test**

Alpro Member Price **RM 384.80** / per test WM:100230796 EM:100230788



Add-on @ **RM1** only to know your **BLOOD TYPE** with any blood test package

*T&Cs apply

100231992

Exclusive for Alpro VIP Members

ESSENTIAL TEST Package

100230614

70 TESTS

Alpro Member Price

RM 65 / per test

Non-Member Price : RM90

- **Full Blood Exam (16 tests)**

1. Red Blood Cell (RBC)
2. Haemoglobin
3. Packed Cell Volume (PCV)
4. Mean Corpuscular Volume (MCV)
5. Mean Corpuscular Hemoglobin (MCH)
6. Mean Corpuscular Hemoglobin Concentration (MCHC)
7. Red Cell Distribution Width (RDW)
8. White Blood Cell
9. Neutrophils %
10. Lymphocytes %
11. Monocytes %
12. Eosinophils %
13. Basophils %
14. Platelet Count
15. Peripheral Blood Film
16. Erythrocyte Sedimentation Rate (ESR)

- **Renal Function (10 tests)**

1. Urea
2. Creatinine
3. Calcium (Ca)
4. Corrected Calcium
5. Phosphate
6. Uric Acid
7. Sodium (Na)
8. Potassium (K)
9. Chloride (Cl)
10. Estimated Glomerular Filtration Rate (eGFR)

- **Lipid Profile (6 tests)**

1. Total Cholesterol
2. HDL Cholesterol
3. Total Chol/HDL Ratio
4. LDL Cholesterol
5. Non-HDL Cholesterol
6. Triglycerides (TG)

- **Diabetes Screening (2 tests)**

1. Glucose
2. HbA1c

- **Urine Test (17 tests)**

1. UFEME

- a. Transparency
- b. Specific Gravity
- c. pH
- d. Leucocyte
- e. Nitrite
- f. Protein
- g. Glucose
- h. Ketone
- i. Urobilinogen
- j. Blood

2. Microscopy

- a. Erythrocytes
- b. Pus Cells
- c. Epithelial Cells
- d. Cast
- e. Crystal
- f. Bacteria
- g. Mucus

- **Liver Function (9 tests)**

1. Total Protein
2. Albumin
3. Globulin
4. Albumin/Globulin Ratio
5. Total Bilirubin
6. Alkaline Phosphatase (ALP)
7. Aspartate Amino - Transferase SGOT (AST)
8. Alanine Amino - Transferase SGPT (ALT)
9. Gamma-Glutamyl Transferase (GGT)

- **Iron Level**

1. Serum Iron (Fe)

REGISTER now!

Name : _____

I/C No. : _____

Total test : _____

SPECIAL TEST (9 tests)

- Atherogenic Index of Plasma (AIP)
- Castelli Risk Index I (CRI-I)
- Atherogenic coefficient (AC)
- Castelli Risk index II (CRI-II)
- Fibrosis-4 (FIB-4) Index
- AST to Platelet Ratio Index (APRI)
- NAFLD Fibrosis Score (NFS)
- Atrial Fibrillation Screening
- Oto-Endoscope (Ear Examination)